THE Birches at Arbour Square
PERSONAL CARE AND MEMORY CARE

February 2018

Issue 91

Seeds For Thought

February Birthdays

Mike Baer—15
Russell Oeste SR —19
Cynthia Markley —25

Jack Lange —18
Margaret Contey —21
Shirley Keller —27

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Events

Entertainment with Bruce
February 5—10:00 am—Bistro

Entertainment with Jan
February 12 – 2:00pm—Daybreak Living room

Entertainment wit JT
February 26– 1:30 pm—Bistro

Glenn Miller

Singing with Vera in Daybreak

Resident Profile of the Month

Jean Devlin

February 2018

Mary Jean Devlin (goes by Jean) was born in Pittsburgh, Pa in 1926. She has a twin, Mary Margerete (who goes by Margy) who still is currently residing in Pittsburgh, Pa.

Jean also had 2 other sisters and a brother. They grew up and lived in Pittsburgh for many years. Jean married her husband, Bob Devlin, and they were together for 32 years.

Together they had 4 kids, Bobbie, Connie, and twins Thomas and Dennis. They lived in Pittsburgh, Pa for 50 years.

Jean attended Mercy College for 4 years and became a nurse.

Jean is very much a family oriented person and a dedicated Catholic. She attends service as often as she can.

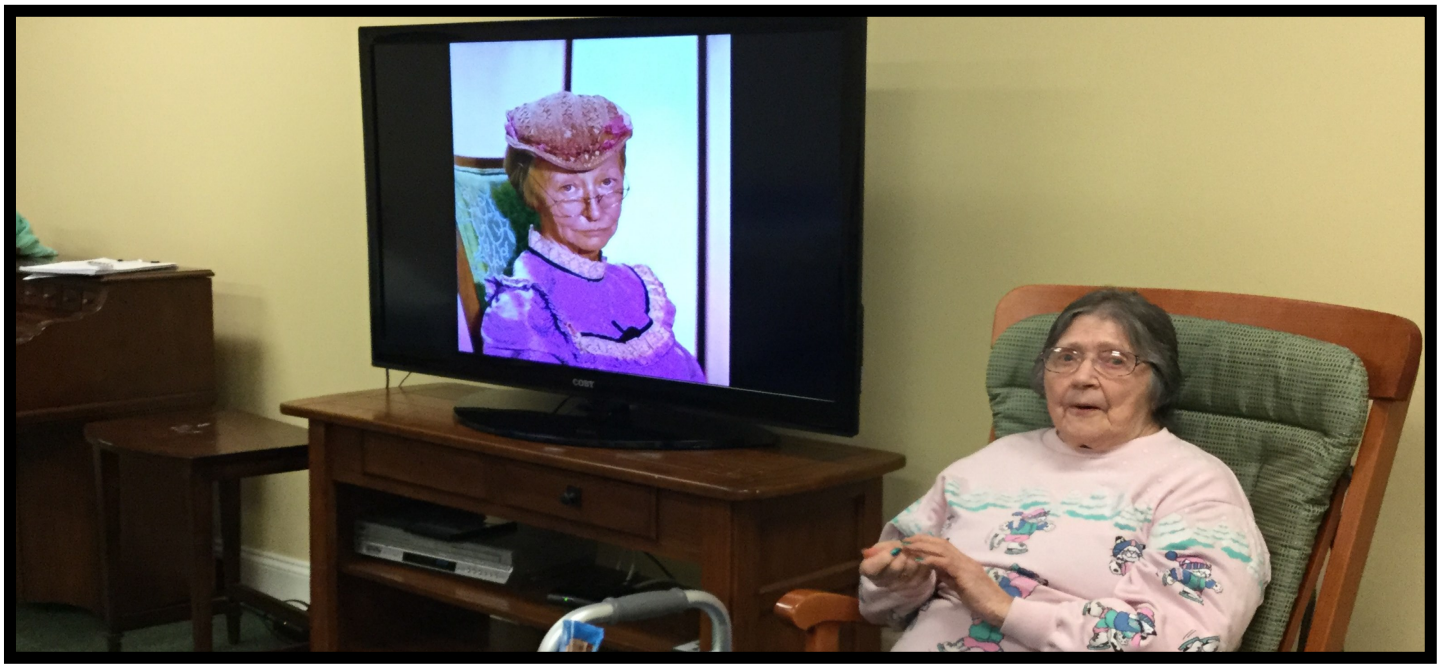
In her free time Jean likes to sing and dance. Jean was very much into sewing and made her own drapes for her home and her own gowns to wear.

