

Guest Suite

If you would like to reserve the guest suite for your family and/or friends, please call or stop by the office and reserve at your earliest convenience. If you need to cancel, please let us know as soon as possible or you may be charged one night's stay. The price will increase slightly in 2018 at \$85 per night starting February 1st.

There is a limit of 3 consecutive days maximum. Two person maximum occupancy; additional guests may stay in the resident host's apartment. Check in at 3pm Monday-Saturday; 4pm on Sundays. Please pick up keys in the office and have form of payment ready. Check out at 11am. Please return keys to the office (or place in the drop box by the office door).

One meal per person in the dining room is included per paid night (not to exceed two meals per day).

Holiday meals are excluded.

Smoking is prohibited.

No pets allowed.

Overnight Guests

Your overnight guests must check in at the office. It's important that the office know who is staying on the property. The safety of your guest(s) is your responsibility. Additionally, residents are responsible to make guests aware of our community policies. The management is not liable for injury to guests or damage to their property while visiting. Guests are permitted for a maximum of 7 consecutive days or up to 14 days per year unless due to unforeseen circumstances and with prior manager's approval. Rental of the Guest Suite is excluded from this guideline.

Rollaway Beds

Effective February 1st, we will now charge \$10 per night per rollaway bed with 3 consecutive day maximum only rental. Please call or speak with us in the office to reserve rollaway beds.

Important Telephone Numbers

Office Hours – Monday-Friday 8:30am-5:30pm
 Saturday & Sunday 9:00am-5:00pm
 Office 929-3966 Fax 929-3627
 Barbara/Activities Office 929-6003
 Van/Transportation 468-3091
 Dining Room 921-5998
 Comfort Keepers 560-9100
 Police Non-Emergency 264-5471
 Emergency & Fire 911
 Comcast Cable 1-800-266-2278
 AT&T 1-800-310-2355
 Para Transit 429-2744
 Yellow Cab 444-2222

Beauty Salon Jane Ma 223-9658
 Wednesday-Saturday
 Clean Touch Dry Cleaning 366-6666
 Pick-up & Drop-off Monday & Thursday



The Renaissance Society will return in February and the following dates have been scheduled. All dates are on Thursdays at 2pm in the Cabaret Lounge:

February 8th – Ancient Pompeii
 February 22nd – Women Who Dared
 March 8th – Greco-Roman Civilization
 March 22nd – Walt Disney
 April 12th – Time Travel at the Movies
 April 26th – The First Fleet

We know you enjoy the Renaissance Society and the speakers, so be sure you mark your calendars and invite your friends to join you.

Campus Commons

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Campus Staff

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Charlene Wickizer, Marcy Solis &
 Rick Comer, Housekeeping

Shawn Asberry, Karen Schaefer &
 Thealise Wager, Evening Porters

Richard Beyerl
 Chef/General Manager, Sodexo

Christine's Comments

January 1st rings in more than the new year; it's also the start of Hobby Month, so you should add practicing a new skill to your list of New Year's resolutions. One of the trendiest new hobbies is hand-lettering. This hobby might sound simple at first. You are, after all, just drawing letters as opposed to writing them. But as you let your imagination take over, you may find that your highly decorative and detailed lettering demands fine-tuned attention and a wide variety of tools: rulers, grid paper, and archival-quality pens of different weights and colors. Also in vogue is the hobby of bullet journaling. Your diary no longer desires a long and rambling narrative about your day. Instead, bullet journaling features lists and short phrases that capture your thoughts. These journals become to-do lists, sketchbooks, notebooks, diaries, and organizational systems. Of course, they can be embellished with colorful flourishes to make them as wonderfully unique as you are.

If arts and crafts aren't your thing, then there are plenty of hobbies in the kitchen. Currently, pickling and fermenting food is all the rage. To pickle something, preserve it in a salty brine or acid like vinegar or lemon juice. Fermented foods call for submerging your veggies in a brine, whey, or even a store-bought starter culture. Fermentation has one advantage over pickling: it creates beneficial bacteria that aids in digestion, preserves the vitamin content of foods, and also suppresses the growth of harmful bacteria. Another trendy hobby akin to fermentation is brewing beer at home. Whereas the by-product of fermented foods is beneficial bacteria, the by-product of fermenting water, malt, hops, yeast, and sugar is beer.

For hobbyists looking to get outdoors, flower arranging is now à la mode. Arrange flowers by color, size, height, and shape to create the perfect bouquet. The Japanese even have a name for their ancient tradition of artistic flower arrangements: *ikebana*.

Activities Corner by Barbara Higley

Happy New Year everyone! I sincerely hope you all enjoyed the holidays with family and friends and that you are looking forward to sharing another New Year with Campus Commons.

I would like to extend a “warm” welcome to new residents and invite you to become involved in your community. New residents will receive an invitation to join us for our New Resident Luncheon **Thursday, January 11th, at 11:00 a.m.** in the dining Room and we will be happy to answer any questions you may have.

