

February 2018



! Leg	Cacils Pacifica Memor	ry Care	February 2018	3		SENIOR LIVING LYNNWOOD
Sunday 🥒	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
F	ebr	uai		10:00 Morning Music & Orientation, Sit & Be Fit E 2:00 Scenic Drive ALL 2:30 Classic Movies E/F 5:00 Set Table E/F 6:30 Aromatherapy E/F	2 10:00 Sing & Stretch, Music & Art & Baked Goods E/F 1:00-4:00 Mask Making C 2:00 Afternoon Classic Show E/F 3:00 Happy Hour & treats C 3:00 Pet Therapy –Grover E/F 5:00 Fold Napkins E/F	3 10:00 Exercise & Sing Along w/ Care Staff E/F 3:00 Puzzle E/F 4:00 Familiar Songs E/F 5:00 Set Table E/F 6:30 Night at the Movies E/F
4 10:00 Exercise & Sing Along with Care Staff E/F 2:30 Nail & Hand Spa E/F 3:00 Bible Study & Hymn Sing by Creekside Church E 3:30 Super Bowl Party A 5:00 Set Table E/F 6:30 Evening Sing Along E/F	5 10:00 Exercise and Music E 2:00 Word Play E 3:00 Bowling & Soda C 5:00 Fold Napkins E/F 6:30 Sing Along E/F	6 10:00 Chair Yoga/ History & Current Events E/F 2:00 Paper Art and Coupon Cutting E/F 3:30 Afternoon Tea E/F 5:00 Set Table E/F 6:30 Hand & Nail Care E/F	7 8:00 Men's Breakfast Special ALL 10:00 Landscape Art, Stretch & Sing, Visual Trivia E 11:00 Communion Visit ALL 2:00 Ice Cream Social w/ Jon Pressmen ALL 5:00 Fold Napkins E/F 6:00 Movie Night E/F	8 10:00 Morning Music and Orientation, Sit & Be Fit E 2:00 See's Candy Store ALL 2:30 Classic Movies E 5:00 Set Table E/F 6:30 Aromatherapy E/F	9 10:00 Sing & Stretch, Music & Art & Baked Goods E/F 1:00-4:00 Mask Making C 2:00 Bingo E 3:00 Pet Therapy—Grover E 4:00 Afternoon Classic Show E/F 5:00 Fold Napkins E/F	10:00 Exercise & Sing Along w/ Care Staff E/F 3:00 Puzzle E/F 4:00 Familiar Songs E/F 5:00 Set Table E/F 6:30 Night at the Movies E/F
11 10:00 Exercise & Sing Along E/F 2:30 Nail & Hand Spa E/F 3:00 Bible Study & Hymn Sing E 5:00 Set Table E 6:30 Evening Sing Along E/F	10:00 Exercise and Music E 2:00 Word Play E 3:30 Mardi Gras Parade C 5:00 Fold Napkins E/F 6:30 Sing Along E/F	13 10:00 Chair Yoga / History & Current Events E 12:30 New Orleans Lunch ALL 3:30 Flower Cart E 5:00 Set Table E/F 6:30 Hand & Nail Care E/F	10:00 Landscape Art, Stretch & Sing, Visual Trivia and Cookie Baking E 11:00 Communion Visit ALL 2:00 Valentines Party w/ Lee Howard 5:00 Fold Napkins E/F 6:00 Movie Night	10:00 Morning Music & Orientation, Sit & Be Fit E 11:00 Chinese Restaurant All 2:30 Classic Movies E/F 5:00 Set Table E/F 6:30 Aromatherapy E/F	9:45 Sing & Stretch, Music & Art & Baked Goods E/F 2:00 Afternoon Classic Show E/F 3:00 Happy Hour & Treats C 3:00 Pet Therapy -Grover E 5:00 Fold Napkins E/F	
