EBRUARY 2018 AROUND THE WORLD "FRANCE"									
Sunday 🦉	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
FROM ALL OF US		<u>Color Key</u> Red– Entertainment in Main Dining Room (unless otherwise specified) Purple– Mystery Ride Green– All Cottages Blue-Outings *All activities are subject to change.		<ol> <li>Lunch Social 11:30am</li> <li>9:30am: Morning Exercise (PM)</li> <li>10:00am: Snack Social (SM)</li> <li>11:00am: Homemaking (L)</li> <li>1:30pm: Collage Art (C)</li> <li>2:30pm: Story Time (CR)</li> <li>3:00pm: Sensory Game (CR)</li> <li>4:00pm: Stroll (OP)</li> <li>Mystery Ride (O)</li> </ol>	2 Breakfast Club (O) 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) 1:30pm: Games (C) 1:00pm: Restoration Ministries (R) 2:30pm: Beading (CR) 3:00pm: Name That Tune (R) 4:00pm: Stroll (OP) Mystery Ride (O)	<b>3</b> 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) 1:30pm: Bingo (C) 2:30pm: Pictionary (CR) 3:00pm: All About Me (R) 4:00pm: Stroll (OP)			
<b>4</b> 9:30am: Morning Exercise (PM) 10:00am Music Social (SM) 11:00am: Helping Hands (L) 1:30pm: Bingo (C) 2:30pm: Dot to Dot (CR) 3:00pm: Tailgate Party (S) 4:00pm: Stroll (OP)	<b>5</b> 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) <b>11:00am: Out on the Town (O)</b> 1:30pm: Pictionary (RC) 2:30pm: Bingo (C) 3:00pm: The Ungame (R) 4:00pm: Stroll (OP)	10:00am: Snack Social (SM) 11:00am: Homemaking (L) 1:30pm: Art:Celebrating France (C) 2:30pm: Trivia (C) 3:00pm: Sensory Stimulation (R)	7 5:00pm:Family Night 9:30am:Exercise w/Andrea (P) 10:00am: Snack Social (MS) 10:30am: PB Jazz (MS) 11:00am: Homemaking (L) 1:30pm: Writing Home (C) 2:30pm: Bingo (CR) 3:00pm: Rememory (R) 4:00pm: Stroll (OP) Mystery Ride (O)	8 Lunch Social 11:30am 9:30am: Morning Exercise (P) 10:00am: Snack Social (SM) 10:00am: Carnation Sales (R) 11:00am: Homemaking (L) 1:30pm:V-Day Card Making(C) 2:30pm: Story Time (CR) 3:00pm: Sensory Game (CR) 4:00pm: Stroll (OP) Mystery Ride (O)	<ul> <li>9 Mystery Ride (O)</li> <li>9:30am: Morning Exercise (PM)</li> <li>10:00am: Snack Social (SM)</li> <li>11:00am: Homemaking (L)</li> <li>1:00pm: Restoration Ministries (R)</li> <li>2:30pm: Beading (CR)</li> <li>3:00pm: Name That Tune (R)</li> <li>4:00pm: Stroll (OP)</li> </ul>	<b>10</b> Sweet Heart Luncheon at 11:00 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) 1:30pm: Bingo (C) 2:30pm: Pictionary (CR) 3:00pm: All About Me (R) 4:00pm: Stroll (OP)			
<b>11</b> 9:30am: Morning Exercise (PM) 10:00am Music Social (SM) 11:00am: Helping Hands (L) 1:30pm: Bingo (C) 2:30pm: Dot to Dot (CR) 3:00pm: Devotional Readings (R) 4:00pm: Stroll (OP)	<b>12</b> 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) <b>11:00am: Out on the Town (O)</b> 1:00pm: Creation Station (CR) 1:30pm: Pictionary (RC) 2:30pm: Bingo (C) 3:00pm: The Ungame (R) 4:00pm: Stroll (OP)	<b>13</b> Lunch Social 11:30am 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am:Making King Cake (L) 1:30pm: Art: Celebrating France (CR) 2:30pm: Trivia (C) 3:00pm: Mardi Gras