

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2018

## Compass Rose Lifestyle Calendar

<p>1</p> <ul style="list-style-type: none"> <li>~ Let's Talk About It</li> <li>~ Welcome to February Social</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Residents Lunch</li> <li>~ IN2L: Name that Tune</li> <li>~ Armchair Travel</li> <li>~ <b>TGIT Happy Hour:</b> Linda Herring in Manor Dining Room at 2:30 p.m.</li> <li>~ Socializing and Reminiscing</li> <li>~ Thursday Night Sports</li> </ul>	<p>2</p> <ul style="list-style-type: none"> <li>~ Today in History</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ <b>Chair Yoga with Laurel</b></li> <li>~ Residents Lunch</li> <li>~ IN Room Visitations</li> <li>~ IN2L Travelogue</li> <li>~ IN2L BINGO</li> <li>~ Socializing and Reminiscing</li> <li>~ Popcorn and a Movie</li> </ul> <p>Groundhog Day</p>	<p>3</p> <ul style="list-style-type: none"> <li>~ Daily Chronicles</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Balloon Volleyball</li> <li>~ Resident's Lunch</li> <li>~ Reminiscing</li> <li>~ Chair Bowling</li> <li>~ Noodles and Balloons</li> <li>~ Snacks &amp; Hydration</li> <li>~ Lawrence Welk Tribute on PBS</li> </ul>				
<p>4</p> <ul style="list-style-type: none"> <li>~ Daily Chronicles</li> <li>~ Ball Toss Exercise</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Creative Corner: Adult Coloring Circle</li> <li>~ Resident's Lunch</li> <li>~ Afternoon Walk</li> <li>~ In Tune w/Program Boxes</li> <li>~ Snacks &amp; Hydration</li> <li>~ <b>Super Bowl LII Party</b> With Todd</li> <li>2 p.m. in the Villa and Lodge</li> </ul>	<p>5</p> <ul style="list-style-type: none"> <li>~ Today in History</li> <li>~ <b>Simply Sweet Baking: Pink Velvet Cupcakes</b></li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Residents Lunch</li> <li>~ In Room Visitations</li> <li>~ <b>Neck of the Woods Drive</b></li> <li>~ Snacks &amp; Hydration</li> <li>~ I Love Lucy Tribute</li> <li>~ Monday Night Sports</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>~ Tips for the Day</li> <li>~ Morning Stretch</li> <li>~ Canapés &amp; Hydration</li> <li>~ IN2L Prize BINGO</li> <li>~ Residents Lunch</li> <li>~ <b>Wit &amp; Wisdom Event</b> In Cottage Activity Room 2 p.m.</li> <li>~ Canapés &amp; Hydration</li> <li>~ Cozy Movie Night</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>~ Today in History</li> <li>~ <b>Ceramic Art at 10 a.m. in Cottage Activity Room</b></li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Residents Lunch</li> <li>~ IN2L Documentary</li> <li>~ <b>Balance Clinic</b></li> <li>~ <b>Sweet Tooth Ice-Cream Social:</b> "Vanilla Chery Floats"</li> <li>~ Snacks &amp; Hydration</li> <li>~ Musical Matinee</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>~ Let's Talk About It</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ <b>Winter Art w/Rosa</b></li> <li>~ Residents Lunch</li> <li>~ IN2L: Name that Tune</li> <li>~ Armchair Travel</li> <li>~ <b>Wine and Cheese Tasting</b> In Lodge Activity Room</li> <li>~ Socializing and Reminiscing</li> <li>~ Thursday Night Sports</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>~ Today in History</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ IN2L: Family Feud</li> <li>~ Residents Lunch</li> <li>~ National Pizza Day Luncheon</li> <li>~ IN2L: Travel Documentary</li> <li>~ IN2L BINGO</li> <li>~ In Room Visitations</li> <li>~ Snacks &amp; Hydration</li> <li>~ Popcorn and a Movie</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>~ Daily Chronicles</li> <li>~ Balloon Volleyball</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Resident's Lunch</li> <li>~ Trivia/Word Games</li> <li>~ Noodles and Balloons</li> <li>~ <b>Snacks &amp; Hydration: S'mores Saturday</b></li> <li>~ Chair Bowling</li> <li>~ Lawrence Welk Tribute on PBS</li> </ul>
