



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2018

Compass Rose Lifestyle Calendar

<p>4</p> <ul style="list-style-type: none">~ Daily Chronicles~ Ball Toss Exercise~ Morning Tunes & Snacks~ Creative Corner: Adult Coloring Circle~ Resident's Lunch~ In Room Visitations~ Afternoon Walk~ In Tune w/Program Boxes~ Sunday Afternoon Sports Talk & Reminisce w/Todd	<p>5</p> <ul style="list-style-type: none">~ Today in History~ Simply Sweet Baking: Green Velvet Cupcakes~ Brain Aerobics~ Morning Tunes & Snacks~ Residents Lunch~ Neck of the Woods Drive~ In Room Visitations~ Snacks & Hydration~ I Love Lucy Tribute~ Monday Night Sports	<p>6</p> <ul style="list-style-type: none">~ Tips for the Day~ Morning Stretch~ Tea for Two Tuesday Social~ Canapés & Hydration~ Residents Lunch~ IN2L Prize BINGO~ Canapés & Hydration: National Frozen Food Day~ Cozy Movie Night (resident's choice)	<p>7</p> <ul style="list-style-type: none">~ Today in History~ Ceramic Art at 10 a.m. in Cottage Activity Room~ Morning Tunes & Snacks~ Residents Lunch~ IN2L Documentary~ Ice-Cream Social: "Lucky Charms Sundaes" & Bill Butler performs in Lodge Dining Room at 2:30 p.m.~ Snacks & Hydration~ Musical Matinee	<p>8</p> <p>International Women's Day and Working Women's Day Dress as a Rosie the Riveter</p> <ul style="list-style-type: none">~ Let's Talk About It~ IN2L: International (Working) Women's Day Documentaries~ Morning Tunes & Snacks~ Residents Lunch~ IN2L: Name that Tune~ Armchair Travel~ TGIT Happy Hour: Don performs classics in Manor Dining Room at 2:30 p.m.~ Socializing and Reminiscing~ Thursday Night Sports	<p>9</p> <p>Employee Appreciation Day</p> <ul style="list-style-type: none">~ Today in History~ Morning Tunes & Snacks~ Zumba Gold Chair Exercise~ Residents Lunch~ In Room Visitations~ IN2L: Travel Documentary~ IN2L BINGO~ In Room Visitations~ Snacks & Hydration~ Popcorn and a Movie	<p>10</p> <ul style="list-style-type: none">~ Daily Chronicles~ Balloon Volleyball~ Morning Tunes & Snacks~ Resident's Lunch~ Trivia/Word Games~ Noodles and Balloons~ Reminiscing~ Snacks & Hydration~ Chair Bowling~ Lawrence Welk Tribute on PBS
<p>11</p> <ul style="list-style-type: none">~ Daily Chronicles~ Ball Toss Exercise~ Morning Tunes & Snacks~ Creative Corner: Adult Coloring Circle~ Resident's Lunch~ In Room Visitations~ Afternoon Walk~ In Tune w/Program Boxes~ Sunday Afternoon Sports Talk & Reminisce w/Todd <p>Daylight Saving Time Begins</p>	<p>12</p> <ul style="list-style-type: none">~ Today in History~ Morning Tunes and Snacks~ Lunch Bunch Outing "Black Bear Diner"~ Residents Lunch~ Neck of the Woods Drive~ Program Boxing~ Adult Coloring~ Snacks & Hydration~ I Love Lucy Tribute~ Monday Night Sports	<p>13</p> <ul style="list-style-type: none">~ Tips for the Day~ Morning Stretch~ Tea for Two Tuesday Social~ Canapés & Hydration~ Residents Lunch~ IN2L Prize BINGO~ Canapés & Hydration~ Cozy Movie Night (resident's choice)	<p>14</p> <ul style="list-style-type: none">~ Morning Walk~ Today in History~ International Ask a Question Day~ Brain Aerobics~ Morning Tunes & Snacks~ Puzzles & Ponderings~ Residents Lunch~ Balance Clinic and Happiness Advantage with Tanysha~ IN2L: Who, What and When~ Ice-Cream Social & 50's Tunes "Shamrock Shakes"~ Musical Matinee	<p>15</p> <ul style="list-style-type: none">~ Let's Talk About It~ Creative Corner w/Rosa~ Morning Tunes & Snacks~ Tour the World Luncheon: Greek Heritage Month at 11:30 a.m.~ IN2L: Name that Tune~ Armchair Travel~ TGIT Happy Hour: 6 String Daisy performs in Manor Dining Room at 2:30 p.m.~ Socializing and Reminiscing~ Thursday Night Sports	<p>16</p> <ul style="list-style-type: none">~ Today in History~ Morning Tunes & Snacks~ Jerry Lewis Day Social~ Residents Lunch~ IN2L: Travel Documentary~ St. Patty's Day Social~ IN2L BINGO~ In Room Visitations~ Snacks & Hydration~ Popcorn and a Movie	<p>17</p> <ul style="list-style-type: none">~ Daily Chronicles~ Morning Tunes & Snacks~ Balloon Volleyball~ St. Patrick's Day Luncheon~ Reminiscing~ Trivia/Word Games~ Snacks & Hydration~ Chair Bowling~ Lawrence Welk Tribute on PBS <p>St. Patrick's Day</p>
