



Winter 2018

Eastern Star Masonic

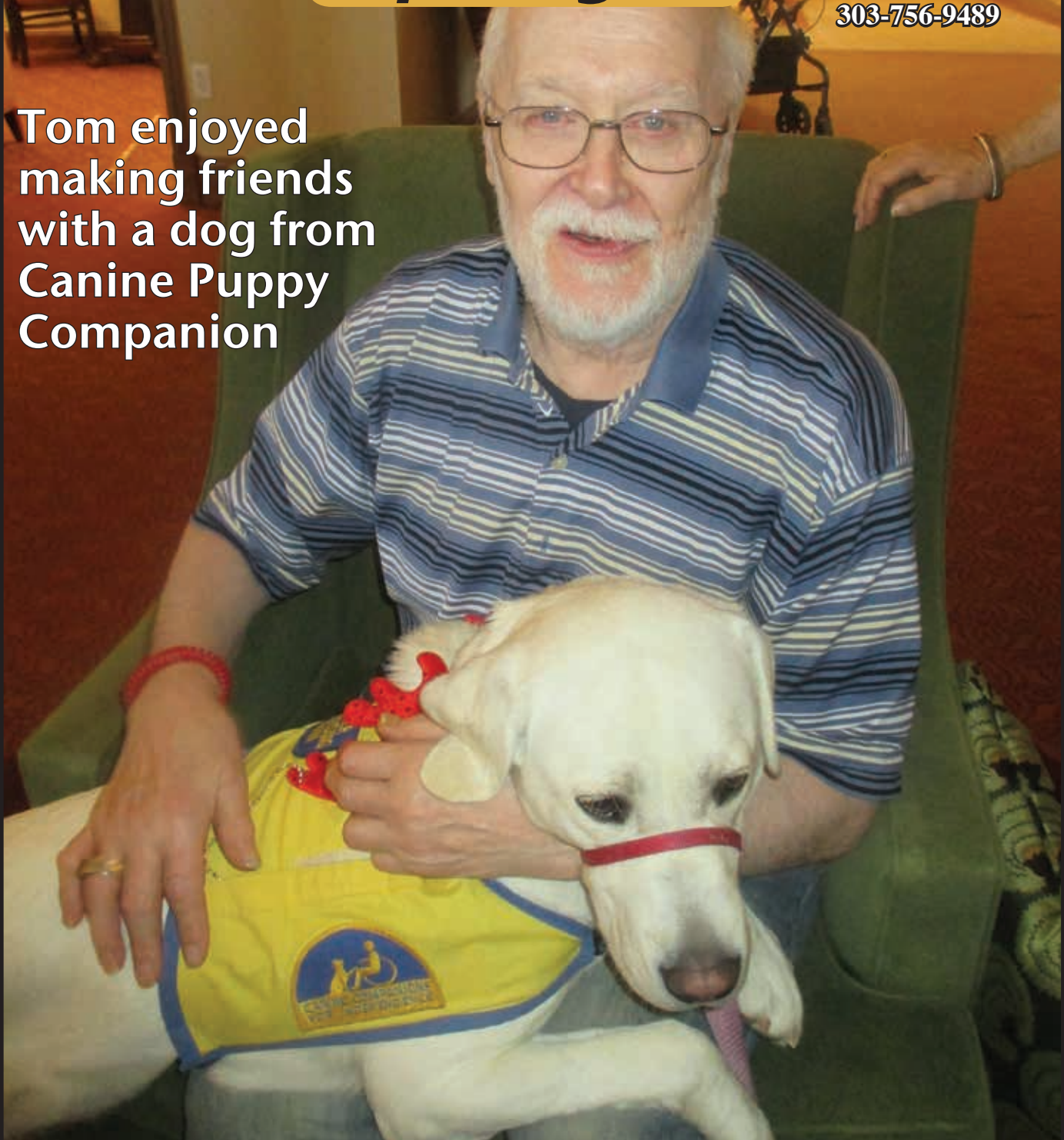
Retirement Campus

Spotlight



2445 South Quebec St
Denver, CO 80231-9924
303-756-9489

Tom enjoyed
making friends
with a dog from
Canine Puppy
Companion



Board of Trustees update

At the House of Delegates annual meeting, held in September, ESMRC said goodbye to board members Karen Karns (far right) and Herb Carr (right, center).