Jean moved to Arbour Square and was there for 9 years before moving to The Birches. She loves going to the live entertainment, doing chair exercises, and listening and singing along with Vera when she plays the piano.

Entertainment with Jimmy

Faces and Places in Daybreak

“ Famous Faces and Places” with Bonnie and Residents



Services Offered At The Birches And In The Community

Chestnut Knoll In-Home Care

Chestnut Knoll In-Home Care provides professionally trained Care Staff to you, when you or your love one needs additional Care.

Call Chestnut Knoll In-Home Care at 610-933-0660

Senior Physical Therapy Services

Senior Physical & Occupational Therapy In–House

Steve Sherer

Phone 267-933-6110

Abington Memorial Hospital

In-House Phlebotomy

Tuesday/Thursday Mornings

Gary Kozick - Eldercare Solutions, LLC

Eldercare Consultation

Geriatric Care Management

Phone 215-510-8901 www.garykozick.com

Detweiler Family Medicine

1970 N. Broad Street, Lansdale, Pa

215-3681900

Indian Valley Podiatry

Monthly Visits In-house

By Appointment Only

Dr. Donna Meyers, DPM

Phone: 215-723-9688

Medical Appointment Transportation

Transnet ***Shared Lottery Ride***

Locally Mondays– Fridays- 8:00 am to 4:00 pm

24 Hour Advance Scheduling Required

No Later Than Friday by Noon

Phone 215-699-0601

The Birches Medical Appointments

With Jay the Bus Driver

Every Tuesday and Wednesday

Phone Christine Kuran

Southeastern Health Service

Home Healthcare

That Comes to You

Professional Quality Service

Medicare Accepted

Phone 215-703-3522

Elderdent LLC

A Comprehensive Array of Geriatric Dentistry Services.

