

Regular Menu

Pinole Senior Village



	Sun 03-04-2018	Mon 03-05-2018	Tue 03-06-2018	Wed 03-07-2018	Thu 03-08-2018	Fri 03-09-2018	Sat 03-10-2018
B R K	Hot Cereal Cinnamon Belgian Waffles Bacon Fresh Fruit 100% Juice	Hot Cereal French Toast Sausage Link Fresh Fruit 100% Juice	Hot Cereal Sausage Country Gravy/Biscuits Egg of Choice Sausage Patty Fresh Fruit 100% Juice	Hot Cereal Breakfast Ham Poached Egg Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal Breakfast Burrito Hash Browns Fresh Fruit 100% Juice	Hot Cereal Potato Pancakes Bacon Fresh Fruit 100% Juice	Hot Cereal Cheese Omelet Fresh Fruit 100% Juice Fresh Biscuits
L U N	Soup Du Jour Oven Pot Roast Steamed Red Potatoes California Blend American Apple Pie	Broccoli Raisin Salad Fried Chicken/Onions Baked Beans Chef's Steamed Vegetable Fresh Cornbread Homemade Carrot Cake	Soup Du Jour Classic Beef Stroganoff Broccoli Garlic Bread Homemade Cherry Pie	Simple Apple Salad Rosemary Roasted Turkey Homemade Stuffing Buttery Carrots Baked Roll Peach Cobbler	Soup Du Jour Chicken Cacciatore Rice Green Beans Cheesecake/Fruit Topping	Green Salad BBQ Glazed Meatballs Onion Roasted Potatoes Broccoli Baked Roll Boston Cream Cake	Caesar Salad Greek Grilled Chicken Lemon Rice Greens Baked Roll Peach Crisp
D I N	Basil Tomato Soup Grilled 3 Cheese Sandwich Green Bean Fries Chocolate Chip Cookie	Light Caesar Salad Roast Beef Sandwich Tomato Wedges Strawberry Ice Cream	Soup Du Jour Baked Chicken Fingers/Fries Corn Pineapple Upside Down Cake	Soup Du Jour Sloppy Joes Creamy Coleslaw Vanilla Pudding	Soup Du Jour Turkey Pot Pie Garden Green Salad Rice Krispie Rolls	Soup Du Jour Baked Denver Omelet Tomatoes/Cottage Cheese Sweet Potato Fries Soft Oatmeal Raisin Cookie	Caesar Salad Pepperoni Pizza Muffins Sauteed Zucchini Ice Cream Sandwich
	Milk offered at every meal						Week 2

Dietitian's Signature: *Diane Jagu, R.D.N. 610128*
1-1-2018