Welcomed to the board were Directors Kathy Easterday, Steve Schroder, and Jim Jarvis who was appointed by the Grand Master.



Optum Care launches at ESMRC

Beginning last July, ESMRC became a pilot program for OptumCare, a United Healthcare Assisted Living Plan. With this plan, residents receive more benefits than with original Medicare, including Part D prescription drug coverage.

Members also receive the support of dedicated OptumCare® advanced practice clinicians. The OptumCare clinicians provide care coordination. They are dedicated to the unique needs and concerns of those enrolled in the program. Eastern Star has benefitted from



*Optum Care team (from left):
Lyn Corbett, Shari Write, RN,
and Kristie Boninno, NP.*

the excellent care of Shari White, RN, nurse case manager, and Kristie Boninno, NP. They work in conjunction with the Wellness staff to provide comprehensive care to residents in the program.

“We love working with the residents at ESMRC and your great staff. We fill in that gap between the physician and staff to provide thorough care for the residents,” said Shari.

The residents in the programs are glad to meet with Shari and Kristi on a weekly basis to go over their concerns and additional needs. So far, the OptumCare program has been a success in the ongoing care for residents who joined the program.

For more information, or to find out if you’re eligible, please call licensed sales representative, Lyn Corbett, 720-788-9518, TTY 711, 8 am–5 pm (MST), Monday through Friday.

Eastern Star Masonic Retirement Campus: 303-756-9489

2445 South Quebec Street, Denver, CO 80231-9924

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Grand Chapter Office 303-759-5936

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Sugarman award nominee by Alzheimer's Association of CO

The George and Pat Sugarman Award was designed to acknowledge an outstanding professional caregiver in his or her excellent work.

This year, ESMRC had one exceptional employee nominated for this award. These nominations are completed and submitted to the Alzheimer's Association of Colorado by the families in the memory care neighborhood.

Congratulations to Ruth Pangaribuan for being a 2017 nominee for the Pat Sugarman Award. She helped open the memory care program at ESMRC. Ruth is an exceptional caregiver and a valued member of the memory care team. Her caring and compassionate nature towards the memory care

residents is an example of how huge her heart is. She loves the residents she serves. Her dedication and commitment have been a big part of success in the unit.

Her hard work in caring for ESMRC memory care residents is what makes ESMRC so great. The community is lucky to have her on the team, and appreciates the great work she provides for the residents! Congratulations, Ruth, we are proud of you!



Did you see ESMRC on TV?



Did you see ESMRC on Channel 7/ABC News? We were on TV twice in one week. The first feature was about ESMRC thanking the Denver Fire

Department for all that they did for ESMRC for Colorado Gives Day! Connor Gist (above) showed Gene his video camera.

Right: Harold gave Pati Sawyer Boex a \$100 donation.



ESMRC welcomed Shirley Norman, Controller, to the Executive Leadership team

Shirley Norman has always had a passion for numbers, earning a masters degree in finance, and successfully became a Certified Public Accountant. She is happy to apply her passion for accounting and finance at ESMRC. With over 20 years of finance and accounting experience in both not for profit and public companies, she started at ESMRC in late October.

As a native of Colorado, Shirley loves the mountains, and enjoys weekend trips during the summer months. She enjoys spending most of her free time providing a good home to her rescue dogs.



**EASTERN STAR MASONIC
RETIREMENT CAMPUS
GOLF TOURNAMENT**

JUNE 15TH, 2018



Park Hill Golf Course is supposed to be closed at end of 2018

OUR TOURNAMENT SELLS OUT EVERY YEAR!

6:00am Registration Opens • 6:45am Putting Contest • 7:30am Shotgun Scramble

Cost \$100 per player includes:

Golf Cart • Driving Range Balls • Breakfast Burritos • BBQ Lunch • Drink Coupon • Fully Loaded Goodie Bag

Contact Pati Sawyer Boex 303-753-2160 or patis@esmrc.com

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Name _____
Email _____

Golfer (2)
Name _____
Email _____

Golfer (3)
Name _____
Email _____

Golfer (4)
Name _____
Email _____

Make checks payable to Eastern Star Masonic Retirement Campus
2445 S Quebec St • Denver, CO 80231

Thank You To Our Sponsors



Driver Safety Class at ESMRC • 9 am–1 pm Wednesday, Feb. 21

Why Take a Driver Safety Class? Cars have changed. So have the traffic rules, driving conditions, and the roads you travel every day. Some drivers age 50-plus have never taken a refresher course.