<p>18</p> <ul style="list-style-type: none">~ Daily Chronicles~ Ball Toss Exercise~ Morning Tunes & Snacks~ Creative Corner: Adult Coloring Circle~ Resident's Lunch~ In Room Visitations~ Afternoon Walk~ In Tune w/Program Boxes~ Sunday Afternoon Sports Talk & Reminisce w/Todd	<p>19</p> <ul style="list-style-type: none">~ Today in History~ Simply Sweet Baking: Lucky Charms Marshmallow Treats~ Brain Aerobics~ Morning Tunes & Snacks~ Residents Lunch~ Neighborhood B-Day Celebration w/Marvin in Lodge Dining Room at 2:30 p.m.~ In Room Visitations~ Snacks & Hydration~ I Love Lucy Tribute~ Monday Night Sports	<p>20</p> <p>☺ ~ International Day of Happiness Day: What Makes you Happy?</p> <ul style="list-style-type: none">~ Tips for the Day~ Morning Stretch~ Canapés & Hydration~ Pet Therapy: Lend a Heart Visits in Lodge and Villa Neighborhoods at 10 a.m.~ Spring into Spring BBQ Luncheon 11:30 a.m.~ Residents Lunch~ IN2L Prize BINGO~ Canapés & Hydration~ Cozy Movie Night (resident's choice)	<p>21</p> <ul style="list-style-type: none">~ Morning Walk~ Today in History~ Morning Tea Social~ Morning Tunes & Snacks~ Puzzles & Ponderings~ Residents Lunch~ Balance Clinic and Happiness Advantage with Tanysha~ IN2L: Who, What and When~ Ice-Cream Social & 50's Tunes "Mint Sundaes"~ Musical Matinee	<p>22</p> <ul style="list-style-type: none">~ Let's Talk About It~ Morning Tunes & Snacks~ Ladies Beautification Hour~ Residents Lunch~ IN2L: Name that Tune~ Armchair Travel~ TGIT Happy Hour: Carl Johnson performs in Manor Dining Room at 2:30 p.m.~ Socializing and Reminiscing~ Thursday Night Sports	<p>23</p> <ul style="list-style-type: none">~ Today in History~ Morning Tunes & Snacks~ Creative Corner w/Rosa~ Resident's Lunch~ In Room Visitations~ IN2L: Travel Documentary~ IN2L BINGO~ Snacks & Hydration: Chip and Dip Day~ In Tune w/Program Boxes~ Popcorn and a Movie	<p>24</p> <ul style="list-style-type: none">~ Daily Chronicles~ Morning Tunes & Snacks~ Balloon Volleyball~ Resident's Lunch~ Reminiscing~ Trivia/Word Games~ Snacks & Hydration~ Chair Bowling~ Lawrence Welk Tribute on PBS
<p>25</p> <ul style="list-style-type: none">~ Daily Chronicles~ Ball Toss Exercise~ Morning Tunes & Snacks~ Creative Corner: Adult Coloring Circle~ Resident's Lunch~ In Room Visitations~ Afternoon Walk~ In Tune w/Program Boxes~ Sunday Afternoon Sports Talk & Reminisce w/Todd <p>Palm Sunday</p>	<p>26</p> <ul style="list-style-type: none">~ Today in History~ The Gold Country Band performs in Manor Dining Room at 10 a.m.~ Morning Tunes & Snacks~ Residents Lunch~ Neck of the Woods Drive and A Slice of Goodness Outing~ Program Boxing~ Adult Coloring~ Snacks & Hydration~ I Love Lucy Tribute~ Monday Night Sports	<p>27</p> <ul style="list-style-type: none">~ Tips for the Day~ IN2L Prize BINGO~ Residents Lunch~ In Room Visitations and Ladies Beautification Hour~ Empowerment Drumming w/Tandy at 2:30 p.m. in Lodge Activity Room~ Canapés & Hydration~ Table Top Games~ Cozy Movie Night (resident's choice)	<p>28</p> <ul style="list-style-type: none">~ Morning Walk~ Chair Yoga w/Laurel~ IN2L: I Remember When~ Residents Lunch~ Adult Coloring~ Puzzles and Ponderings~ Snacks & Hydration:~ George Gershwin Tribute~ Musical Matinee	<p>29</p> <ul style="list-style-type: none">~ Let's Talk About It~ Massage Escape~ Creative Art w/Rosa~ Morning Tunes & Snacks~ Residents Lunch~ IN2L: Name that Tune~ Armchair Travel~ TGIT Happy Hour: Rick Turnage performs in Manor Dining Room at 2:30 p.m.~ Socializing and Reminiscing~ Thursday Night Sports	<p>30</p> <ul style="list-style-type: none">~ Today in History~ Morning Tunes & Snacks~ Chair Yoga with Laurel~ Resident's Lunch~ In Room Visitations~ IN2L: Travel Documentary~ IN2L BINGO~ Snacks & Hydration~ In Tune w/Program Boxes~ Popcorn and a Movie <p>First Day of Passover Good Friday</p>	<p>31</p> <p>Easter Morning Brunch 10:30-1 p.m. and Egg-Stravaganza Hunt At Noon</p> <ul style="list-style-type: none">~ Reminiscing~ Puzzles and Ponderings~ Snacks & Hydration~ Chair Bowling~ Lawrence Welk Tribute on PBS