



## ADMINISTRATOR'S NOTES

**Spring is in the air and officially starts March 20!** We have a lot of fun activities planned this month, so please check your calendar for dates and times. Did you know that March 2 is Texas Independence Day? It's also Employee Appreciation Day, so be sure to let the staff know how much you appreciate their efforts. Daylight Savings Time starts at 2:00 am on March 11. Don't forget to turn your clock forward one hour. We're having a St. Patrick's Day party and Bingo Bonanza on March 16, so please join us for a chance to win lots of good prizes! **Check your calendar for a complete list of activities and times.**

One of the services we offer is taking residents to local doctor and dentist appointments. Just to clarify our policy on this, the service provider needs to be in the Flower Mound, Lewisville, or Highland Village area. In addition, if it is on a Tuesday, there is no charge for the service.

If you are unable to make an appointment for Tuesday, we may be able to help with transportation, but there is a \$45 charge, and we need at least one week advance notice to make sure that our bus and a driver will be available. We cannot guarantee availability due to other activities. The bus is used for other outings and errands, and we do not have a dedicated bus driver that is available at all times unfortunately. We are not able to accommodate any other stops or errands between the building and the doctor/dentist office.

**Residents and family members, thank you for letting us know when you are going to be out for appointments and visits.** Just as a reminder, make sure you use the register by the front door to sign in and out to help us keep track of those who are away.

Some people are taking advantage of our ACH electronic payment plan to pay the monthly rent. This is a convenient option for everyone, and saves time and the need to deliver or mail a check. Forms are available in the business office.

**Residents and families, please make sure you provide a toilet brush for your bathroom to help us keep your bathrooms clean.** In addition, please make sure that you are not flushing wipes, gloves or other products other than toilet paper as it has a negative impact on our septic system. We appreciate your help!

Last, but not least, congratulations to Nicco on being named FMAL's 4th quarter Rock Star!

– Nita Collins

FLOWER MOUND  
ASSISTED LIVING

# UPCOMING EVENTS

**March 9th, 3:30pm:**

Join us as we celebrate this month's birthdays.

**March 16th, 3:00pm:**

Celebrate St. Patrick's Day with us at our annual Bingo Bonanza!

**March 23rd, 2:30pm:**

Join us for another cook's corner with Mark!

**March 29th, 4:00pm:**

Join us for our annual Chocolate Tasting.

To R.S.V.P. or to request more information please contact Rachel.

## A FRIEND IS A GIFT: MS. T.

"A friend is a gift full of strength that comes with a hug and wrapped in a smile, giving that extra ounce of comfort we need once in a while." –Mobi World

Sadly we have lost another friend. Ms. T. will be remembered for her quirky sense of humor and her stories. Our hearts and prayers go out to her loved ones.

# ROCK STAR WINNER



Congratulations to Nicco Rios, our Maintenance Director, for being named Rock Star for the 4th quarter of 2017!

We appreciate the energy and heart he puts into caring for our residents and for

always willing to pitch in and help with whatever is needed in our building. Thank you, Nicco, for being a team player and your care of our Flower Mound Assisted Living family!

## ACTIVITY HIGHLIGHT PHOTOS



*Jasmine's Baby Shower*



*Mardi Gras party fun!*



# STAFF SPOTLIGHT

We would like to thank two of our staff members this month. Both Alicia and Jasmine have stepped up to help out in the activity department in February. They helped decorate and lead activities throughout the month. They both were a big help and the residents enjoyed them. Thank you, Alicia and Jasmine, for all your help!



## ACTIVITY HIGHLIGHT PHOTOS ...CONTINUED



*Sweet Heart Dinner*



*Birthday Party*



*Valentines Cookies*



## Happy Birthday

### RESIDENTS

Ric	March 05
Kaye	March 07
Phyllis	March 13
Deloris	March 24
Pat	March 31

### EMPLOYEES

Alicia	March 09
Nicco	March 09

## MOMENTS OF JOY



Katie, Emily, Kaya and Corbin, 9th graders from Marcus High School, signed up to call Bingo a few times recently. Not only did our residents enjoy spending time with them and playing bingo, but they received some great prizes such as house shoes, perfume, lotion, candy and other items. These students took it one step further and raked leaves to earn money they donated to be used for something for our residents. What a wonderful and kind gesture. **Thank you to Katie, Emily, Kaya and Corbin for their time with our residents and for their thoughtfulness towards them!**

# FLORIDA FLOWER MOUND ASSISTED LIVING

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## OUR STAFF

### ADMINISTRATOR

Nita Collins

### MARKETING DIRECTOR

Sandy Rasberry

### DIRECTOR OF HEALTH SERVICES

Priscilla "PK" Kendall

### MAINTENANCE DIRECTOR

Nicco Rios

### DIETARY MANAGER

Mark Derichsweiler

### ACTIVITY DIRECTOR

Rachel Layne



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## MARCH – WORD SEARCH

A	D	M	I	N	I	S	T	R	A	T	O	R	W	M
O	F	R	U	I	T	S	F	V	L	H	S	I	S	W
E	N	V	I	R	I	S	H	E	P	I	P	W	M	I
J	U	W	P	P	L	S	W	G	O	S	R	Y	I	P
O	T	G	U	P	R	H	K	E	Y	T	I	J	Z	I
G	R	P	L	H	X	A	D	T	E	O	N	C	D	J
R	I	J	M	R	C	M	U	A	M	R	G	L	Q	C
E	T	Z	O	J	T	R	A	B	Z	Y	V	E	F	X
E	I	A	N	Y	C	O	N	L	O	S	C	A	R	S
N	O	P	A	U	X	C	J	E	M	E	L	N	O	N
I	N	F	R	Y	Q	K	Y	S	V	U	Y	I	E	L
V	E	Y	Y	R	I	V	A	L	U	L	S	M	A	V
L	E	P	R	E	C	H	A	U	N	M	O	H	T	B
M	N	O	N	Y	N	O	Q	O	W	W	F	L	K	U
F	X	C	K	R	D	O	C	T	O	R	S	O	N	L

ADMINISTRATOR

CLEAN  
DOCTORS  
FRUITS  
GREEN

HISTORY  
IRISH  
LEPRECHAUN  
NUTRITION  
OSCARS

PULMONARY  
SHAMROCK  
SPRING  
VEGETABLES  
WOMEN