As the New Year begins to unfold, I am pleased to announce that Marie Crockett, our “once upon a time” Water Color Instructor is returning to our community! Marie is scheduled for **Wednesday, January 17th at 2:00 in the Activity Center.** A sign-up sheet is currently in place outside the Activity Center for you to sign-up for the monthly class. It is important that you sign-up in advance as she provides material each month based on the number of residents attending. New residents are invited to join in. Marie has a style to her water color class that has become an attraction for those with little or no experience. Come and join us as we welcome this very creative and talented individual back to our community. I can assure you that you will be pleasantly surprised as what you can do under her direction!

As the New Year begins, we will offer raffle tickets to residents who bring a “new” resident to an activity. The raffle ticket will then be placed into a container for a once a month drawing of great prizes! We will announce the winner at the beginning of each month during our Happy Hours along with adding the winning resident to our monthly newsletter.

Let’s all join in to make others feel comfortable in their new home by inviting them to join in while developing new friendships in the New Year!

HAPPY★NEW★YEAR

January Birthdays

In astrology, those born between January 1–19 are Capricorn’s Goats. Goats are practical, determined, and focused on ambitious goals. They follow a straightforward, well-planned path and persevere with grit and honesty. Those born between January 20–31 are Water Bearers of Aquarius. Water Bearers are creative and intellectual philosophers at heart, getting to the root of problems and using their energy and passion for the benefit of others.

Mary Equi, January 8th
 Judy Guardalabene, January 10th
 Gloria Roberts, January 10th
 Virginia Sawyer, January 12th
 George Tygret, January 14th
 Joanne McKee, January 17th
 Birgitta Ellis, January 25th
 Ginger Trammel, January 26th
 Mollie Burrows, January 27th
 Vonnie Fouch, January 29th (102 years old)
 Lorraine Day, January 31st

Marketing Minutes by Bernadette Gonzales

It’s time to ring in 2018! Comfort Keepers presents a New Year, a New You! Using natural products (some from your kitchen shelf), you will learn recipes for skin and hair, and learn about essential oils that may give you energy, or help with a good night’s sleep. Bring a friend and learn, or bring a natural remedy from your family to share January 11th at 2:00pm.

Are you a Veteran? You may have benefits you are not aware of. Join us January 19th at 2pm. Ed Outland will discuss VA benefits and retirement planning. Feel free to invite family or friends that may find this informative.

I’d like to welcome new residents Nina L. and Edith B. who will move in later this month. Please give them a warm Campus Commons welcome. Happy New Year too!

Featured Resident by Shirley Riemer

As we meet one of our newer Campus Commons residents, Judy Thompson, we duly note her forty-two years as a dental hygienist. But, let’s regard those forty-two years as just a prelude. It’s the “what happened next” that carries her story.

In her earlier life, living in Minneapolis, Judy graduated from the University of Minnesota, preparing her for that long career in dental hygiene, which continued after she moved to Chicago, where she lived for a time – married, and raising two daughters.

Our story begins, however, after Judy and her family moved to San Jose, when she became interested in glass – stained glass, that is.

In fact, she became so interested that she took a course in the basics of cutting and soldering glass, all the while practicing by making small glass objects. In fact, her interest grew to the point that she set up a glass workshop in her home. Gradually, that workshop filled with sheets of stained glass.

Along the way, as she puttered about in her workshop, it became obvious that she was modeling her work in glass after the world-wide master of stained glass windows and lamps, Louis C. Tiffany, the American artist who famously declared that he considered glass to be “the most beautiful of all the jewels.”

Later, having moved to Chico, California, where she and her family remained for twenty-eight years, Judy happened upon a shop window displaying Tiffany lamps. At first sight, she exclaimed to herself, “I can do that!”

It was that self-motivated discovery that spurred her on to her adventure – creating Tiffany reproduction lamp shades, as well as other articles displaying those same brilliant pieces of stained glass.

So, she set to work making her own Tiffany reproduction lamp.

It takes Judy four to six months to create a Tiffany reproduction lamp from her home workshop. It’s really hard work, she says. Briefly, this is how it goes: she puts a sheet of stained glass on a light box and cuts it according to the colors desired. Then, she grinds the pieces of glass to fit exactly the Tiffany pattern.

Each piece is taped and tacky-waxed, then placed on the mold. After all the pieces are placed, lead is traced around each piece, they are bound together, and the lead binding is smoothed out before the work is removed from the mold.

She gave her third Tiffany reproduction lamp to her daughter as a gift following her graduation from law school (by the way, Judy also spent time working for her daughter’s law firm, handling payroll and other law-office business matters).

Besides these lamps, Judy has also produced a number of stained-glass windows, two of which she has sold at an auction. She was proud to learn that one of her lamps, titled “Water Lily,” was featured in the 1999 calendar of the Association of Stained Glass Lamps and Artists.

We may be surprised to learn that the Tiffany-lamp craze has extended into another area of stained-glass projects – known as “Butterfly Ladies,” which display large, intricately designed, stained glass “butterfly wings” on the small metal figure of a woman.

And what does Judy do with her stained-glass creations? She gives them away as gifts. A good number of very lucky people are enjoying them at this very moment!

The picture below is one that’s in Judy’s apartment. As you can see, it’s beautiful!

