




# February Blue Ridge Assisted Living Activities

Breakfast: 8am

Lunch: 12:30pm

Dinner: 5:30pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
					1 10-Exercise 10:30-Weather/Current Events 2-Walmart or TJ Maxx 4-Puzzles 200 Hall	2 <u>Groundhog Day</u> 10-Exercise 10:30-Trivia 11-Creative Writing 2-Wine and Cheese Meet	3 11-Bingo 2-Movie/Three Amigos 100-Hall/Popcorn 4-Puzzles 200 Hall
4 11-Puzzles/Books 2-Church Service 1 <sup>st</sup> Presbyterian 4-Movie of choice	5 10-Exercise 10:30-Trivia/Weather 1:30-Bridge 1:30-Men's Card Games 3-Hinkle Family Music	6 10-Exercise 10:30-Dog Therapy/Mira 10:45-Health Chat 11-Homestead Grief Support 2-Singing Ranger 100 hall 3-Bible Study	7 10-Exercise 10:30-Current Events 10:45-Trivia 11:30-Veterans Chat 100 hall 2:30-Bingo	8 10-Exercise 10:30-Weather/Current Events 2-Walmart or TJ Maxx 4-Puzzles 200 Hall	9 10-Exercise 10:30-Trivia 11-Puzzles/Games 200 Hall 2-Resident Social	10 11-Bingo 2-Movie/You're in the navy now 100-hall-popcorn 4-Puzzles 200 Hall	
11 11-Puzzles/Books 2-Church Service Church of Christ 4-Movie Of Choice	12 10-Exercise 10:30-Trivia/Weather 1:30-Bridge 1:30-Men's Card Games 2:30-Bingo	13 10-Exercise 10:30-Dog Therapy/Mira 10:45-Health Chat 11-Homestead Grief Group 11-Alzheimers Support Group 2-Vital Clinic 3-Bible Study	14 <u>Valentine's Day</u> 10-Exercise 10:30-Cookie Decorating 2:30-Bingo 4-Trivia	15 10-Exercise 10:30-Weather/Current Events 3-Wesley Crider 4-Puzzles 200 Hall	16 10-Belly Dancer 10:30-Current Events 11-Creative Writing 3-Magic Show 4-Trivia	17 11-Bingo 2-Movie/ where hope grows 100-hall-popcorn 4-Puzzles 200 Hall	
18 11-Puzzles/Books 2-Church Service Highlands 4-movie of choice	19 <u>President's Day</u> 10-Exercise 10:30-Trivia/Weather 1:30-Bridge 1:30-Men's Card Games 2:30-Bingo	20 <u>Dr Tidman</u> 10-Exercise 10:30-Dog Therapy/Mira 10:45-Health Chat 11-Homestead Grief Support 2-Vital Clinic 3-Bible Study	21 10-Exercise 10:30-Current Events 10:45-Trivia 2:30-Bingo	22 10-Exercise 10:30-Parkinson's Group 2-Walmart or TJ Maxx 4-Puzzles 200 Hall	23 10-Exercise 10:30-Trivia 2-Resident Birthday	24 11-Bingo 2-Movie/Cold Mountain 100-hall-popcorn 4-Puzzles 200 Hall	
25 11-Puzzles/Books 2-Church Service (Kirk) 4-Movie of choice	26 10-Exercise 10:30-Trivia/Weather 1:30-Bridge 1:30-Men's Card Games 2:30-Bingo	27 <u>Alzheimer's Awareness</u> 10-Exercise 10:30-Dog Therapy/Mira 10:45-Health Chat 11-Homestead Grief Support 3-Bible Study Wear Purple to support Alzheimer's Awareness	28 10-Exercise 10:30-Current Events 10:45-Trivia 2:30-Bingo Happy Birthday JoAnn Stockdell	 Alzheimer's Awareness Month	<u>RESIDENT MEETING</u> February 20 <sup>th</sup> , 2018 @ 2pm!	*calendar subject to change	

