



January

The Heritage
at Fox Run

Assisted

SUN	MON	TUE	WED	THU	FRI	SAT	
CH-Chapel CS-Coffee Shop CY-Court Yard D-Dining Room L-Library LE-Life Enrichment PD-Private Dining Room TH-Theatre TR-Tea Room W-Wellness Room FP-Fire Place	1 Happy New Year!!! 9:00 Catholic Communion in the Chapel 9:00 Movie Monday Exercise Class-TH 9:30 Walking Club-WR 10:00 Cookie Social-CS 2:00 Ice Cream Treats in the Coffee Shop 3:00 Card Games in the Library	2 9:00 Tuesday's Strength Training Exercise-WR 9:30 Walking Club-2nd 9:30 Take Down Christmas Decorations 10:00 Cookie Social 11:00 Snapshots Programming 2:00 Bingo-DR 3:15 Town Hall Meeting-Coffee Shop	3 9:00 Tummy Tucks Exercise Class-WR 9:30 Walking Club 10:00 Coffee Social-CS 10:30 Chapel Service with Pastor Blodgett 10:45 Lunch at Ruby Tuesday 2:00 State Trivia with Sandy-CS 3:00 Fresh Popcorn and Card Games-CS & L	4 9:00 Core Strength Class in the Wellness Room 9:30 Walking Club-2nd 10:00 Coffee Social-CS 10:30 Snapshots 2:00 Tai Chi Exercise Class-WR 3:00 Hot Cocoa and Trivia in the Coffee Shop 3:00 Fox Run Boutique	5 9:00 Exercise DVD-TH 9:30 Walking Club-2nd 9:30 Shopping at Metro Area Crossing 10:00 Coffee Social-CS 10:00 First Friday Catholic Communion-CS 2:00 Pie Party in the Coffee Shop 3:00 Joggin' Your Noggin' Trivia-CS	6 9:00 Self Lead Exercise Class-CS 10:00 Flavored Coffee in the Coffee Shop 12:00 Lunch in the Dining Room 1:15 Bingo in the Coffee Shop 2:15 Keep It Sharp Trivia in the Coffee Shop	
	7 9:30 Morning Worship Service with First Christian Church-CH 10:30 Cookie Social-CS 12:00 Lunch-DR 1:15 Piggy Bank Bingo-CS 2:15 Trivia in the Coffee Shop 7:00 Watch America's Funniest Video's-CS	8 9:00 Catholic Communion in the Chapel 9:00 Movie Monday Exercise Class-TH 9:30 Walking Club-WR 10:00 Cookie Social in the Coffee Shop 2:00 Music of Ben Tomasello in the Coffee Shop 3:00 Ladder Ball Competition-CS	9 9:00 Tuesday's Strength Training Exercise-WR 9:30 Walking Club-2nd 10:00 Cookie Social-CS 10:00 Bowling in the Hallway 11:00 Snapshots Programming 2:00 Bingo in the Dining Room	10 Library Day!!! 9:00 Tummy Tucks Exercise Class-WR 9:30 Walking Club 10:00 Coffee Social-CS 10:30 Chapel Service with Pastor Blodgett 10:45 Lunch at Pizza Ranch Buffett 2:00 SJA Animal Visits in the Coffee Shop 3:00 Hang Man-CS	11 9:00 Core Strength Class in the Wellness Room 9:30 Walking Club-2nd 9:30 Banking Hour-L 10:30 Snapshots 2:00 Tai Chi Exercise Class-WR 3:00 Timeslips Story Telling-CS 3:00 Fox Run Boutique in the Wellness Room	12 9:00 Exercise DVD-TH 9:30 Walking Club-2nd 9:30 Shopping at Walmart 10:00 Coffee Social-CS 10:30 Catholic Mass-CH 1:45 Afternoon Country Drive to see the Winter Landscapes -Please RSVP for this Event	13 9:00 Self Lead Exercise Class in-WR 10:30 Flavored Coffee Social in the Coffee Shop 10:30 Make Peanut Butter Crackers 12:00 Lunch in the Dining Room 1:30 Bingo in the Coffee Shop 3:00 Cards Games-CS