<p>11</p> <ul style="list-style-type: none"> <li>~ Daily Chronicles</li> <li>~ Ball Toss Exercise</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Creative Corner: Adult Coloring Circle</li> <li>~ Resident's Lunch</li> <li>~ In Room Visitations</li> <li>~ Afternoon Walk</li> <li>~ In Tune w/Program Boxes</li> <li>~ <b>Sunday Afternoon Sports Talk &amp; Reminisce w/Todd</b></li> </ul>	<p>12</p> <ul style="list-style-type: none"> <li>~ Today in History</li> <li>~ Morning Tunes and Snacks</li> <li>~ <b>Dog Show Day Social</b></li> <li>~ Residents Lunch</li> <li>~ In Room Visitations</li> <li>~ <b>Neck of the Woods Drive</b></li> <li>~ Snacks &amp; Hydration</li> <li>~ I Love Lucy Tribute</li> <li>~ Monday Night Sports</li> </ul>	<p>FAT TUESDAY</p> <p>13</p> <ul style="list-style-type: none"> <li>~ New Orleans Facts</li> <li>~ Morning Stretch</li> <li>~ New Orleans Tribute</li> <li>~ <b>New Orleans Style Luncheon</b></li> <li>~ Armchair Travel</li> <li>~ <b>Mardi Grad Happy Hour</b> in Manor Dining Room at 2:30 p.m.</li> <li>~ Canapés &amp; Hydration</li> <li>~ Table Top Games</li> <li>~ Cozy Movie Night</li> </ul> <p>Mardi Gras</p>	<p>14</p> <ul style="list-style-type: none"> <li>~ <b>Wear Sweetheart Colors</b></li> <li>~ Morning Walk</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ <b>Spiritual Hour</b> in Cottage Activity Room 10 a.m.</li> <li>~ Armchair Travel</li> <li>~ IN2L: I Remember When</li> <li>~ <b>Sweetheart Luncheon</b></li> <li>~ Sentimental Sing Along</li> <li>~ <b>Valentines Sweetheart Social</b></li> <li>~ Snacks &amp; Hydration</li> <li>~ Beloved Movie Night "The Notebook"</li> </ul> <p>Valentine's Day</p>	<p>15</p> <ul style="list-style-type: none"> <li>~ Let's Talk About It</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Ladies Beautification Hour</li> <li>~ <b>Tour the World Luncheon: Into the Chinese New Year</b></li> <li>~ IN2L: Name that Tune</li> <li>~ Armchair Travel</li> <li>~ <b>Wine and Cheese Tasting</b> In Lodge Activity Room</li> <li>~ Socializing and Reminiscing</li> <li>~ Thursday Night Sports</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>~ Today in History</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Name 3 Toss &amp; Catch</li> <li>~ IN2L: Travel Documentary</li> <li>~ Residents Lunch</li> <li>~ IN2L: Travel Documentary</li> <li>~ IN2L BINGO</li> <li>~ In Room Visitations</li> <li>~ Snacks &amp; Hydration</li> <li>~ Popcorn and a Movie</li> </ul> <p>Chinese New Year</p>	<p>17</p> <ul style="list-style-type: none"> <li>~ Daily Chronicles</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Balloon Volleyball</li> <li>~ Resident's Lunch</li> <li>~ Reminiscing</li> <li>~ Trivia/Word Games</li> <li>~ Snacks &amp; Hydration</li> <li>~ Chair Bowling</li> <li>~ Lawrence Welk Tribute on PBS</li> </ul>
<p>18</p> <ul style="list-style-type: none"> <li>~ Daily Chronicles</li> <li>~ Ball Toss Exercise</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Creative Corner: Adult Coloring Circle</li> <li>~ Resident's Lunch</li> <li>~ In Room Visitations</li> <li>~ Afternoon Walk</li> <li>~ In Tune w/Program Boxes</li> <li>~ <b>Sunday Afternoon Sports Talk &amp; Reminisce w/Todd</b></li> </ul>	<p>19</p> <ul style="list-style-type: none"> <li>~ Today in History</li> <li>~ <b>Presidents Day Social &amp; Trivia</b></li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Residents Lunch</li> <li>~ In Room Visitations</li> <li>~ <b>Neighborhood B-Day Celebration w/Marvin in Lodge Dining Room at 2:30 p.m.