Heartland Assisted Living

February 2018

PACIFICA SENIOR LIVING NEWFOREST ESTATES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Events are Subject to Change Due to Unforeseen Circumstances.				**1** FREEDOM DAY 9:30 Exercise Body & Mind Morning Walk 10:30 Craft/Cooking 1:30 BINGO 3:00 Snack Chat	**2** GROUND HOG DAY 9:30 Exercise Body & Mind 10:30 Craft/Cooking 1:30 BINGO 3:00 Happy Hour	**3** 9:00 HEB Market Run 10:00 Table Games 3:00 Dominoes 7:00 Lawrence Welk Show
4 8:30 Worship Service First Run 9:30 Worship Service Second Run 3:00 Mini BINGO	**5** WEATHERMAN'S DAY 9:30 Exercise Body & Mind 10:30 Morning Walk 1:30 M&M Bingo 3:00 Snack Chat	**6** CHOPSTICKS DAY 9:30 Exercise Body & Mind 10:00 Bible Study/Read Book 1:30 File and Polish 3:00 Snack Chat 4:00 Games w/Legacy	**7** SEND A CARD TO A FRIEND DAY 9:30 Exercise Body & Mind 10:45 Bon Appetit Outing: Chester's 1:30 Dominoes 2:30 Wal Mart 3:45 St Luke's Catholic Service Group	**8** BOYSCOUT DAY 9:30 Exercise Body & Mind Morning Walk 10:00 Sing-A-Long Hymns 10:30 Craft/Cooking 1:30 BINGO 3:00 Snack Chat	**9** PIZZA DAY 9:30 Exercise Body & Mind 10:00 Movie 1:30 BINGO 3:00 Happy Hour	**10** 9:00 HEB Market Run 10:00 Table Games 3:00 Dominoes 7:00 Lawrence Welk Show
11 8:30 Worship Service First Run 9:30 Worship Service Second Run 3:00 Mini BINGO	**12** ABRAHAM LINCOLN'S BIRTHDAY 9:30 Exercise Body & Mind 10:30 Study Ab Lincoln 1:30 M&M Bingo 3:00 Snack Chat	**13** FAT TUESDAY 9:30 Exercise Body & Mind 10:00 Bible Study/Read Book 2:00 Food Committee Mtg. 2:30 Residents Council Mtg. 3:00 Praise Service 4:00 Games w/Legacy	**14** VALENTINE'S DAY 9:30 Exercise Body & Mind 10:45 Bon Appetit Outing: 1:30 Crafts w/Laura 2:30 Wal Mart 3:45 St. Luke's Catholic Service Group	**15** GUMDROP DAY 9:30 Exercise Body & Mind Morning Walk 10:30 Craft/Cooking 3:00 Snacks 6:00 FAMILY NIGHT	**16** "GROUCH" DAY 9:30 Exercise Body & Mind 10:30 Craft/Cooking 1:30 BINGO 3:00 February B'Days Compassus	**17** 9:00 HEB Market Run 10:00 Table Games 3:00 Dominoes 7:00 Lawrence Welk Show
18 8:30 Worship Service First Run 9:30 Worship Service Second Run 3:00 Mini BINGO	**19** PRESIDENTS' DAY 9:30 Exercise Body & Mind 10:30 Craft/Cooking 1:30 M&M BINGO 3:00 Snack Chat	**20** CHERRY PIE DAY 9:30 Exercise Body & Mind 10:00 Bible Study/Read Book 1:30 File and Polish 3:00 Snack Chat 4:00 Games w/Legacy	**21** CARD READING DAY 9:30 Exercise Body & Mind 10:45 Bon Appetit Outing: Nichas 1:30 Dominoes 2:30 Wal Mart 3:45 St. Luke's Catholic Service Group	**22** GEORGE WASHINGTON'S BIRTHDAY 9:30 Exercise Body & Mind Morning Walk 10:30 Craft/Cooking 1:30 BINGO 3:00 Snack Chat	**23** TENNIS DAY 9:30 Exercise Body & Mind 10:30 Craft/Cooking 1:30 BINGO 3:00 Happy Hour	**24** 9:00 HEB Market Run 10:00 Table Games 3:00 Dominoes 7:00 Lawrence Welk Show
25 8:30 Worship Service First Run 9:30 Worship Service Second Run 3:00 Mini BINGO	**26** PISTACHIO DAY 9:30 Exercise Body & Mind 10:30 Craft/Cooking 1:30 M&M BINGO 3:00 Snack Chat	**27** POLAR BEAR DAY 9:30 Exercise Body & Mind 10:00 Bible Study/Read Book 1:30 File and Polish 3:00 Snack Chat 4:00 Games w/Legacy	**28** FLORAL DESIGN DAY 9:30 Exercise Body & Mind 10:45 Bon Appetit Outing: Luby's 1:30 Dominoes 2:30 Wal Mart 3:45 St. Luke's Catholic Service Group			