Phone 267-708-0156

Fax 267-708-0156

Trinity Pharmacy

Phone: 1-866-989-1192

Fax: 1-866-989-1193

Associates In Hearing

Doctor of Audiology

100 West Main Street

Suite 105

Lansdale, PA 19446

Phone 215-855-4217

FEBRUARY 2018 PERSONAL CARE

Mon	Tue	Wed	Thu	Fri	Sat
ENTERTAINMENT for FEBRURY Entertainment with Bruce—February 5th– 1:30 pm—Bistro ♥February 14— Valentine's Day Entertainment with JT—Febrauary 26– 1:30 pm-Bistro			**1** 9:30 Bingo 10:30 Game Shows 1:30 Corn Hole Game 2:15 Card Questions 3:00 Movie Special 4:00 Concert with Vera *6:15 Music Social*	**2** 10:00 Entertainment 11:00 Travel Show 1:30 Beach Volleyball 2:15 Trivia 3:00 Movie Special 6:15 Music Social *GROUNDHOG DAY*	**3** 9:30 Bingo– Activity Room 1:30 Activity Connection 3:00 Movie Special 4:00 Concert with Vera 6:15 Lawrence Welk
4 9:00 Sunday Show Ch. 3 9:30 Bingo *11:00 Ministry Visitation* 1:30 Fishing with Brittany 2:15 Trivia 3:00 Movie Special 4:00 Concert with Vera 6:15 GO Eagles Game…….	**5** 9:30 Parachute Game 10:00 Flower Pot Game 11:00 Veterans Club 1:30 Entertainment 2:15 Sing Along 3:00 Movie Special 6:15 Bingo with Brittany	**6** 9:30 Hair Salon 10:30 Dietary/ Townhall 1:30 Jeopardy/Trivia 2:30 Auction Day 3:00 Movie Speical 6:15 Junk Drawer Game *Queens's Day*	**7** 9:30 Bingo 10:30 Concert with Vera 1:30 Putt Putt Golf 2:30 Ladder Toss 3:00 Movie Special 6:15 Bowling	**8** 9:30 Bingo 10:30 Game Shows 1:30 Ladder Toss 2:15 Card Questions 3:00 Movie Special 6:15 Music Social *Boy Scouts Day*	**9** 9:30 Trivia 10:30 Card Questions 1:30 Bus Trip 3:00 Movie Special 6:15 Music Social *Winter Olympics Begin*	**10** 9:30 Bingo Activity Room 1:30 Activity Connection 3:00 Concert with Vera 4:00 Music Social 7:00 Lawrence Welk
11 9:00 Sunday Show Ch. 3 9:30 Bingo Activity Room 10:00 Therapy Dog Visits *11:00 Ministry Visitation* 1:30 Penny Ante 2:15 Trivia 3:00 Concert with Vera 4:00 Music Social Random Acts of Kindness Day	**12** 9:30 Chair Exercise 10:00 Activity Connection 3:30 Movie Special 4:00 Concert with Vera 6:15 Bingo with Brittany	**13** 9:30 Hair Salon 10:30 Sing Along 1:30 Mardi Gras Day 3:00 Hallmark Movie 6:15 Tenzi card games *Mardi Gras or Fat Tuesday*	**14** 9:30 Bingo 10:30 Concert with Vera 1:30 Chair Exercise 2:00 Jeopardy 4:00 Music Social 6:15 Karaoke Sing Along *ASH WEDNESDAY* *VALENTINES DAY*	**15** 9:30 Bingo 10:30 Baking in the Bistro 1:30 Arts and Crafts 3:00 Movie Special 4:00 Music Social 6:15 Game Shows *FLAG DAY*	**16** 9:30 Trivia 10:30 Card Questions 1:30 Arts and Crafts 3:00 Movie Special 6:15 Music Social *CHIENSE NEW YEARS BEGINS*	**17** 9:30 Bingo –Activity Room 10:30 Concert with Vera 1:30 Putt Putt Golf 2:15 Horse Show Game 3:00 Movie Special 7:00 Lawrence Welk
18 9:30 Bingo Activity Room 11:00 *Ministry Visitation* 1:30 Arts and Crafts 2:30 Penny Ante 3:00 Piano with Vera 6:15 Music Special	**19** 9:30 Chair Exercise 10:00 Trivia 11:00 Legion of Mary !;30 Putt Putt Golf 3:00 Movie Special 6:15 Bingo	**20** 9:30 Hair Salon 10:30 Trivia 1:30 Deal or No Deal 2:15 Card Questions 3:00 Movie Special 6:15 Wii Bowling	**21** 9:30 Bingo *10:30 Catholic Mass* *3:00 Pastor Pete* 4 Movie Special 6:15 Famous Faces and Places	**22** 9:30 Bingo 10:00 Card Questions 10:30 Sing Along 1:30 Arts and Crafts 3:00 Movie Special 6:15 Music Social	**23** 9:30 Trivia 10:30 Card Questions 1:30 Name that Car 2:00 Name that Tune 2:30 Happy Hour 3:00 Movie Special 6:15 Music Social	**24** 9:30 Bingo—Activity Room 11:00 Game Shows 1:30 Cactus Balancing 2:00 Flower pot game 3:00 Concert with Vera 7:00 Lawrence Welk
25 9:00 Sunday Show Ch. 3 9:30 Bingo Activity Room 11:00 *Ministry Visitation* 1:30 Manicures 2:15 Trivia 3:00 Piano with Vera 6:15 Hymn Sing with Sarah	**26** 9:30 Chair Exercise 10:00 Card Questions 1:30 Entertainment 2:00 Tea Social 4:00 Music Social 6:15 Bingo with Brittany	**27** 9:30 Hair Salon 10:30 Flower Pot Game 1:30 Activity Connection 3:00 Movie Special 6:15 Music Social	**28** 9:30 Bingo 10:00 Concert with Vera 1:30 Bean Bag Toss 2:30 Ladder Toss 3:00 Movie Special 6:15 Deal or no Deal			

