




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>February 2018</h1> <h2>WINDING COMMONS ACTIVITIES</h2> 				9:00am- Balance Class 10:00am- POKER WALK 12:30pm-Pinochle 1:00pm-Word Puzzles 2:00pm- FOOD FACTS 3:00pm-Rhythm Band 7:00pm-Trivia	1 9:00am- Exercise Weights and Balance 1:00pm-Pokeno 3:30pm-Resident Wine Social 7:00pm-Bingo <small>Groundhog Day</small>	2 9:00am-Wii Bowling 12:30pm-Canasta 2:30pm-BB Baseball 3:30pm- WILLIE BOB'S KARAOKE 7:00pm- SATURDAY NIGHT MOVIE
12:00pm-Wii Games 12:30pm-Mexican Train 1:00pm-Chapel Protestant Services 1:00pm-Sequence 2:00pm- SUPER BOWL POTLUCK TAIL GATE PARTY	4 9:00am- Exercise 9:00am-Wii Bowling 10:00am- PING PONG 1:00pm- WALKER AND CHAIR DANCE EXERCISE 1:15pm- POKER 2:00pm- PUZZLES AND SNACKS 2:30pm- JANE ON PIANO 5:45pm-Bridge	5 9:00am-Bible Study 9:00am- Exercise 11:00am- LUNCH AT THE SIZZLER 1:30pm-Volleyball 2:30pm-Rummy 7:00pm- BINGO	6 9:00am- Stretch & Sticks 10:00am- YOGA WITH COMFORT KEEPERS 12:30pm-Mexican Train 1:00pm- WALKER AND CHAIR DANCE EXERCISE 3:30pm- BIRTHDAY CELEBRATION WITH ANTONIO 4:30pm- BIRTHDAY DINNER 7:00pm- MOVIE NIGHT	7 9:00am- Balance Class 12:30pm-Pinochle 1:00pm-Word Puzzles 2:00pm- BEGINNING TAP DANCE CLASS 3:00pm-Rhythm Band 7:00pm-Trivia	8 9:00am- Exercise Weights and Balance 1:00pm-Pokeno 3:30pm-Resident Wine Social 7:00pm-Bingo	9 9:00am-Wii Bowling 12:30pm-Canasta 2:30pm-BB Baseball 7:00pm- SATURDAY NIGHT MOVIE
12:00pm-Wii Games 12:30pm-Mexican Train 1:00pm-Chapel Protestant Services 1:00pm-Sequence 3:00pm- FIRESIDE CHAT	11 9:00am- Exercise 9:00am-Wii Bowling 10:00pm- PING PONG 1:00pm- WALKER AND CHAIR DANCE EXERCISE 1:15pm- POKER 2:00pm- PUZZLES AND SNACKS 5:45pm-Bridge	12 9:00am-Bible Study 9:00am- Exercise 10:00am- LEAVE FOR JELLY BELLY FACTORY/LUNCH 1:30pm-Volleyball 2:30pm-Rummy 7:00pm- BINGO <small>Mardi Gras</small>	13 9:00am- Stretch & Sticks 12:30pm-Mexican Train 1:00pm- WALKER AND CHAIR DANCE EXERCISE 2:00pm- VALENTINE'S SWEETHEART BALL WITH THE GOOD TIME JAZZ BAND. 4:30pm- VALENTINE SPECIAL DINNER 7:00pm- MOVIE NIGHT <small>Valentine's Day</small>	14 9:00am- Balance Class 10:00am- ACTIVITIES MTG. 10:00am- POKER WALK 12:30pm-Pinochle 1:00pm-Word Puzzles 1:30pm- PRESENTATION HOW TAX REFORM WILL AFFECT RETIREES 3:00pm-Rhythm Band 7:00pm-Trivia	15 9:00am- Exercise Weights and Balance 1:00pm-Pokeno 3:30pm-Resident Wine Social 7:00pm-Bingo <small>Chinese New Year</small>	16 9:00am-Wii Bowling 12:30pm-Canasta 2:30pm-BB Baseball 3:30pm- WILLIE BOB'S KARAOKE 7:00pm- SATURDAY NIGHT MOVIE
12:00pm-Wii Games 12:30pm-Mexican Train 1:00pm-Chapel Protestant Services 1:00pm-Sequence 3:00pm- GAME DAY	18 9:00am- Exercise 9:00am-Wii Bowling 10:00am- PING PONG 1:00pm- WALKER AND CHAIR DANCE EXERCISE 1:15pm- POKER 2:00pm- PUZZLES AND SNACKS 2:30pm- JANE ON PIANO 5:45pm-Bridge <small>Presidents' Day (US)</small>	19 9:00am-Bible Study 9:00am- Exercise 10:30am- LUNCH AT MIMI'S FOLSOM 1:30pm-Volleyball 2:30pm-Rummy 7:00pm- BINGO	20 9:00am- Stretch & Sticks 12:30pm-Mexican Train 1:00pm- WALKER AND CHAIR DANCE EXERCISE 3:30pm- HAPPY HOUR WITH MARVIN ULVILD 7:00pm- MOVIE NIGHT	21 9:00am- Balance Class 10:00am- CRAFTS WITH NADIA 12:30pm-Pinochle 1:00pm-Word Puzzles 2:00pm- BEGINNING TAP DANCE CLASS 3:00pm-Rhythm Band 7:00pm-Trivia	22 9:00am- Exercise Weights and Balance 1:00pm-Pokeno 3:30pm-Resident Wine Social 7:00pm-Bingo	23 9:00am-Wii Bowling 12:30pm-Canasta 2:30pm-BB Baseball 7:00pm- SATURDAY NIGHT MOVIE
12:00pm-Wii Games 12:30pm-Mexican Train 1:00pm-Chapel Protestant Services 1:00pm-Sequence 3:00pm- FIRESIDE CHAT	25 9:00am- Exercise 9:00am-Wii Bowling 10:00am- PING PONG 1:00pm- WALKER AND CHAIR DANCE EXERCISE 1:15pm- POKER 2:00pm- PUZZLES AND SNACKS 3:00pm- BOOK CLUB 5:45pm-Bridge	26 9:00am-Bible Study 9:00am- Exercise 10:30am- LUNCH AT THE CHEESE CAKE FACTORY 1:00pm- BOOKMOBILE 1:30pm-Volleyball 2:30pm-Rummy 7:00pm- BINGO	27 9:00am- Stretch & Sticks 10:00am- Wii BOWLING WINDING VS. CAMPUS AT WINDING 12:30pm-Mexican Train 1:00pm- WALKER AND CHAIR DANCE EXERCISE 3:30pm- HAPPY HOUR WITH THE SONGBIRD TRIO 7:00pm- MOVIE NIGHT	 <h3>Love is in the Air at the Winding Commons Valentine's Sweetheart Ball.</h3> 