What Will I Learn by Taking the Course? You'll learn adjustments to accommodate common age-related changes in vision, hearing, and reaction time.

AARP membership is not required to take the course. There is no test to pass. The classroom course costs only \$15 for AARP members; \$20 for non-members. You pay the instructor (cash or check please). Call 303-756-9489 to register.



Living with Dignity

Day 1: Where it all began

At the end of August 2017, there was one resident who wandered from office to office. He would come down the elevator, then pull a chair in front of the lounge, which was across from the Resident Service Director's office. He wanted to ask her why he could not leave. He was looking for a car.

I walked by and noticed Resident Service Director Martha was busy with other residents and guests. I watched the resident ask to see Martha. He was insistent about meeting with her.



I asked him if I could help, hoping to redirect him. He stated he was looking for a job or something to do. I explained to him that if he followed me to the front desk, I would give him a job application. If he completed it, the community might find a place for him, depending on what he wanted to do.

He followed me. I handed him a clip board, job application, and a pen. He sat in the main lobby to work on the job application. After submitting three job applications, he wanted to know when he would be interviewed by the "big shots."

I handed him a Life Story Book to complete, a resource that is used in the memory care neighborhood to help staff get to know the residents better. I told him to bring it back before any interviews. He took the book. When a memory care resident is having a difficult day, information in the book becomes a conversation starter, because it reminisces about important facts in the resident's life.

An hour later, he returned to Martha's door with the completed Life Story Book. He was told that his book and applications would be reviewed. He headed back to his room.

On our way out the door at the end of work, he returned and asked about the interview, and what he needed to do to prepare for it. Martha suggested that he would be interviewed the following

day. I told this gentlemen that before the interview, I would like him to shower, shave his beard, and dress up nicely for the interview. He then headed back upstairs towards his apartment.

Day 2: Interview Day

I arrived to work early on then next morning. About 8:30 am, Wellness Supervisor Marcie came to my office, asking if I had seen Grady that morning. I told her I had not seen him yet. She mentioned that I should go see him, because whatever I told him yesterday worked. He had shaved his beard and was getting ready for the interview.



At 9:30 am, he came down with a caregiver to find me for his interview. I told him that "El Jefe" (The Boss) was out of the office today. I gave him his new hire paperwork to complete. Our new hire packets consisted of many forms. He completed his W-4 and I-9 forms. The only thing he couldn't complete was his address; however, he was able to correctly write down his social security number. He reviewed and signed all company policy and procedure acknowledgements. I made him a name tag for the following day.

Day 3: Meet "La Jefa"

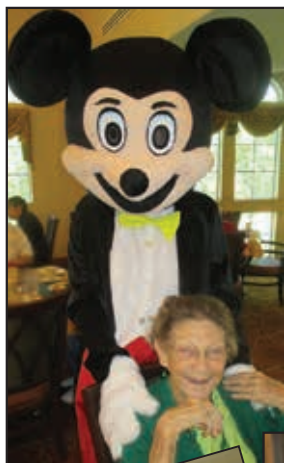
Today, he met with Martha, "La Jefa," to discuss his job and salary expectations. He wasn't sure exactly how much he wanted for salary. After some thought, he said \$45,000 per year. Then he wanted to know what his job duties included. Martha gave him a name tag and asked that he start his job on Monday, 9:30 am.

I wrote a check to Grady for \$45,000. Monday was Labor Day. Neither Martha or I were at the office that day. He did visit Martha's office, looking for us, because it was his first day of work. I was surprised to find out that he remembered to look for his interviewers.

Often, caregivers underestimate that individuals have to be needed or wanted. It's part of being

See Grady's story... page 13

Activities Recap



National Assisted Living Day was celebrated by taking residents on a tour of the U.S. First stop: Big Apple on Sept. 11. Fire Station #22 came for pizza. Next stop: Nashville, then Las Vegas and New Orleans. The final stop was Disneyland, where Mickey and Minnie Mouse, Donald Duck and Goofy entertained.



