



PACIFICA
SENIOR LIVING

FULL-SERVICE RETIREMENT LIVING

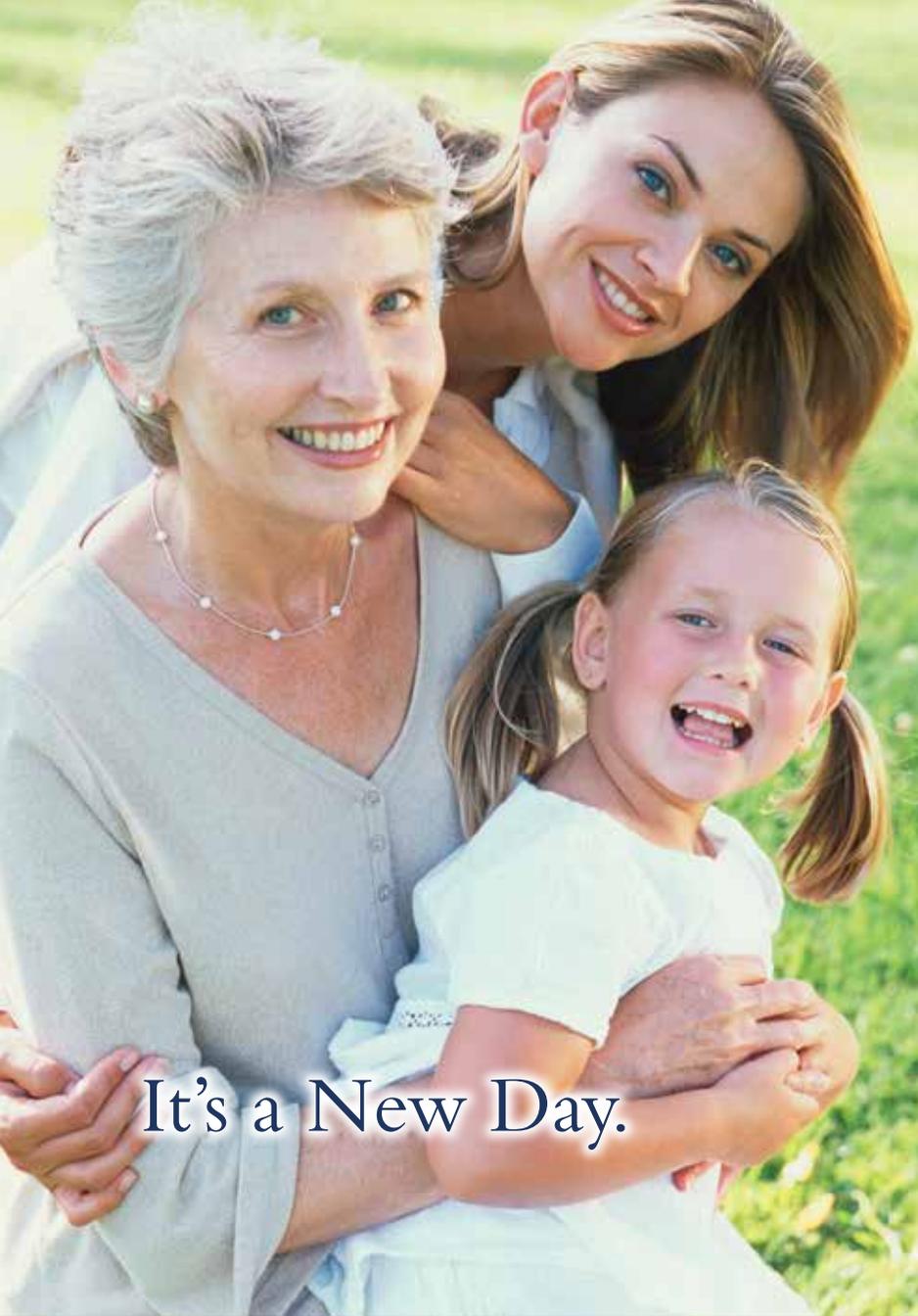
It's a New Day.

And It's Yours!



Our Mission

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family. We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect. Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.



It's a New Day.

At Pacifica Senior Living, we don't expect our residents to "fit" into one of our communities. We've designed our communities to "fit" them – to meet their different needs, preferences, dreams and goals. From independent living to assisted living and memory care, our communities welcome residents to live by their own design.