18 10:00 Exercise & Sing Along with Care Staff E/F 2:30 Nail & Hand Spa E/F 3:00 Connie & Dee Piano Hymn Sing E 5:00 Set Table E 6:30 Evening Sing Along E/F	10:00 Exercise and Music E 2:00 Word Play E 3:00 Bowling & Soda C 5;00 Fold Napkins E/F 6:30 Sing Along E/F	20 10:00 Chair Yoga/ History & Current Events E/F 2:00 Paper Art E/F 3:30 Afternoon Tea E/F 5:00 Set Table E/F 6:30 Hand & Nail Care E/F	21 10:00 Landscape Art, Stretch & Sing, Visual Trivia & Cookie Baking E 11:00 Communion Visit ALL 2:00 Ice Cream Cart ALL 3:00 Stories of the Past E/F 5:00 Fold Napkins E/F 6:00 Movie Night E/F	22 10:00 Morning Music and Orientation, Sit & Be Fit E 2:00 Scenic Java Drive ALL 2:30 Classic Movies E 5:00 Set Table E/F 6:30 Aromatherapy E/F	9:45 Sing & Stretch, Music & Art & Baked Goods E/F 11:00 Piano Music and Sing Along w/Brett Gadbois E 2:00 Bingo E 3:00 Pet Therapy—Grover E 5:00 Fold Napkins E/F	10:00 Exercise & Sing Along w/ Care Staff E/F 3:00 Puzzle E/F 4:00 Familiar Songs E/F 5:00 Set Table E/F 6:30 Night at the Movies E/F
25 10:00 Exercise & Sing Along with Care Staff E/F 2:30 Nail & Hand Spa E/F 3:00 Bible Study & Hymn Sing E 5:00 Set Table E 6:30 Evening Sing Along E/F	26 10:00 Exercise and Music E 2:00 Word Play E 2:00-4:00 Outdoor Planting ALL 5:00 Fold Napkins E/F 6:30 Sing Along E/F	27 10:00 Chair Yoga/ History & Current Events E/F 2:00 Paper Art E/F 3:30 Flower Cart E/F 3:30 Afternoon Tea E/F 5:00 Set Table E/F 6:30 Hand & Nail Care E/F	28 10:00 Landscape Art, Stretch & Sing, Visual Trivia and Cookie Baking E 11:00 Communion Visit ALL 2:00 February Birthday Party w/ Folk Music by Peter C 5:00 Fold Napkins E/F 6:00 Movie Night E/F			A = Alder Cottage B = Birch Cottage C = Cedar Cottage D = Dogwood E = Elm Cottage F = Fir Cottage



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rea	VUVAMA Assisted	Living	Columny 2010	,		LYNNWOOD
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
F	ebr	uai		10:00 Sit & Be Fit B 10:30 Word Play B 2:00 Scenic Drive ALL	2 10:00 Sit & Be Fit B 10:30 Word Play B 1:00-4:00 Mask Making C 2:00 Bingo for Candy C 3:00 Happy Hour & Appetizers C 3:00 Dog Visits ALL	3 10:30 Word Play ALL 11:00 Light Weights C 4:00 Gaither Video Songs of Praise C 7:00 Travelogue B
4 10:30 Word Play B 1:00 Cards & Games C 2:00 Movie & Popcorn B 3:00 Bible Study & Hymn Sing by Creekside Church Elm Cottage E 3:30 Super Bowl Party A	5 10:00 Sit & Be Fit B 10:30 Word Play B 11:30 Cookies and Conversation B 3:00 Bowling & Soda 7:00 Movie, Popcorn C	Dr. Appts & Shopping 10:00 Sit & Be Fit B 10:30 Word Play B 2:00 Dice or Dominos B 3:00 Art Circle C 6:30 Brain Teasers & Popcorn B	7 8:00 Men's Breakfast C 10:00 Sit & Be Fit B 10:30 Word Play B 11:00 Communion Visit ALL 2:00 Ice Cream Social w/ Jon Pressmen ALL 4:00 Stories of the Past C	8 9:30 Men's Bible Study A 10:00 Sit & Be Fit B 10:30 Word Play B 2:00 See's Candy Store ALL 4:30 Wine and Dine C	9 10:00 Sit & Be Fit B 10:30 Word Play B 1:00-4:00 Mask Making C 2:00 Bingo for Candy C 3:00 Happy Hour & Appetizers C 3:00 Dog Visits ALL	10 10:30 Word Play ALL 11:00 Light Weights C 7:00 Travelogue B
