



28	29	30	31	Feb 1	2	3
				Creamy Carrot Soup Glazed Baked Ham Herbed Parmesan Chicken <i>or</i> Fresh Cooked Yams Green Bean Casserole	Soup Du Jour Honey Glazed Meatballs Oven Fried Cod <i>or</i> Parmesan Pasta Broccoli	Minestrone Soup Chicken Fettuccine Veal Marsala <i>or</i> Garlic Spinach Garlic Bread
4	5	6	7	8	9	10
Soup Du Jour Autumn Pot Roast Tangy Pork Roast <i>or</i> Fresh Mashed Potatoes/Gravy Seasoned Cauliflower	Cream of Celery Soup Beef Tips Au Jus Rosemary Roasted Chicken Thigh <i>or</i> Noodles Brussel Sprouts	Baked Potato Soup Chicken Marsala Kielbasa with Sauerkraut <i>or</i> Savory Rice Homestyle Cream Corn	Cream of Mushroom Soup Brown Sugar Ham Baked Tilapia/Dill Sauce <i>or</i> Baked Yams Fresh Asparagus	Homestyle Vegetable Soup Salisbury Steak/Gravy Flounder Fillet <i>or</i> Seasoned Potatoes Baby Carrots	Ham and Lentil Soup Glazed Salmon Saucy Cordon Bleu <i>or</i> Fresh Mashed Potatoes Cream Peas	Tomato Barley Soup Braised Pork Italian Meatballs/Sauce <i>or</i> Garlic Pasta Seasoned Cabbage
11	12	13	14	15	16	17
Soup Du Jour Yankee Pot Roast Baked Lemon Chicken <i>or</i> Fresh Mashed Potatoes/Gravy Roasted Carrots	Vegetable Medley Soup Cornflake Chicken Parmesan Fish Fillets <i>or</i> Seasoned Brown Rice Lemon Parmesan Asparagus	Potato Mushroom Soup Turkey Roast/Stuffing Pork Chops and Gravy <i>or</i> Onion Roasted Potatoes Baked Squash	Lentil Soup Old Time Beef Stew Orange Glazed Ham <i>or</i> Smashed Sweet Potatoes Cauliflower and Carrots	Turkey Rice Soup Roast Pork with Apples Chicken Piccata <i>or</i> Fried Rice Green Beans	Minestrone Soup Cube Steak/Burgundy Sauce Cod/Garlic Herb Sauce <i>or</i> Potato Wedges Chef's Steamed Vegetable	Tomato Rice Soup Spaghetti/Marinara Meat Sauce Sweet Liver and Onions <i>or</i> Cornbread Dressing Roasted Brussels Sprouts Garlic Bread
18	19	20	21	22	23	24
Soup Du Jour New England Pot Roast Ham and String Beans <i>or</i> Scalloped Potatoes Seasoned Cauliflower	Vegetable Cheese Soup Seasoned Baked Chicken Grilled Fish/Aioli Sauce <i>or</i> Brown Rice Roasted Squash	Green Pea Soup Homestyle Turkey/Gravy Marinated Flank Steak <i>or</i> Fresh Mashed Potatoes/Gravy Fresh Asparagus	Navy Bean Soup Balsamic Roasted Pork Three Cheese and Herb Quiche <i>or</i> Glazed Sweet Potatoes Stewed Tomatoes	Soup Du Jour Saucy Cordon Bleu Salisbury Steak with Brown Sauce <i>or</i> Mushroom Rice Baby Carrots	Vegetable Barley Soup Shrimp Fettuccine Tangy Country-Style Ribs <i>or</i> Parmesan Roasted Potatoes Creamed Spinach Garlic Bread	Soup Du Jour Braised Beef Cubes Turkey/Basil Cream Sauce <i>or</i> Parsley Egg Noodles Roasted Brussels Sprouts
25	26	27	28	Mar 1	2	3
Soup Du Jour Pot Roast/Cider Gravy Tilapia/Savory Herb Butter <i>or</i> Garlic Mashed Potatoes Seasoned Pea Pods	Soup Du Jour Honey Roasted Chicken Thigh Veal Marsala <i>or</i> Angel Pasta Lemon Buttered Broccoli	Beef Barley Soup Grilled Pork Chop/Applesauce Chinese Pepper Steak <i>or</i> Fried Rice Stir-Fry Vegetables	Soup Du Jour Hamburger Steak/Onions Slow Roasted Turkey Breast <i>or</i> Lyonnais Potatoes Sautéed Carrots			