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Compass' Home Health hosted a lovely ceremony for ESMRC's Veterans Day program





Above, right and below: Arts and crafts is always fun!



*Above: Gardening Club worked to keep the flowers at the front entrance looking beautiful. Later, the club practiced flower-
ing arranging (left).*



Above: ESMRC enjoyed celebrating Oktoberfest with German food and entertainment



Above and right: Students from Cherry Creek Academy came to help residents do crafts as part of their Community Service Day.

Below: A trip to the foothills exposed residents to fall foliage and a picnic.



Activities for Memory Care residents

Residents in Memory Care played parachute games (left), Bingo and colored in pictures from an adult coloring book.



Right and below: Residents learned to play the steel drums



Above: Masonic Youth Trick or Treats to Memory Care residents.



Left: Memory Care residents celebrated Thanksgiving with a dinner that included their families.

Below and right: Christmas celebrations





The Masonic Youth Jobs Daughters and Colorado Rainbow Girls with a few DeMolay hosted reverse Trick or Treating for residents – candy for everyone!



Below: Jobs daughters having fun with a resident



A Halloween bash was enjoyed by residents, staff and families.



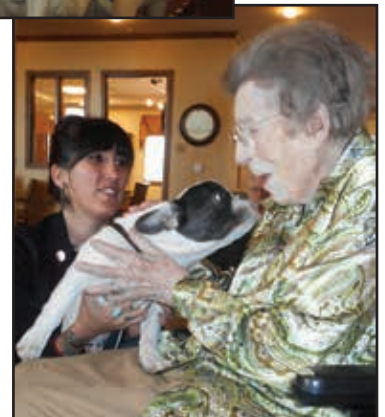
Below: Ladies from Star Vista Village enjoyed a lunch-and-learn program about the Molly Brown House



Below: Patsy and friend

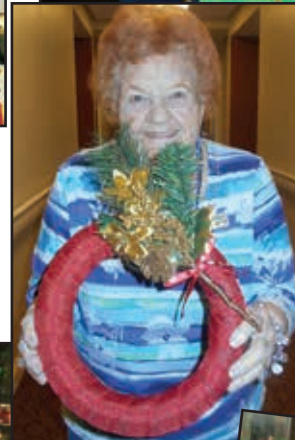


Above: Therapy dogs are welcome visitors





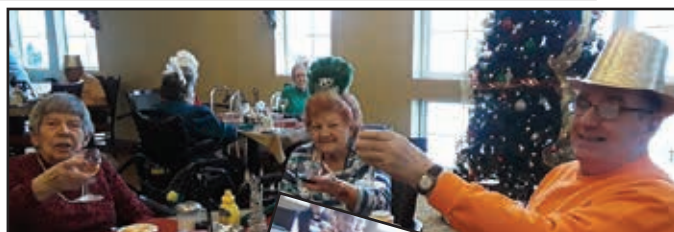
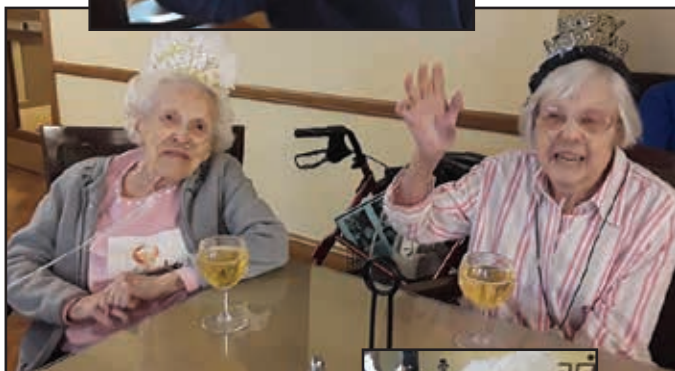
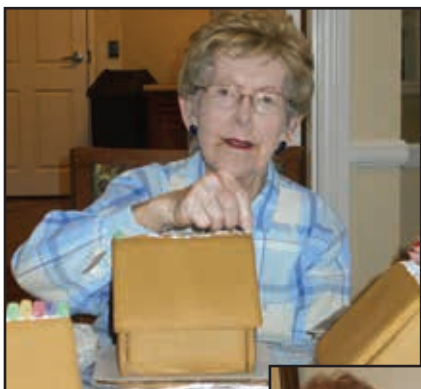
Grand Family Christmas party for the residents. Thank you, Mr. and Mrs. Claus and the Elf!