</b></li> <li>~ Snacks &amp; Hydration</li> <li>~ I Love Lucy Tribute</li> <li>~ Monday Night Sports</li> </ul> <p>Presidents' Day (US)</p>	<p>20</p> <ul style="list-style-type: none"> <li>~ Tips for the Day</li> <li>~ Morning Stretch</li> <li>~ Canapés &amp; Hydration</li> <li>~ <b>Pet Therapy: Lend a Heart Visits in Lodge and Villa Neighborhoods at 10 a.m.</b></li> <li>~ Residents Lunch</li> <li>~ Penney Ante 2</li> <li>~ IN2L Prize BINGO</li> <li>~ Canapés &amp; Hydration</li> <li>~ Cozy Movie Night</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>~ Morning Walk</li> <li>~ Today in History</li> <li>~ <b>Brain Aerobics</b></li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Puzzles &amp; Ponderings</li> <li>~ Residents Lunch</li> <li>~ Balance Clinic</li> <li>~ IN2L: Who, What and When</li> <li>~ <b>Sweet Tooth Ice-Cream Social:</b> "Vanilla Chery Floats"</li> <li>~ Musical Matinee</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>~ Let's Talk About It</li> <li>~ <b>Massage Escape</b></li> <li>~ <b>Creative Art w/Rosa</b></li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Residents Lunch</li> <li>~ IN2L: Name that Tune</li> <li>~ Armchair Travel</li> <li>~ <b>TGIT Happy Hour:</b> Marcus and Maggie perform in Manor Dining Room at 2:30 p.m.</li> <li>~ Socializing and Reminiscing</li> <li>~ Thursday Night Sports</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>~ <b>Women in Blue Jeans Day</b></li> <li>~ Today in History</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ <b>Chair Yoga with Laurel</b></li> <li>~ Resident's Lunch</li> <li>~ In Room Visitations</li> <li>~ <b>Women in Blue Jeans Day History</b></li> <li>~ IN2L BINGO</li> <li>~ Snacks &amp; Hydration</li> <li>~ Popcorn and a Movie</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>~ Daily Chronicles</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Balloon Volleyball</li> <li>~ Resident's Lunch</li> <li>~ Reminiscing</li> <li>~ Puzzles and Ponderings</li> <li>~ Snacks &amp; Hydration:</li> <li>~ <b>National Tortilla Chips</b></li> <li>~ Chair Bowling</li> <li>~ Lawrence Welk Tribute on PBS</li> </ul>
<p>25</p> <ul style="list-style-type: none"> <li>~ Daily Chronicles</li> <li>~ Ball Toss Exercise</li> <li>~ Creative Corner: Adult Coloring Circle</li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Resident's Lunch</li> <li>~ In Room Visitations</li> <li>~ Afternoon Walk</li> <li>~ Snacks &amp; Hydration</li> <li>~ In Tune w/Program Boxes</li> <li>~ <b>Sunday Afternoon Sports Talk &amp; Reminisce w/Todd</b></li> </ul>	<p>26</p> <ul style="list-style-type: none"> <li>~ Today in History</li> <li>~ <b>Simply Sweet Baking: Red Velvet Cupcakes</b></li> <li>~ Morning Tunes &amp; Snacks</li> <li>~ Residents Lunch</li> <li>~ In Room Visitations</li> <li>~ <b>Neck of the Woods Drive</b></li> <li>~ Snacks &amp; Hydration</li> <li>~ I Love Lucy Tribute</li> <li>~ Monday Night Sports</li> </ul>	<p>27</p> <ul style="list-style-type: none"> <li>~ Tips for the Day</li> <li>~ Morning Stretch</li> <li>~ Ladies Beautification Hour</li> <li>~ Residents Lunch</li> <li>~ In Room Visitations</li> <li>~ Canapés &amp; Hydration</li> <li>~ Table Top Games</li> <li>~ IN2L Prize BINGO</li> <li>~ Cozy Movie Night</li> </ul>	<p>28</p> <ul style="list-style-type: none"> <li>~ Morning Walk</li> <li>~ Sentimental Sing Along Hour</li> <li>~ IN2L: I Remember When</li> <li>~ Residents Lunch</li> <li>~ Adult Coloring</li> <li>~ Puzzles and Ponderings</li> <li>~ Snacks &amp; Hydration:</li> <li>~ George Gershwin Tribute</li> <li>~ Musical Matinee</li> </ul>			