

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Exercise/Rosalie 1:15 Bingo 1:30 15 Minute Meditation 2:30 Video Hour 6:30 Bingo-Palooza New Year's Day	9-11 Doctor Appts 9:30 Chair Exercise 10:00 Crafts/Stitchery Group 1:30 Crafting 1:30 Poker 1:30 Shopping-Kmart Ctr 6:00 Rummikub	830 Coffee House W/Earnie 9:30 Exercise W/Rosalie 10:30 Bible Study 1:15 Bingo 3:00 Happy Hour 6:00 Mexican Train Dominos Norma Reynolds	9:00 Banking 9:00 Blood Pressure 9:30 Chair Exercise 10:00 Shopping 10:30 Active W/Earnie 1:30 Shopping Misc 1:30 Walking Mt Shasta Mall 1:30 Poker 6:00 Rummikub	9:30 Exercise W/Rosalie 10:15 Coffee House W/Earnie & Jennifer 11:00 Lunch Out 1:15 Bingo 300 Fringe Benefits 6:00 Pinochle Muriel Kayser Betty Twitchell	10:00 Knitting & Crocheting 1:15 Bingo 1:30 Poker 2:30 Movie of the Week W/Jennifer 6:00 Rummikub 6:00 Poker 6:30 Art W/Andrea
10:30 Catholic Service 1:30 Crafts W/Katherine 2:00 Stamp Club 3:00 Chapel w/Pastor Wiseman 6:00 Mexican Train Dominos	9:30 Exercise/Rosalie 1:15 Bingo 1:30 15 Minute Meditation 2:30 Video Hour 6:30 Bingo Alpha Tolbert	9-11 Doctor Appts 9:30 Chair Exercise 10:00 Crafts 1:30 Crafting 1:30 Poker 1:30 Shopping 300 Jake on the Piano 6:00 Rummikub	830 Coffee House W/Earnie 9:30 Exercise W/Rosalie 10:30 Bible Study 1:15 Bingo 6:00 Mexican Train Dominos 6:15 Happy Hour W/Pine Dogz	9:00 Banking 9:00 Blood Pressure 9:30 Chair Exercise 10:00 Shopping 10:30 Active W/Earnie 1:30 Shopping Misc 1:30 Walking Mt Shasta Mall 1:30 Poker 6:00 Rummikub Linda Stanford Jean Richardson	9:30 Exercise W/Rosalie 10:15 Coffee House W/Earnie & Jennifer 11:00 Lunch Out 1:15 Bingo 6:00 Pinochle Linda Darker	10:00 Knitting & Crocheting 1:15 Bingo 1:30 Poker 2:30 Movie of the Week W/Jennifer 6:00 Rummikub 6:00 Poker 6:30 Art W/Andrea
10:30 Catholic Service 1:30 Crafts W/Katherine 3:00 Chapel w/Pastor Logan 6:00 Mexican Train Dominos	9:30 Exercise/Rosalie 1:15 Bingo 1:30 15 Minute Meditation 2:30 Video Hour 6:30 Bingo Nita Thompson Martin Luther King Day	9-11 Doctor Appts 9:30 Chair Exercise 10:00 Crafts 1:30 Crafting 1:30 Poker 1:30 Shopping 3:00 Dawgs w/Thumbs 6:00 Rummikub	830 Coffee House W/Earnie 9:30 Exercise W/Rosalie 10:30 Bible Study 1:15 Bingo 2:30 Walker Clinic-Everything Medical 3:00 Happy Hour 6:00 Mexican Train Dominos	9:00 Banking 9:00 Blood Pressure 9:30 Chair Exercise 10:00 Shopping 10:30 Active W/Earnie 1:30 Shopping Misc 1:30 Walking Mt Shasta Mall 1:30 Poker 6:00 Rummikub Anne Nicol	9:30 Exercise W/Rosalie 10:15 Coffee House W/Earnie & Jennifer 11:00 Lunch Out 1:15 Bingo 3:00 Goody Goody Band 4:00 Chili Cook-Off 6:00 Pinochle Jackie Powell	10:00 Knitting & Crocheting 1:15 Bingo 1:30 Poker 2:30 Movie of the Week W/Jennifer 6:00 Rummikub 6:00 Poker 6:30 Art W/Andrea
10:30 Catholic Service 1:30 Crafts W/Katherine 3:00 Chapel w/Pastor 6:00 Mexican Train Dominos Jan Roggentine	9:30 Exercise/Rosalie 1:15 Bingo 1:30 15 Minute Meditation 2:30 Video Hour 6:30 Bingo	9-11 Doctor Appts 9:30 Chair Exercise 10:00 Crafts 1:30 Crafting 1:30 Poker 1:30 Shopping 3:00 Jake on the Piano 6:00 Rummikub	830 Coffee House W/Earnie 9:30 Exercise W/Rosalie 10:30 Bible Study 1:15 Bingo 3:00 Happy Hour 6:00 Mexican Train Dominos	9:00 Banking 9:00 Blood Pressure 9:30 Chair Exercise 10:00 Shopping 10:30 Active W/Earnie 1:30 Shopping Misc 1:3 Walking Mt Shasta Mall 1:30 Poker 6:00 Rummikub	9:30 Exercise W/Rosalie 10:15 Coffee House W/Earnie & Jennifer 11:00 Lunch Out 1:15 Bingo 6:00 Pinochle Australia Day	10:00 Knitting & Crocheting 1:15 Bingo 1:30 Poker 2:30 Movie of the Week W/Jennifer 6:00 Rummikub 6:00 Poker 6:30 Art W/Andrea
10:30 Catholic Service 1:30 Crafts W/Katherine 3:00 Chapel w/Pastor Dahl 6:00 Mexican Train Dominos	9:30 Exercise/Rosalie 1:15 Bingo 1:30 15 Minute Meditation 2:30 Video Hour 6:30 Bingo	9:00 Doctor Appts 9:30 Chair Exercise 10:00 Crafts 1:30 Crafting 1:30 Poker 1:30 Shopping 6:00 Rummikub Betty Siler Ronnie Solomon	830 Coffee House W/Earnie 9:30 Exercise W/Rosalie 10:30 Bible Study 1:15 Bingo 3:00 Happy Hour 6:00 Mexican Train Dominos Tu B'Shevat			