



Reaching New Heights...

Learning is For Life!

Tai Chi for Balance Tuesdays in February • 5:00 pm 3rd Floor Activity Center

Experience the mindfulness of Tai Chi to improve balance, reduce stress & increase strength.

Horticultural Art Thursday, February 1st • 3:15 pm 1st Floor Activity Center

Create your own work of art using materials from nature.

Sweetheart Party Friday, February 9th • 1:30 pm *Dining Room*

Help us celebrate all the Love in the Air with live entertainment & delicious refreshments

Breakfast Club Tuesday, February 13th • Noon Bistro

Enjoy a delectable, made to order, hot breakfast!

Destination Details ~ Chile Friday, February 23rd • 1:30 pm 1st floor activity center

Travel to Chile with us as we explore our destination of the month with a colorful and exciting presentation!