Our communities provide residents with every service and amenity they need, want and *deserve* to live each day just as they choose. We respect their individuality and understand that each person is in charge of the direction his or her life takes. We're simply here to support them. Every step of the journey.

And It's Yours!

Senior Living Services

Pacifica Senior Living communities offer a variety of care and lifestyle choices to support our residents in living well.

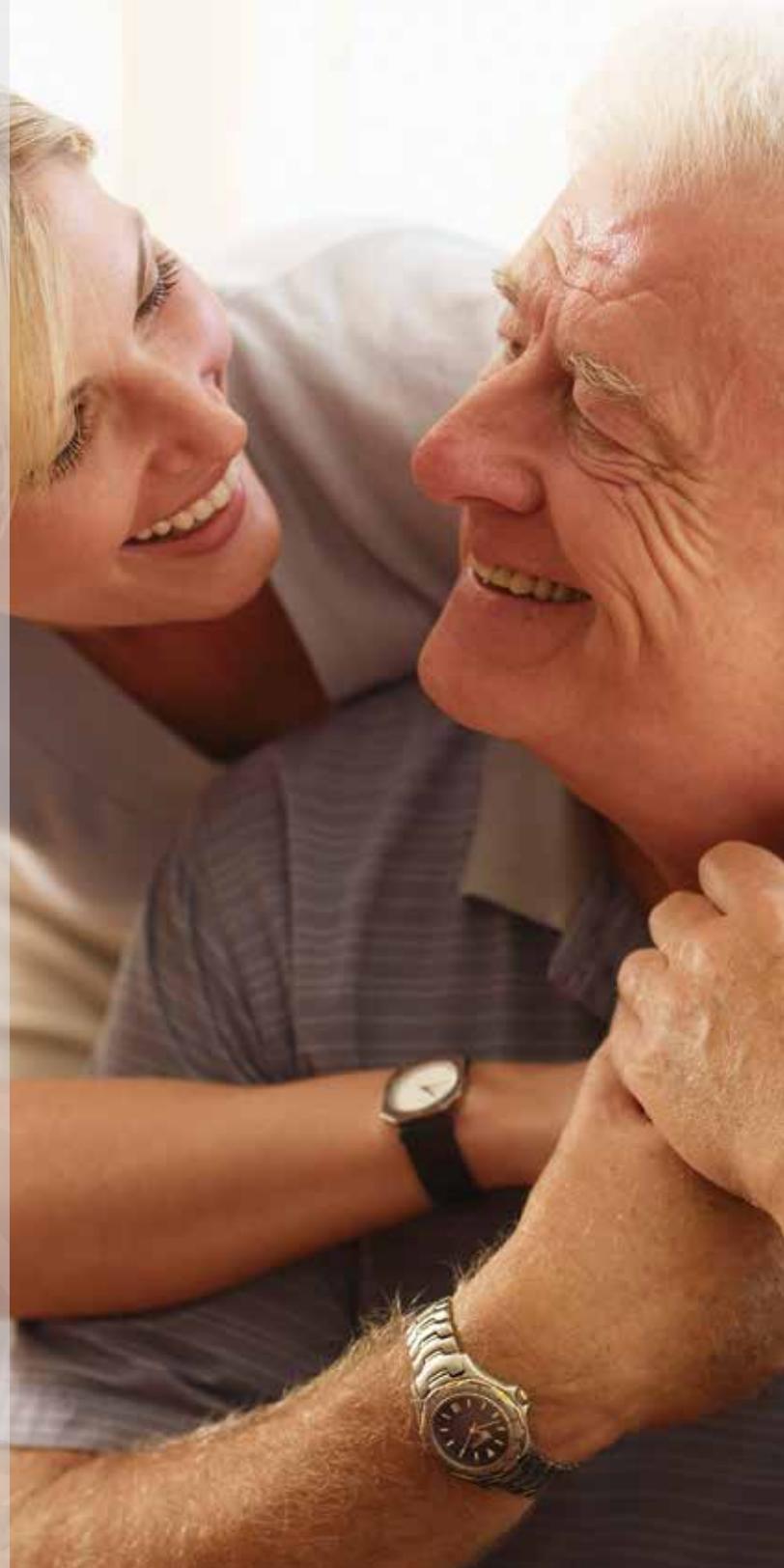
Independent Living

Active seniors retire to carefree living at its best. No housework. No yardwork. *No worries.* Just time to spend as they choose. Our communities feature spacious apartment homes, amenities, services and engaging programs – all designed to provide residents with the lifestyle to which they've aspired.