11 10:30 Word Play ALL 1:00 Cards & Games C 2:00 Movie & Popcorn B 3:00 Bible Study & Hymn Sing E 3:00 Tea & Sunday News A	12 10:00 Sit & Be Fit B 10:30 Word Play B 11:30 Cookies and Conversation B 3:30 Mardi Gras Parade C 7:00 Movie, Popcorn C	Dr. Appts & Shopping 10:00 Sit & Be Fit B 10:30 Word Play B 12:30 New Orleans Lunch 3:00 Art Circle C 6:30 Brain Teasers & Popcorn B	14 10:00 Sit & Be Fit 10:30 Word Play B 11:00 Communion Visit ALL 2:00 Valentine Social w/Lee Howard ALL 4:00 Stories of the Past C	9:30 Men's Bible Study A 10:00 Sit & Be Fit B 10:30 Word Play B 11:00 Chinese Restaurant ALL 4:30 Wine and Dine C	10:00 Sit & Be Fit B 10:30 Word Play B 2:00 Chinese New Year Lucky Bingo C 3:00 Dog Visits ALL 3:00 Happy Hour & Appetizers C	17 10:30 Word Play ALL 11:00 Light Weights C 4:00 Gaither Video C Songs of Praise C 7:00 Travelogue B
18 10:30 Word Play ALL 1:00 Cards & Games C 2:00 Movie & Popcorn B 3:00 Connie & Dee & Hymn Sing E 3:00 Tea & Sunday News A	9:30 Library on Wheels 10:00 Sit & Be Fit 10:30 Word Play 11:30 Cookies and Conversation 3:00 Bowling & Soda 7:00 Movie, Popcorn B	Dr. Appts & Shopping 10:00 Sit & Be Fit B 10:30 Word Play B 2:00 Dice or Dominos B 3:00 Art Circle C 6:30 Brain Teasers & Popcorn B	21 10:00 Sit & Be Fit B 10:30 Word Play B 10:45 Resident Council B 11:00 Communion Visit ALL 2:00 Ice Cream Cart ALL 4:00 Stories of the Past C	9:30 Men's Bible Study A 10:00 Sit & be Fit B 10:30 Word Play B 2:00 Scenic Java Drive ALL 4:30 Wine and Dine C Irish Coffee Day!	23 10:00 Sit & Be Fit B 10:30 Word Play B 11:00 Piano Music and Sing Along with Brett Gadbois E 2:00 Bingo for Candy C 3:00 Dog Visits ALL 3:00 Happy Hour & Appetizers C	24 10:30 Word Play ALI 11:00 Light Weights C 4:00 Gaither Video Song of Praise C 7:00 Travelogue B
25 10:30 Word Play ALL 1:00 Cards & Games C 2:00 Movie & Popcorn B 3:00 Bible Study & Hymn Sing E 3:00 Tea & Sunday News A	26 10:00 Sit & Be Fit B 10:30 Word Play B 11:30 Cookies and Conversation B 2:00 Winter Planting 7:00 Movie, Popcorn C	Dr. Appts & Shopping 10:00 Sit & Be Fit B 10:30 Word Play B 2:00 Dice or Dominos B 3:00 Art Circle C 6:30 Brain Teasers & Popcorn B	28 10:00 Sit & Be Fit B 10:30 Word Play B 11:00 Communion Visit ALL 2:00 February Birthday Party and Social with Folk Music by Peter C 4:00 Stories of the Past C			A = Alder Cottage B = Birch Cottage C = Cedar Cottage D = Dogwood E = Elm Cottage F = Fir Cottage