Parade Stroll (PO) Mystery Ride (O)	<b>14</b> Mystery Ride (O) 9:30am:Exercise w/Andrea (P) 10:00am: Snack Social (MS) <b>10:30am:Music with John (M)</b> Happy Valentine's Day! 11:00am: Homemaking (L) 1:30pm: Writing Home (C) 2:30pm: Bingo (CR) 3:00pm: Rememory (R) 4:00pm: Strolll (O)	<b>15</b> Lunch Social 11:30am 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) 1:30pm: Collage Art (C) 2:30pm: Story Time (CR) 3:00pm: Sensory Game (CR) 4:00pm: Stroll (OP) Mystery Ride (O)	<b>16</b> Mystery Ride (O) 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) <b>1:00pm: Restoration Ministries</b> (R) 1:30pm:Fortune Cookies (R) 2:30pm: Chinese Lanterns (CR) 3:00pm: Name That Tune (R) 4:00pm: Stroll (OP)	<b>17</b> 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) 1:30pm: Bingo (C) 2:30pm: Pictionary (CR) 3:00pm: All About Me (R) 4:00pm: Stroll (OP)			
<b>18</b> 9:30am: Morning Exercise (PM) 10:00am Music Social (SM) 11:00am: Helping Hands (L) 1:30pm: Bingo (C) 2:30pm: Dot to Dot (CR) 3:00pm: Devotional Readings (R) 4:00pm: Stroll (OP)	<b>19</b> 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) <b>11:00am: Out on the Town (O)</b> 1:30pm: Pictionary (RC) 2:30pm: Bingo (C) 3:00pm: The Ungame (R) 4:00pm: Stroll (OP)	9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) 1:30pm: Art: Celebrating France (C) 2:30pm: Trivia (C) 3:00pm: Sensory Stimulation (R)	1:30pm: Writing Home (C) 2:30pm: Bingo (CR)	22 Lunch Social 11:30am 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM 11:00am: Homemaking (L) 1:30pm: Collage Art (C) 2:30pm: Story Time (CR) 3:00pm: Sensory Game (CR) 4:00pm: Stroll (OP) Mystery Ride (O)	23 Mystery Ride (O) 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Crepe Making (L) 1:30pm: Games (C) 1:00pm: Restoration Ministries (R) 2:30pm: Beading (CR) 3:00pm: Name That Tune (R) 4:00pm: Stroll (OP)	<b>24</b> 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) 1:30pm: Bingo (C) 2:30pm: Pictionary (CR) 3:00pm: All About Me (R) 4:00pm: Stroll (OP)			
<b>25</b> 9:30am: Morning Exercise (PM) 10:00am Music Social (SM) 11:00am: Helping Hands (L) 1:30pm: Bingo (C) 2:30pm: Dot to Dot (CR) 3:00pm: Devotional Readings (R) 4:00pm: Stroll (OP)	<b>26</b> 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) <b>11:00am: Out on the Town (O)</b> 1:30pm: Pictionary (RC) 2:30pm: Bingo (C) 3:00pm: The Ungame (R) 4:00pm: Stroll (OP)	27 Lunch Social 11:30am 9:30am: Morning Exercise (PM) 10:00am: Snack Social (SM) 11:00am: Homemaking (L) 1:30pm: Art: Celebrating France (C) 2:30pm: Trivia (C) 3:00pm: Sensory Stimulation (R) 4:00pm: Stroll (OP) Mystery Ride (O)	28 9:30am: Exercise w/Andrea (P) 10:00am: Snack Social (MS) 10:30am: The Paul Show (MS) 11:00am: Homemaking (L) 1:30pm: Writing Home (C) 2:30pm: Bingo (CR) 3:00pm: Rememory (R) 4:00pm: Stroll (O) Mystery Ride (O)		<u>The Daily 7 Key</u> ( <i>P</i> ) -Physical Wellness ( <i>R</i> ) -Reminiscent ( <i>S</i> ) -Social ( <i>C</i> ) -Cognitive ( <i>M</i> ) -Music Related ( <i>L</i> ) -Life Skill ( <i>O</i> ) -Outdoor	Nume Nume Nume Nume Nume Nume Nume Nume			