Heartland™ Assisted Living

Delivering the optimal balance of independence and support, Heartland™ Assisted Living helps our residents live fulfilling, dignified lives. Each resident has a customized service plan that meets his or her individual needs. With support available 24 hours a day, our residents enjoy assistance with activities such as:

- Meals
- Medication Management
- Bathing & Dressing
- Mobility
- Transportation



Welcome

Welcome to Pacifica Senior Living Millcreek, our newly renovated senior living community. Our objective is to elevate the quality of life and create a new standard of excellence.

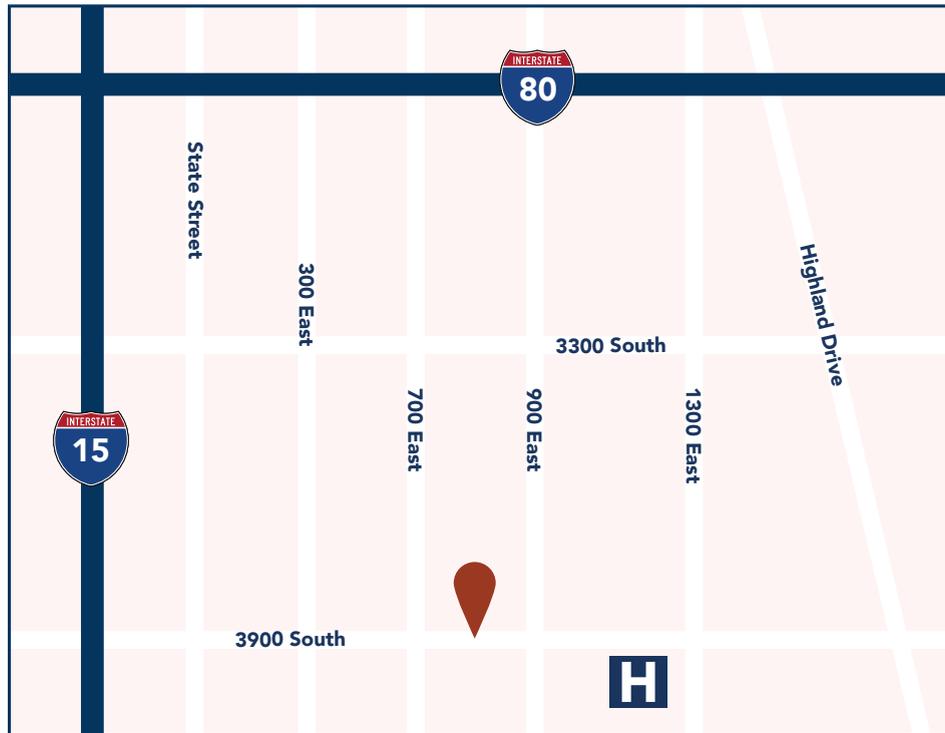
We offer an all-inclusive, worry free way of life. Rich with amenities and services, Pacifica Senior Living affords independence and comfort.

Conveniently located in the heart of Millcreek, we are surrounded by stunning views of the mountains; while being only a few minutes away from some of Utah's finest attractions.

Our community has been thoughtfully organized and designed to provide active seniors with an enriching, fulfilling lifestyle, the company of peers and the peace of mind of 24-hour support from our trained staff.

At Pacifica Senior Living, it's a new day. And it's yours! Make the most of it. Right here.





Salt Lake City/from North:

