



# February-Blue Ridge Memory Care Activities



Breakfast: 8am      Lunch: 12:30pm      Dinner: 5:30pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 11-Exercise 11:30-Trivia 1:30-Special Activity W/Elizabeth 3-Color Sheet/Music	2 <u>Groundhog Day</u> 11-Exercise 11:30-Music W/ Sam 1:30-Puzzles 4-Reminiscing	3 11-Music 2-Trivia 3:30-Ball Toss 4-Reminiscing
4 11-Music 2-Church Service (AL) 3:30-Basketball	5 11-Exercise 11:30-Music W/Sam 1:30-Bingo 2-Hinkle Family Music	6 10:45-Dog Therapy/Mira 11-Exercise 11:30-Trivia 1:30-Vital Clinic 3-Ball Toss	7 11-Exercise 11:30-Music W/Sam 1:30-Poetry 4-Reminiscing	8 11-Exercise 11:30-Trivia 1:30-Special Activity W/Elizabeth 3-Corn Hole/Music	9 11-Exercise 11:30-Music W/ Sam 1:30-Puzzles 4-Reminiscing	10 11-Music 2-Trivia 3:30-Balloon Game 4-Reminiscing
11 11-Music 2-Church Service (AL) 3:30-Basketball <b>Happy Birthday Johnnie Watkins!!</b>	12 11-Exercise 11:30-Music W/Sam 1:30-Bingo 2:30-Music/Puzzles 4-Puzzles	13 10:45-Dog Therapy/Mira 11-Exercise 11:30-Trivia 1:30-Vital Clinic 3-Ball Toss	14 <b><u>Valentine's Day</u></b> 11-Exercise 11:30-Music W/Sam 3-Cookie Decorating 4-Music Interaction	15 11-Exercise 11:30-Trivia 1:30-Special Activity W/Elizabeth 2-Wesley Crider	16 10:30-Belly Dancer 11:30-Music W/ Sam 1:30-Puzzles 2-Magic Show 4-Reminiscing	17 11-Music 2-Trivia 3:30-Ball Toss 4-Reminiscing <b>Happy Birthday John Holtz!</b>
18 11-Music 2-Church Service (AL) 3:30-Basketball	19 11-Exercise 11:30-Music W/Sam 1:30-Bingo 2:30-Music/Puzzles 4-Puzzles	20 <b><u>Dr. Tidman</u></b> 10:45-Dog Therapy/Mira 11-Exercise 11:30-Trivia 1:30-Vital Clinic 3-Ball Toss	21 11-Exercise 11:30-Music W/Sam 1:30-Poetry 4-Reminiscing	22 10:30-Parkinson's Support Group 100 Hall 11-Exercise 11:30-Trivia 1:30-Special Activity W/Elizabeth 3-Balloon Game/Music	23 11-Exercise 11:30-Music W/ Sam 1:30-Puzzles 3-Birthday Party 4-Reminiscing	24 11-Music 2-Trivia 3:30-Balloon Game 4-Reminiscing
25 11-Music 2-Church Service (AL) 3:30-Basketball	26 11-Exercise 11:30-Music W/Sam 1:30-Bingo 2:30-Music/Puzzles 4-Puzzles	27 <b><u>Alzheimer's Awareness</u></b> 10:45-Dog Therapy/Mira 11-Exercise 11:30-Trivia 1:30-Vital Clinic 3-Ball Toss  <i>Wear Purple in support of Alzheimer's Awareness</i>	28 11-Exercise 11:30-Music W/Sam 1:30-Poetry 4-Reminiscing	Homestead Hospice will be hosting the Alzheimer's Support group February 6 <sup>th</sup> , 2018 @ 11am in the 100 Hall of Assisted Living	Homestead Grief Support group meets February 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> , and 27 <sup>th</sup> . @ 11 in 100 Hall of AL  <b><u>ALL ARE WELCOME!</u></b>	 Alzheimer's Awareness Month