			<b>PACIFICA</b> SENIOR LIVING BELLEAIR			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 MORNING Exercise Laundry/Sorting Snack and Chat AFTERNOON Games Watering Flowers Nail Care	2 MORNING Exercise Snack and Chat Sing-a-Long AFTERNOON Clean-Up Funny sayings Hand Massages	3 MORNING Exercise Folding/Sorting Snack and Chat AFTERNOON Nail Care Helping Hands Matinee Movie
4 <u>Morning</u> Exercise Spiritual Circle of Friends <u>Afternoon</u> Short Stories and Reflection Movie Matinee	5 MORNING Exercise Snack and Chat AFTERNOON Helping Hands Name That Tune Hand Massages	6 MORNING Exercise Clean-Up Snack and Chat AFTERNOON Laundry /Sorting Nail Care	7 <u>MORNING</u> Exercise Helping Hands Snack and Chat <u>AFTERNOON</u> Clean-Up Hand Massages Music Therapy	8 MORNING Exercise Laundry/Sorting Snack and Chat AFTERNOON Games Watering Flowers Nail Care	9 MORNING Exercise Snack and Chat Sing-a-Long AFTERNOON Clean-Up Funny sayings Hand Massages	10 MORNING Exercise Folding/Sorting Snack and Chat AFTERNOON Nail Care Helping Hands Matinee Movie
11 <u>Morning</u> Exercise Spiritual Circle of Friends <u>Afternoon</u> Short Stories and Reflection Movie Matinee	12 <u>MORNING</u> Exercise Snack and Chat <u>AFTERNOON</u> Helping Hands Name That Tune Hand Massages	13 MORNING Nail Care Clean-Up Snack and Chat Exercise AFTERNOON Laundry /Sorting Baking	14 MORNING Exercise Helping Hands Snack and Chat AFTERNOON Clean-Up Hand Massages Music Therapy	15 <u>MORNING</u> Exercise Laundry/Sorting Snack and Chat <u>AFTERNOON</u> Games Watering Flowers Nail Care	16 MORNING Exercise Snack and Chat Sing-a-Long AFTERNOON Clean-Up Funny sayings Hand Massages	17 MORNING Exercise Folding/Sorting Snack and Chat AFTERNOON Nail Care Helping Hands Matinee Movie
18 <u>Morning</u> Exercise Spiritual Circle of Friends <u>Afternoon</u> Short Stories and Reflection Movie Matinee	19 MORNING Exercise Snack and Chat AFTERNOON Helping Hands Name That Tune Hand Massages	20 MORNING Nail Care Clean-Up Snack and Chat Exercise AFTERNOON Laundry /Sorting Baking	21 MORNING Exercise Helping Hands Snack and Chat AFTERNOON Clean-Up Hand Massages Music Therapy	22 MORNING Exercise Laundry/Sorting Snack and Chat AFTERNOON Games Watering Flowers Nail Care	23 MORNING Exercise Snack and Chat Sing-a-Long AFTERNOON Clean-Up Funny sayings Hand Massages	24 MORNING Exercise Folding/Sorting Snack and Chat AFTERNOON Nail Care Helping Hands Matinee Movie
25 <u>Morning</u> Exercise Spiritual Circle of Friends <u>Afternoon</u> Short Stories and Reflection Movie Matinee	26 MORNING Exercise Snack and Chat AFTERNOON Helping Hands Name That Tune Hand Massages	27 MORNING Nail Care Clean-Up Snack and Chat Exercise AFTERNOON Laundry /Sorting Baking	28 MORNING Exercise Helping Hands Snack and Chat AFTERNOON Clean-Up Hand Massages Music Therapy	Wheelchair Clinic by Salus of Tampa Bay Tuesday at 10:00am	<u>Support Group</u> Spouse Loss: Any Age February 6-March 13 Tuesdays, 1pm-3pm	