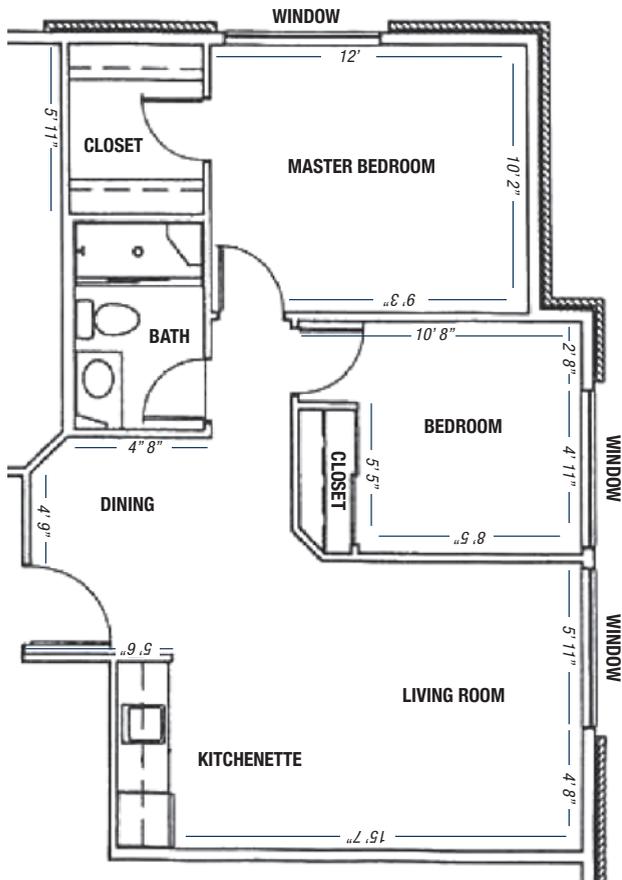
- From I-80, take exit for 700 East, to go South in Salt Lake City.
- Follow 700 East to 3900 South, turn Left (to go east) to our address of 777 East 3900 South.
- We are on the Left (north side of the street), across from the fire station.

Salt Lake City/from South:

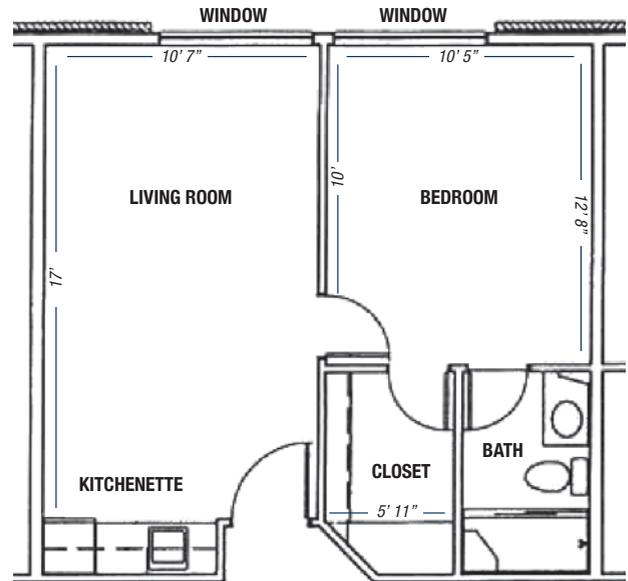
- Take I-15 to go North, to UT-266 East/4500 South Taylorsville.
- Follow 4500 South going East to 700 East and turn Left (to head north).
- Turn Right (to go east) at the next intersection, which is 3900 South.
- We are on the Left (north side of the street), across from the fire station.



Floor Plans



Two Bedroom Apartment Home
Approx. 600 sf



One Bedroom Apartment Home
Approx. 475 sf


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MILLCREEK
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Heartland™ Assisted Living

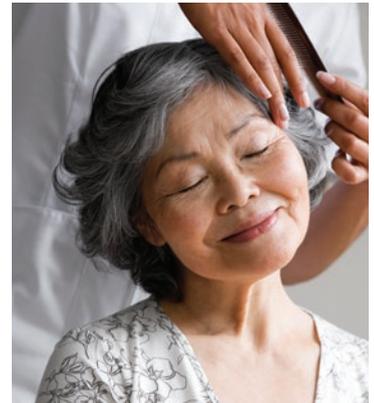
The Heartland™ Assisted Living program at Pacifica Millcreek provides seniors with the supportive services they need to continue living as independently and vibrantly possible.

Our specialized Wellness Team creates a customized, personal care program for each resident based on an assessment conducted with the resident and his or her family prior to move-in, ensuring all needs will be met properly.

Residents are regularly reassessed to make sure the most appropriate support is delivered.

Services may include:

- Medication management: monitoring, supervision or administration
- Bathing, dressing and grooming
- Escort to meals and activity programs
- Eating
- Toileting
- Mobility
- Health programs
- Medical appointment scheduling
- Wellness checks
- Transportation



Pacifica Senior Living Millcreek promotes a lifestyle which fosters independence, while providing 24-hour assistance when necessary. With a highly trained, dedicated staff of professionals, our community enables residents to choose the service package that suits them best. As individual's health needs change, residents are able to stay in comfortable, familiar surroundings and obtain the support and assistance that they may require.

