# SOUTHERN KNIGHTS | NEWSLETTER



## LETTER FROM THE ADMINISTRATOR

Welcome to Spring. My favorite time of the year. We seem to have made it through the hurricane last fall and ice and snow this Winter, so Spring is a welcomed sight for all of us. I hope you enjoy this beautiful time of the year with the bursting forth of new life for all the plants and flowers. And don't forget to take your allergy medicine.

I will share a tidbit of information about spring and my life with you. I really do love the Springtime, and back in March of 1993, it was the time that I was married. We chose the Spring because we both love that time of year with the trees and shrubs exploding with new life, and especially the Azaleas blooming. We thought it would be the perfect time of the year for a wedding. The church where the wedding was to take place was

beautiful, with lush gardens all around, mostly with Azaleas and Baby's Breath plants. All would be in full bloom later in the month and it should make for gorgeous photos outdoors. And even though the wedding was inside, we figured we could take most of the pictures outdoors and capture the beauty of that day. All the plans were in place and everything was ready to go for the last weekend in March. We planned and just knew we had every detail covered. We just had to wait for the day to come around.

It was about 10 days prior to the wedding, and everything had fallen into place. The Azaleas were just starting to pop and should be in full color on that big day. Everything else was budding out with that beautiful brilliant lime green color of all the new leaves showing off. And wouldn't you just know it, the weekend prior to the wedding, we had a cold front come through with temperatures in the teens that year. It was bitterly cold for about 28 hours, which was just enough time to freeze all the blooms of the Azaleas and turn all the new leaves brown. Needless to say, we took all of the wedding photos inside the church. It was not very pretty outside after all.

Enjoy this March and the Springtime. Enjoy all the beauty it has to bring.

Kevin W. Garriga

Administrator

SOUTHERN KNIGHTS SENIOR LIVING COMMUNITY

# MARDI GRAS





#### Women's History Month

March is Women's History Month, which began as International Women's Day and then Women's History Week.

Women's History Week was first celebrated in 1978 in Sonoma County, California, which was designed around March 8 (International Women's Day). In February 1980, President Jimmy Carter issued a presidential proclamation declaring the week of March 8, 1980, as National Women's History Week. By 1986, 14 states had declared March as Women's History Month.

In 1987, Congress designated the month of March as Women's History Month. Since then, every U.S. president has issued annual proclamations designating the month of March as Women's History Month.

#### Featured Resident: *Lawrence T.*

Lawrence T. started his life on a farm. His family raised both cotton and peanuts. Cows were a part of his everyday live also. In fact, his mother made him milk the cows before breakfast every day! He went into the Army right after High School and upon his release he married his sweetheart Betty Jo. They had 4 girls and 1 boy.



Lawrence started his career as a machinist but quickly learned he liked working for himself. He started small and worked hard. He ended up with a RV Company that he handed down to his son.

# SUPERBOWL PARTY!



#### TEAM MEMBERS OF THE MONTH



**Residents' Choice** 



Administrator's Choice

### FROM GUNS TO COOKIES!





Girls and Nerf Guns!





The Guys participated too!









#### Fun Facts: ★\* Academy Awards

The Academy Awards, also known as the Oscars, are the most prestigious and popular film awards. The Academy of Motion Picture Arts and Science or AMPAS situated in Beverly Hills, California started it in May 1929. In 1941 the current confidential envelope system was implemented, leading to the phrase "the envelope please" becoming famous. The members of this academy are invited by the Board of Governors to join.

The gold-plated statuettes are also presented as the Academy Award of Merit. They have a black metal base, weigh 8.5 lb, and stand 13.5" tall.

A knight holds a sword standing over a film reel with five spokes, which represent the five main categories of awards: Best Picture, Best Director, Best Actor, Best Actress, and Best Screenplay. The only three films to have won awards in five categories are It Happened One Night, One Flew Over the Cuckoo's Nest and The Silence of the Lambs. This achievement is also known as the Big Five or Oscar Grand Slam.

Ben-Hur (1959), Titanic (1997) and Lord of the Rings: The Return of the King (2003) have won the most Oscars with 11 each. The first televised broadcast was in 1953. The 90th Academy Awards will air on Sunday, March 4, 2018 on ABC.

# SOUTHERN KNIGHTS

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#### **OUR STAFF**

**KEVIN GARRIGA** Administrator

**DANGEL "DEE" OWENS** Director of Sales and Marketing

> SUSAN GUTIERREZ Resident Care Manager

**DENISE CORVIN** Activities Coordinator

**MISTY LENZ** Dietary/Maintenance Manager

SHAWNA PLATOW Business Office Manager



# MARCH – WORD SEARCH

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