Our open house Christmas Party.



*Christmas arts and crafts:
residents had fun making
gingerbread houses*



*Pictures from
the countdown
to noon on Jan.
31: Happy New
Year!*



Spotlight on an Employee

Karen Schaeffer, part-time receptionist at ESMRC, joined her dad, Clark Webster, on an Honor Flight in October that was organized by a non-profit organization in Missouri, which flies veterans to Washington, D.C. to see various memorials and be feted for their service in either World War 2 or the Korean War. Karen drove to Missouri to join her dad, who is an Korean veteran, Army, and a Mason, in the flight from Springfield to Washington, D.C.



Above: Karen Schaeffer with her father, Clark Webster, at the World War 2 memorial in Washington, D.C.

Honor Flight of the Ozarks requires all veterans to have a Guardian accompany the veteran on the trip.

Karen highly recommends looking into this wonderful organization. Every regional area has an Honor Flight organization. (Rocky Mountain Honor Flight, www.rockymountainhonorflight.org)

Since Karen is a veteran also, US Navy, Engineer 2nd class petty officer, she got as much out of the trip as her dad did.

It is a long day, but well worth every minute. They arrived at the airport at 0330 along with 82 veterans, guardians, medical staff, and volunteers. The charter flight (American Airlines) had the plane decorated. On taxiing to the runway, they received a water canon salute from the fire department.

When approaching Reagan National Airport the plane was authorized to fly in the “no fly zone” over the Potomac River, which en-

abled passengers to see memorials from both sides of the plane. Upon landing in D.C., there was another water canon salute. All ground personnel waved American flags. All along the concourse, from the minute they got off the plane, all types of police officers, fire department personnel, and airport employees welcomed veterans from the entire plane.

They then boarded busses that took them (with a police escort the entire day) to various memorials: World War 2, Navy, Korean, Vietnam, Lincoln, Air Force, and Women’s. The veterans visited Arlington National Cemetery, with complete changing of the guard ceremony at the Tomb of the Unknown soldier.

Each of the four busses had volunteer tour guides, who were knowledgeable of the city, and each memorial.

The travelers ended the day in DC with a “mail call” for the veterans, where friends and family had sent in cards, letters and well wishes.

Upon landing in Springfield, Missouri (around 2130, 9:30 pm), the governor of Missouri, the local Shriner Band, and hundreds of people welcomed the veterans home.



Left: Election Day Nov. 7: Nancy voted, as did many residents

Spotlight on a Resident

Survivor of Ludlow Massacre turns 104 years old

Ermenia “Marie” Padilla Daley was born into a Spanish home on Jan. 13, 1914. There were five other children, besides Marie, in the coal mining camp of Ludlow, 18 miles northwest of Trinidad. Her father, Elfego, was a coal miner. Her mother, Clorinda, was a homemaker.



Coal miners in southern Colorado had been on strike for 15 months, in 1914, against Colorado Fuel and Iron Company (owned by John D. Rockefeller, Jr.) and two other mine owners. On April 20, fearful of what might happen, many of the women and children were evacuated by train to Trinidad.

One of the most horrific events in Colorado history occurred when the Colorado National Guard and camp guards descended upon the Ludlow encampment. Twenty-six people were killed in a bloody skirmish. Two women and 11 children were reportedly asphyxiated, then the bodies burned under a single tent.

Marie is one of the last known survivors of a tragedy that captured the headlines and hearts of citizens throughout the country. It led, in part, to Congress enacting child labor laws and an eight-hour work day in 1915.

The Padilla family moved to Trinidad.

“After the Ludlow Massacre, the family kind

of split up,” said Bill Daley, Marie’s oldest son. “There’s rumors from various parts of the family about what happened. Suffice to say my grandfather left the family. My grandmother was left with five children. The oldest one was probably in his teens.”

