



LETTER FROM THE ADMINISTRATOR

Cupid is coming! Valentine's Day is on its way. Love is in the Air! Roses, chocolate candies, and jewelry are the hot items for the day. Hmm! Sounds like I better find myself a Valentine!!

What a fun holiday this is. Whether you're a kid or teenager or adult or a senior adult, it is a fun holiday. I remember as a kid we would buy the box of paper Valentine's and pick just the right one for each of our classmates and sign the back. And we took a shoebox and made our Valentine's box with the slot in the top to drop your Valentine's into. The on Valentine's Day at school, we would have a party and go around the room and drop Valentine's into each other's box and eat pink cupcakes and lots of candy. It's amazing we did not drive the teacher crazy after all that sugar!! As I got older into the adult stage of my life, I couldn't get away with paper

Valentine's anymore. It got a little more expensive with jewelry and flowers. All you guys can relate.

So, let me tell you a secret story of my favorite Valentine. When I was in kindergarten, back 48 years ago, I sat across the table from a beautiful girl named Myra. Oh, how she was beautiful and oh, how I loved Myra!! I could not wait for the next day just to see Myra. Mom and Dad tell me stories today of how every day in kindergarten, I came home and told them about Myra. All thru school, Myra and myself always ended up in the same classes together. And all those years in school together, I loved Myra. I loved Myra so much that I never asked her to go out on a date with me. She was always beautiful and friendly and I just loved her so. But I never once asked her to go on a date with me. How sad! Then we rode to college together for a couple of years, and low and

behold, I never asked her out on a date then either. How sad!! And then one day, Myra broke my heart when she told me she was getting married, and not to me!! She married a DPS State Trooper, Johnny Walter Sherwood. Better keep my distance now. To this day, I still love Myra, and any time I hear the name Myra, I think of my beautiful girlfriend that I never asked out on a date. How sad!!! But I still think of Myra as my favorite Valentine of all time!

Enjoy this Valentine's Day and all the fun it brings. And be sure to ask your own "Myra" to be your Valentine. I am sure they will say Yes!!

Happy February!

Kevin W. Garriga

Administrator

SOUTHERN KNIGHTS
SENIOR LIVING COMMUNITY

UPCOMING CRAFT PROJECTS

Valentine Treats for our loved ones! And we are going to give abstract art a try! Also, getting creative with Plaster of Paris.

OUR NEW YEAR'S DAY FESTIVITIES PHOTOS!



TEAM MEMBERS OF THE MONTH



Lorena R. - Residents' Choice



Angela P. - Administrator's Choice

THANK YOU FOR LETTING US WORK IN YOUR HOUSE!!



Did You Know... Cupid is a popular Valentine's Day icon, but who is he and why is he associated with love?

In Roman mythology Cupid is the son of Venus, goddess of love. His counterpart in Greek mythology is Eros, god of love. Cupid is often said to be a mischievous boy who goes around wounding both gods and humans with his arrows, causing them to fall in love. The Romans believed white roses grew where the tears of Venus fell, as she mourned the loss of her beloved Adonis. Her son Cupid, while being stung by a bee, shot arrows in the rose garden; the sting of the arrows became thorns. Venus pricked her foot on a thorn, and the droplets of blood dyed the roses red.

Black History Month

Each February we celebrate Black History Month, a time for recognizing and honoring the role of African Americans in U.S. history. The first celebration of Black History Month took place at Kent State University in February 1970.

In 1976, President Gerald Ford recognized Black History Month during the celebration of the United States Bicentennial.

He urged Americans to "seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history."

Since then, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating black history.



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Newsletter Production by PorterOneDesign.com

FEBRUARY – WORD SEARCH

F	I	G	R	A	N	D	O	M	Q	S	M	O	Z	L
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M	R	M	O	I	W	M	F	O	O	T	B	A	L	L

CUPID
DOG
EYE CARE
FEBRUARY
FOOTBALL

HEALTHY
HEART
KINDNESS
LOVE
PINK

RANDOM
RED
ROSES
SUPERBOWL
VALENTINE