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PRESS RELEASE

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WALTONWOOD CARY PARKWAY NAMES RICHARD MABE EXECUTIVE DIRECTOR

CARY, N.C. December 18, 2017 – Waltonwood Cary Parkway, a family-owned senior living community, is pleased to announce Richard Mabe as the new executive director. Mabe brings more than a decade's worth of senior living experience to his role. He is a licensed nurse and worked in the emergency department for several years prior to starting a career in the senior living industry. Mabe held multiple positions, including resident care director and executive director of an assisted living and memory care community. As executive director at Waltonwood Cary Parkway, he oversees the daily operations and future direction of the community. Waltonwood Cary Parkway provides residents with independent living, assisted living, and memory care apartments, as well as engaging amenities. The community is committed to providing a warm and caring quality of life for residents while remaining innovative through modern advances in senior living.

"We're excited to welcome Richard to the Waltonwood family," said Randy LeMaster, regional director of operations at Waltonwood Communities/Singh Senior Living. "He has the passion, talent and experience to help us redefine retirement living and ensure that the residents enjoy an active lifestyle and excellent quality of life. His leadership skills are undeniable, and we appreciate how he makes everyone feel like part of the team. We know he will exceed all expectations and provide services with dignity and respect."

"I've heard fantastic things about Waltonwood communities, and I am excited to be part of the team," said Mabe. "Our team is dedicated to serving seniors, and I can't wait to see what we can accomplish. I always thought I would continue my career as a nurse, but I developed a passion for working with seniors that I never knew I had. I enjoy talking to the residents, going to the dining room during meals, attending activities, and developing strong relationships with families. I hope to make an impact on the lives of team members and residents and develop a leadership style that people respect and want to emulate. I have a small family, but when I started working with this family-owned organization I gained hundreds of new family members, which is truly amazing."

Mabe has served on the Advisory Board of Directors for the local senior center in Brunswick County, and he has organized several fundraisers for the North Carolina Alzheimer's Association. When not at work, he enjoys being active by running, playing tennis, cycling, cooking and spending time with family.



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If you are a member of the media interested in covering this story, please contact Chelsi Smith at (214) 378-7970 ext. 238 or csmith@thepointgroup.com, or Amy Jones at ext. 302 or ajones@thepointgroup.com.

ABOUT WALTONWOOD CARY PARKWAY

Waltonwood Cary Parkway offers seniors a dignified, individualized community where residents can thrive. The community offers independent living cottages, and independent, assisted living and memory care apartments in studio, one- and two-bedroom floor plans, creating a continuum of care where residents can enjoy an active lifestyle and receive care if they need it. The community offers many engaging amenities, including a theater, therapy pool, putting green, garden view lounge and private courtyards throughout its acreage. Residents receive the most up-to-date advances in senior living, including the specially designed Forever Fit program and a Montessori-based dementia care program. The community is located close to US 1, with new retail shopping, dining and entertainment close by, and just minutes from Raleigh. Waltonwood Cary Parkway also has a sister-community currently under construction in the Lake Boone area of Raleigh, at 3550 Horton Street. If you are interested in learning more about Waltonwood Cary Parkway, please visit www.waltonwood.com or call 919-275-0983.

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