After three years of trying to make ends meet, Marie’s mother made the tough decision to place her three girls in a Catholic orphanage in Pueblo. As a teen, Marie and her sisters moved to the Queen of Heaven Catholic Orphanage in Denver. The older son, Joe, fended for himself. Marie’s mother raised her youngest boy, who is now 102 years old. Details of the other children are uncertain.

After Marie graduated from high school at the orphanage, she did housework for a doctor’s family. She worked hard to earn her keep. While living at the Young Women’s Christian Association (YWCA) home in downtown Denver, Marie was introduced to Al Daley, whom she married. He would become the director of maintenance for the Denver Tramway Company. This company evolved into RTD.

After Al’s retirement, he became a transportation consultant, traveling the world with his wife. The couple lived in Saudi Arabia for two years, while Daley consulted on constructing the country’s bus system.

To this day, Marie continues to dress up every day to socialize with the residents at ESMRC. Although Marie’s memory is no longer what it used to be, she occasionally will sing a song from her past, “ice cream and chocolate cake.” She is an avid walker and loves to be outdoors when the weather permits. Most mornings, you can find Marie sitting in the sun in the ramp area.

Grady’s story...from page 5

human. You underestimate someone with dementia and their capabilities — not intentionally — but due to lack of understanding and training. What happens if one’s ability is magnified versus what he or she has lost?

Through past and current experience, working with this population, I have learned to give some-

one with dementia a purpose. That allows him or her to live their life with dignity through their dementia journey. This is priceless!

Grady’s story is an example of living life with a purpose!

– **Kazoua Lee, Memory Care Coordinator**



Philanthropy —

Eastern Star Masonic Retirement Campus thanks the following Chapters, Lodges and

individuals for their donations to the ESMRC for Sept–Dec 2017.



Greg Brown	Ray Melvin
Grace Burns	Betty Mills family
Gerald Goth	Ella Nuss
Nancy Hand	Margaret Ringhofer
Donna Hass	Dale Rowe
Anthony Korvas	Don Ryan
Heken McCaffery Trust	Jeffery Spence

In memory of Marie Warren:

• Ella Burnett

In memory of Robert Swoope:

• Nancy Swoope

- Jan Giovino
- Laurie Haak
- James Bradfield
- Irene Floreth
- Robert Brevig

Colorado Gives Day —

Toni Adamo	Hugh Clum
Laurie Adams	Karen Collins
Jim and DeAnn	Evelyn Cotton
Anchustegui	Gregory Curd
Melissa Aragon	Ronald and Carol
Craig Bailey	Dendorfer
Miriam Bates	Robert Elsloo
Phil Black	Susan Franzen
Harold Bosshart	David Gans
Gregg Brown	Rocky Graziano
Wayne Burch	Ted and Vicky Haluza
Grace Burns	Cynthia Hamilton
Janet Buttrick	Donna Hass
Jack Carter	Catherine Heflick
Brent Cleaver	Teressa Hudson
Phyllis Click	Terry Hudson

Thank you to the community members who made a donations to RRESMRC on Colorado Gives Day in December! Donations totalled \$5,585!

Ron and Linda Huskey	Shirley Norman
Raju Jairam	Tammy Oldson
George Kafferly	Danile Reichel
Debra Kirsten	Karen Schaeffer
Penny Lake	Daniel Shelton
Gary Lavoie	Mark Short
Kazoua Lee	Nancy Swoope
Lawrence Lillo	Robin and Mike Terry
Diane Martini	Martha Valdez
Paula McClain	Paul Ward
Jennifer and Dylan	Fletcher and Shirley
McLaughlin	Wideman
Joan McMullen	Joanne Wilbur
Roger and Dottie Nittler	Frank Woodhouse
Eleanor Norden	

In-Kind Donations —

donations for the residents of the ESMRC during the months of Sept–Dec 2017.

Carol Danford	Ron Hayden	Jan Schneider (Loyalty Chapter)
Mary Day	Betty Leeke	Robin Terry
Barbara Emmons	Ed Rendon	
Bonna Gayhart	Ric Rogers (Grand	Mt Zion Chapter
Dave Harden	Representative Club)	

We would like to thank the following for supporting the residents this holiday season with the Santa Claus program:

Denver Commandery #1KT	Omar Shabazz	
Knights Templar	Past Matrons and Patrons Club	as well as various Santas in
Ladies of Denver Consistory	Royal Arch #2	the Masonic Family
Liberty Lodge 134		

The Robert Russell Eastern Star Masonic retirement Campus is a 501 (c) 3 non-profit, so all donations are tax deductible. Please make checks payable to Robert Russell Eastern Star Masonic Retirement Campus or R.R.E.S.M.R.C. Send them to Attention Director, 2445 S. Quebec St, Denver, CO 80231.

