

Regular Menu

Westmont of Morgan Hill



	Sun 03-04-2018	Mon 03-05-2018	Tue 03-06-2018	Wed 03-07-2018	Thu 03-08-2018	Fri 03-09-2018	Sat 03-10-2018
B R K	Cinnamon Belgian Waffles Bacon Fresh Fruit 100% Juice	Hot Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Bran Muffin Egg of Choice Fresh Fruit 100% Juice	French Toast Breakfast Ham Fresh Fruit 100% Juice	Breakfast Burrito Hash Browns Fresh Fruit 100% Juice	Fried Egg Bacon Fresh Fruit 100% Juice Whole Grain Toast	Homemade Pancakes Sausage Fresh Fruit 100% Juice
L U N	Basil Tomato Soup Grilled 3 Cheese Sandwich Nantucket Turkey Sandwich Cucumber Onion Salad Funfetti Bars	Potato Mushroom Soup Roast Beef Sandwich Cod/Garlic Butter Sauce Spinach Polonaise Nut Bread	Vegetable Rice Soup Chicken Curry Salad Sandwich Layered Sausage Casserole Capri Blend Cinnamon Pull-Aparts	Beans, Greens, Garlic Soup Sloppy Joes Cottage Cheese/Fruit Platter Creamy Coleslaw Vanilla Pudding	Creamy Carrot Soup Turkey Pot Pie BLT Sandwich Garden Green Salad Fresh Lemon Bars	Garden Cheese Soup Baked Denver Omelet Garden Chicken Sandwich Tomatoes/Cottage Cheese Hash Browns Soft Oatmeal Raisin Cookie	Minestrone Soup Crazy Crust Pizza Beef/Mushrooms and Barley Fruity Green Salad Ice Cream Sandwich
D I N	Green Salad Fried Chicken/Creamy Gravy <i>or</i> Zesty Beef Roast Steamed Red Potatoes California Blend Baked Roll Blueberry Pie	Ambrosia Jello Salad Oven Roasted Pork <i>or</i> Herb Baked Chicken Glazed Sweet Potatoes Chef's Steamed Vegetable Baked Roll Oreo Delight	Green Salad Classic Beef Stroganoff <i>or</i> Seasoned Baked Fish Broccoli Fresh Cornbread Graham Streusel Cake	Simple Apple Salad Rosemary Roasted Turkey <i>or</i> Parmesan Crusted Pork Chops Seasoned Brown Rice Buttery Carrots Baked Roll Peach Cobbler	Black Bean Pepper Salad Ham with Raisin Sauce <i>or</i> Chicken Riviera Creamy AuGratin Potatoes Green Beans Baked Roll Buttermilk Pie	Creamy Coleslaw Honey Glazed Meatballs <i>or</i> Cheddar Crumb Cod Brown Rice Snap Pea Vegetable Blend Baked Roll Boston Cream Pie	Caesar Salad Artichoke Chicken <i>or</i> Corned Beef and Cabbage Red Potatoes Harvard Beets Baked Roll Pear Crisp
							Week 2

Dietitian's Signature: *Diana Jagu, R.D.N. 610128*
1-1-2018