- Delicious chef-prepared meals
- Full-time activities program, 7 days a week
- Weekly housekeeping
- Emergency pull cords in bathrooms and bedrooms with option of personal pendant
- All utilities paid (except phone)
- Sprinklers and smoke alarms in every apartment
- Cable television
- Wi-Fi
- Full-time licensed nurse on staff
- Personal Emergency Call Pendant
- Scheduled transportation



Independent Living

At Pacifica Senior Living, our community is a warm and welcoming atmosphere – where new friends can be made, and a fun active lifestyle can always be enjoyed. From studios to two-bedroom homes, our apartments are equipped with individually controlled heating and air conditioning along with the convenience of month-to-month rent and emergency call system.

In addition to comfort and an abundance of social, fitness and personal enrichment programs, with delicious meals prepared daily as well as housekeeping and paid utilities, you'll have time to rediscover life's pleasures!



Pacifica Millcreek community features include:

- No long-term lease, or buy-in fees
- Month-to-month rent
- Delicious and nutritious prepared meals
- Pet friendly
- Individually-controlled heating and air conditioning
- Housekeeping & laundry
- Dedicated, 24-hour staffing
- On-site amenities, including library and a salon/barber shop and computer center with internet access



Your retirement lifestyle should be as carefree and convenient as possible. Here you have the time to spend your days as you choose, free from the burdens of time-consuming home maintenance and chores. We provide a variety of exceptional services in your monthly fee, including:

- Delicious chef-prepared meals
- Full-time activities program, 7 days a week
- Weekly housekeeping
- Emergency pull cords in bathrooms and bedrooms with option of personal pendant
- All utilities paid (except phone)
- Sprinklers and smoke alarms in every apartment
- Dry-cleaning drop off and pick up
- Cable television
- Wifi
- Full-time licensed nurse on staff
- Optional Personal Emergency Call Pendant
- Scheduled transportation



Respite Care

At Pacifica Millcreek, we admire and respect those who care for their loved ones at home. But we also understand the challenges and stresses faced by a caregiver. There are times when you need a break from your responsibilities to focus on yourself.

Respite Care can provide you with the time and peace of mind you deserve while providing your loved one with 24-hour care and access to our engaging lifestyle.

This short-term stay option is also ideal for those considering a move to Pacifica Millcreek. Respite Care allows you and your loved one to experience the support and services we provide on a trial basis.

Respite Care includes:

- Furnished apartment (private or companion)
- Access to 24-hour personal care and assistance
- Three balanced meals and snacks daily
- A variety of life enrichment programs and activities
- Full housekeeping and laundry services



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Legacies™ Memory Care

Our Legacies™ Memory Care program provides those with Alzheimer's disease, dementia or other forms of memory loss with the support, care and respect they deserve to continue living a full, enriching life. Each resident receives a personalized care plan that is carefully implemented by our compassionate staff.

Adult Day Program

Our Adult Day Program, offered in select communities, is alive with engaging, enriching activities that invite and welcome all seniors to participate. Just as our residents enjoy personalized care, so do our program participants. This is the perfect way to meet new friends and share new experiences.

Respite Care

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to rest from the daily tasks required for a loved one. Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay, or to just simply experience the Pacifica lifestyle. Trained team members work together to enhance continued dignity and trust. We know the difference a smile and kind word can make.

Companion Living

Companion Living enables seniors to enjoy all the care, services and amenities of a Pacifica Senior Living community with the added benefits of forging a new friendship, enhanced well-being and the cost savings of sharing a suite, just to name a few.

Designed for *Living Well*

Our communities are designed to help our residents live well, surrounded by services, amenities and programs.

Dining

Dining is a delight at Pacifica Senior Living. Meals are prepared fresh daily by our on-site chefs and are served in beautifully appointed restaurant-style settings by attentive dining room staff.

Life Enrichment

Our Life Enrichment programs offer a variety of opportunities to meet new friends, discover new interests, exercise and maintain health, enjoy exciting outings and excursions . . . and so much more.

Transportation

A full-time, certified chauffeur is available through the community's transportation department. Scheduled services take residents to nearby medical appointments, shopping trips, religious services, banks, postal services and more.

Pet Friendly

Pets are part of the family, so Pacifica Senior Living communities are pet friendly* and have designated pet areas for convenience.

**Weight limitations*





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For a list of Pacifica Senior Living
communities, visit our website at
www.pacificaseniorliving.com

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