**ESMRC, in partnership with Columbine Lodge 147, will host a Bonfils Blood Drive
noon–6 pm Friday, April 20, in the Fraternal Relations Room**

Its very easy to sign up:

Go to www.Bonfils.org • Click: DONATE NOW

FIND LOCATION • Enter site code: 0474

And you can register!

Or you can call Bonfils: 303-363-2300

They can help you make the appointment.

If you are interested in signing up, contact

Fraternal Relations Director Pati Sawyer Boex, 303-753-2160, or patis@esmrc.com



Fraternal Activities at Eastern Star Masonic Retirement Campus

2018

- Jan. 16 Dawn Chapter Meeting, 7:30 pm, Fraternal Room
- Jan. 17 Tour of Order of the Eastern Star Museum at 11 am (must do stairs)
- Feb. 7 Unity Chapter Meeting, 7:30 pm, Fraternal Room
- Feb. 13 Royal Arch Dinner, 6:30 pm; Meeting, 7:30 pm
- Feb. 20 Commandery Lodge Dinner, 6:30 pm; Meeting, 7:30 pm
- Feb. 21 AARP Safe Driving Class, 9 am–1 pm, Fraternal Room
- March 6 Dawn Chapter Meeting, 7:30 pm, Fraternal Meeting Room
- March 17 **House of Delegates Meeting**, 10 am, Fraternal Meeting Room

Presentation on Levels of Care

- March 18 Jobs Daughters Easter Egg Hunt for residents, 2 pm
- April 11 Masonic Family Appreciation Evening, 6 pm, Mary Barry Dining Room
- April 20 Bonfils Blood Drive, noon–6 pm, Fraternal Relations Room
- April 26 Loyalty Chapter Meeting, 7:30 pm, Fraternal Room
- April 28 IORG Littleton Assembly #5 Shred-a-thon, 10 am–noon at ESMRC
- May 19 Senior Prom with Masonic Youth, 2 pm
- June 15 Annual Golf Tournament at Park Hill Golf Club
- June 16 **House of Delegates Meeting**, 10 am, Fraternal Meeting Room

Presentation on Summer Fun for Seniors

- July 20 Bonfils Blood Drive, 8 am–1:30 pm, Fraternal Room
- Aug. 1 Evening of Laughter, 7:30 pm, DTC Comedy Works
- Aug. 18 Fraternal Family Community Picnic and Car Show, 11 am–2 pm
- Sept. 19 Weston Lodge Dinner, 6:30 pm; Meeting, 7:30 pm
- Oct. 5 Bonfils Blood Drive, noon–6 pm, Fraternal Relations Room
- Oct. TBD Annual Meeting for House of Delegates, date TBD
- Dec. 15 **House of Delegates Meeting**, 10 am, Fraternal Meeting Room

Presentation on Staying Fit Indoors

It is ESMRC's mission to host a once-a-month Chapter or Lodge meeting in the R. Keith Milheim Fraternal Meeting Room, which can include Masonic residents. If your Chapter or Lodge is interested in hosting a meeting for residents, please contact Fraternal Relations Director Pati Sawyer Boex, 303-753-2160 or patis@esmrc.com.

Spotlight

Robert Russell Eastern Star
Masonic Campus of Colorado, Inc.
2445 South Quebec Street
Denver, CO 80231-9924

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I would like to give a charitable contribution to
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☐ \$25 ☐ \$50 ☐ \$75 ☐ Other _____

☐ Tree of Faith \$100-499 ☐ Tree of Hope \$500-999 ☐ Tree of Love \$1,000 and up

Make checks payable to Eastern Star Masonic Retirement Campus or ESMRC.
Your donation is tax deductible to the fullest extent of the law.

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- ☐ Operating Fund
☐ Home Endowment
☐ In memory of: _____