~ FEBRUARY ~ 2018 DAYBREAK ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
FEBRUARY ENTERTAINMENT Entertainment with Bruce—February 5—1:30 pm Entertainment with Jan—February 12– 2 pm—Daybreak Valentine's Day February 14 Guitar w/Phoebe Feb 7 & Feb 21-Daybreak				1 10:30 Positive News /Stories 11:00 Chair Exercise 11:30 Sing Along 2:00 Conversation Ball 2:30 Piano with Vera 3:30 Famous Faces /Places 4:00 Trivia 6:30 Sing Along with CD	2 10:30 Groundhog Trivia 11:30 Sing Along -MP3 1:30 DVD Shows 2:00 Who am I? Game 3:00 Corn Hole Game 3:30 Twinkies 4:15 Simon Says 6:15 Movie Night **Ground Hog Day**	3 10:30 Positive News/ Stories 11:00 Exercise -MP3 11:30 Sing Along 1:30 Bingo 3:00 Stamp Art 4:00 Music & Nails 7:00 Lawrence Welk
4 9:00 Sunday Morning 10:30 Hymn Sing (DVD) 11:00 Trivia 11:30 Sing Along 1:00 DVD Shows 2:00 Ball Toss/Trivia 3:00 Chair Exercise 3:30 Trivia 6:30 Superbowl!!! GO EAGLES	5 10:30 Positive News Stories-MP3 11:00 Travel Show 1:30 Entertainment 2:30 Nutella Day! 3:30 Arts and Crafts 4:00 Ladder Toss/ Manicures 7:00 Penny Ante	6 10:30 AM Chat 11:00 Chair Exercise 11:30 Sing Along-MP3 1:30 DVD Shows 2:00 Conversation Ball 3:00 Manicures 3:30 Hangman 4:00 Jeopardy 7:00 Bingo	7 10:30 Positive News / MP3/Salon 11:00 Chair Exercise 11:30 Sing Along 1:30 DVD Show 2:00 Bingo! 3:00 Guitar w/Phoebe 4:00 Beach Volleyball 7:00 Manicures	8 10:30 Positive News /Stories 11:00 Chair Exercise-MP3 11:30 Sing Along 1:30 Shirley Temple 2:00 Volleyball Toss 2:30 Piano with Vera 3:30 Famous Faces /Places 4:00 Potato Fun Facts 6:30 Sing Along with CD	9 10:00 Olympics Open 10:30 Olympic Trivia 11:30 Sing Along -MP3 1:30 DVD Shows 2:00 Manicures 3:30 Pizza Day! 4:15 Simon Says 6:15 Movie Night	10 10:30 Positive News 11:00 Ladder Toss/MP3 Manicures 1:30 Sing Along 3:00 Bingo 4:00 Chair Exercise 4:00 Penny Ante 7:00 Lawrence Welk
11 9:00 Sunday Morning 10:30 Hymn Sing (DVD) 11:00 Trivia/MP3 11:30 Sing Along 1:30 DVD Shows 2:30 Concert with Vera 3:00 Activity Connection 6:30 Chair Exercise	12 10:00 AM Chat/MP3 10:30 Chair Exercise 11:00 Sing Along 2:00 Entertainment 4:00 Ladder Toss 4:00 Manicures 4:30 Hand Massage 7:00 Bowling	13 10:30 AM Chat & Donuts 11:00 Chair Exercise/MP3 11:30 Concert with Vera 2:00 Puzzles 3:15 Cactus Balancing 4:00 Horse Show Game 7:00 Bingo **FAT TUESDAY**	14 10:30 AM Chat/Salon 11:00 Olympic Training 11:30 Concert with Vera 2:00 Manicures 3:00 Valentines Bingo! 