	14 9:30 Morning Worship Service with First Christian Church-CH 10:30 Cookie Social-CS 12:00 Lunch-DR 1:15 Piggy Bank Bingo in the Coffee Shop 2:15 Fresh Buttery Popcorn-CS 7:00 Watch America's Funniest Video's-	15 9:00 Catholic Communion in the Chapel 9:00 Movie Monday Exercise Class-TH 9:30 Walking Club-WR 10:00 Baked Goodies 10:00 Nail Care-FP 2:00 Fresh Veggies in the Coffee Shop 3:00 Sing-A-Long in the Coffee Shop	16 9:00 Tuesday's Strength Training Exercise-WR 9:30 Walking Club-WR 9:00 Custom Hearing-T 10:00 Bowling in the Hallway 10:00 Coffee Social-CS 11:15 Snapshots-LE 2:00 Bingo in the Dining Room 3:00 Whack Em' Sticks	17 9:00 Tummy Tucks Exercise Class-WR 9:30 Walking Club-2nd 10:00 Coffee Social-CS 10:30 Chapel Service with Pastor Blodgett 10:45 Out to Lunch at Red Lobster 2:00 Water Bottle Snow Man Craft in the Coffee Shop 3:00 Advanced Coloring	18 9:00 Core Strength Class in the Wellness Room 9:30 Walking Club 10:00 Snapshots-LE 10:00 Cookie Social-CS 2:00 Tai Chi Exercise Class-WR 3:00 Music Bingo in the Coffee Shop 3:00 Fox Run Boutique in the Wellness Room	19 9:00 Exercise DVD-TH 9:30 Walking Club 9:30 Shopping at Metro Area Crossing 10:00 Cookie Social-CS 2:00 Wine and Cheese Party-CS 3:00 Get to Know Your Neighbor Conversation Game in the Coffee Shop	20 9:00 Self Lead Exercise Class in the Wellness Room 10:30 Good Morning Bingo-CS 12:00 Lunch in the Dining Room 1:30 New Resident Reception in the Coffee Shop 6:00 Movie in the Theater-Your Choice!
	21 9:30 Morning Worship Service with First Christian Church-CH 10:30 Cookie Social-CS 12:00 Lunch-DR 1:15 Piggy Bank Bingo in the Coffee Shop 2:15 Coloring in the Coffee Shop	22 9:00 Catholic Communion in the Chapel 9:00 Movie Monday Exercise Class-TH 9:30 Walking Club-WR 10:00 Cookie Social-CS 2:00 Whack Em' Sticks 3:00 Fresh Fruit-CS 4:00 Order Kentucky Fired Chicken-\$ & Order Need By 3:30	23 9:00 Tuesday's Strength Training Exercise-WR 9:30 Walking Club-2nd 10:00 Cookie Social in the Coffee Shop 10:00 Bowling-Hallway 11:15 Snapshots-CS 2:00 Bingo-DR 3:00 Double Chocolate Sundaes-CS	24 9:30 Walking Club-2nd 10:00 Coffee Social-CS 10:30 Chapel Service with Pastor Blodgett 1:45 Out and About on a Country Drive North of Town-Please RSVP for this Event 3:00 Library Book Club-Bring Your Books-L	25 9:00 Whack Em' Sticks Exercise Class 9:30 Walking Club 10:00 Cookie Social in the Coffee Shop 10:00 Snapshots 2:00 Tai Chi Exercise Class-WR 3:00 What's in That Bag Game?!?!-CS 3:00 Fox Run Boutique	26 9:00 Exercise DVD-TH 9:30 Walking Club 9:30 Shopping at Walmart 10:00 Coffee Social-CS 2:00 Music of George and the Junior-CS 3:00 Afternoon Exercise Class-CS 6:30 Friday Night Movie	27 9:00 Self Lead Exercise Class-WR 10:00 Flavored Coffee in the Coffee Shop 12:00 Lunch in the Dining Room 1:15 Bingo in the Coffee Shop 2:30 "Word Search" Game in the Coffee Shop
	28 9:30 Morning Worship Service with First Christian Church-CH 12:00 Lunch-DR 1:15 Piggy Bank Bingo in the Coffee Shop 2:15 Popcorn in the Coffee Shop 7:00 Watch America's Funniest Video's-Coffee Shop	29 9:00 Catholic Communion-CH 9:00 Exercise Class in the Wellness Room-Self Lead 10:00 Coffee Social in the Coffee Shop 2:00 Music of Aaron Shoemaker in the Coffee Shop 3:00 Strawberry Sundaes-CS	30 9:00 Tuesday's Strength Training Exercise-WR 9:30 Walking Club 10:00 Cookie Social 11:00 Daily Devotions 11:15 Snapshots-CS 2:00 "100 Years of Fontenelle Forest" Program-CS 3:00 Keep It Sharp	31 9:00 Tummy Tucks Exercise Class-WR 9:30 Walking Club-2nd 10:00 Coffee Social-CS 10:30 Chapel Service with Pastor Blodgett 10:30 Out to Lunch at Village Inn for Lunch and FREE Pie 2:00 Coloring in the Coffee Shop 3:00 Card Games-CS	Resident Birthdays 1st Billie Combs 14th Christina Jilek 21st Enid Sparr 24th Judy Clark		Staff Birthdays 11th Susan Meier 1st Damien Johnson