4:00 Beach Volleyball 6:30 DVD Valentine's /Ash Wednesday	15 10:30 Positive News /Stories 11:00 Chair Exercise/MP3 11:30 Sing Along 1:30 Travel Show 2:00 Volleyball/ Bean Bag 3:30 Horse Shoe Game 4:15 Ladder Toss 6:30 Sing Along with DVD	16 10:30 Positive News 11:30 Sing Along -MP3 1:30 DVD shows 2:00 Creative Expression 2:45 Chinese New Year 3:15 Penne Ante 3:45 Trivia & Humor 6:15 Movie Night	17 10:30 Positive News 11:00 Ladder Toss/MP3/ Manicures 1:30 Bingo 3:00 Music with CDs 3:15 Name That Car 3:45 Sing Along 7:00 Lawrence Welk
18 10:00 Therapy Dog Visit 10:30 Hymn Sing (DVD) 11:00 Trivia 11:30 Sing A Long 2:00 Bowling/MP3 3:00 Stamp Art 4:00 Chair Exercise 6:15 Beach Volleyball	19 10:30 Positive News/ Stories-MP3 11:00 Chair Exercise 11:30 Music 1:30 Travel Show 3:00 Fun Facts& Nails 4:00 Puzzles 7:00 Card Questions	20 10:30 AM Chat 11:00 Chair Exercise/MP3 11:30 Concert with Vera 1:30 DVD Shows 2:00 Parachute Game 3:30 Hangman 4:00 Jeopardy 7:00 Bingo	21 10:30 AM Chat /Salon 11:00 Chair Exercise-MP3 11:30 Sing Along 1:30 DVD /Manicures 2:00 Bingo 3:00 Guitar w/Phoebe 4:00 Beach Volleyball 6:30 Western Show DVD	22 10:30 Baking 11:00 Chair Exercise-MP3 11:30 Sing Along 1:30 Travel Shows 2:00 Volleyball Toss 3:30 Famous Faces & Places 4:00 Name that Car! 6:30 Sing Along w/ DVD	23 10:30 Positive News 11:30 Sing Along - MP3 1:30 Hand Massage 2:00 Ladder Toss 2:45 Card Questions 3:00 Waffle Social 3:45 Corn Hole Game 6:15 Movie Night	24 10:30 Positive News 11:00 Ladder Toss/MP3 1:30 Bingo 3:00 Music with CDs 3:15 Chair Exercise 3:45 Penny Ante 7:00 Lawrence Welk
25 9:00 Sunday Morning 10:30 Hymn Sing 11:00 11:30 Trivia/MP3 2:00 Bowling 3:30 Manicures/Music 4:00 Chair Exercise 6:15 Short Stories	26 10:30 AM Chat & MP3 11:00 Piano w/ Vera 1:30 Travel Show 3:30 AC Games 4:30 Trivia 7:00 Famous Faces & Places	27 10:30 February Fun Facts 11:00 Chair Exercise–MP3 11:30 Sing Along 1:30 DVD Shows 3:30 Hangman 4:00 Horse Show Game` 7:00 Kentucky Derby	28 10:30 AM Chat /Salon 11:00 Chair Exercise-MP3 11:30 Sing Along 2:00 Bingo 3:00 Snacks 3:45 Beach Volleyball 7:00 Manicures	***Color Key Code*** Red— Entertainment or Shows or Movies Black– Care Staff Blue– Activity		

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