Hilltop Commons Phone Numbers Office: (530) 272-5274 Kitchen: (530) 272-2854

Maintenance: (530) 272-5274 Activities: (530) 272-5274 Fax: (530) 272-5275

Laundry Room Hours: Daily: 7:00am-9:00pm Please remove all items from washers and dryers by 9:00pm

Van Schedule Van leaves at 10:00 am Tuesday: Brunswick area Wednesday: Medical appointments Thursday: Pine Creek area

Beauty Salon Hours: Wednesday/Thursday/Friday By appointment only Please call (530) 271-5958

Important Phone Numbers Gold Country Lift: 271- 7433 (271-RIDE) Post Office: 273-3429 The Union: 273-9565 Comcast Cable: 1-800-266-2278 AT&T: 1-800-750-2355 Sacramento Bee: 1-800-284-3233 Grass Valley Police 477-4600 (non-emergency)





January Birthdays

Jack Hudson Colleen Krebs Gary Coffey Claire Magliani Doris Moore Jan 10th Jan 18th Jan 18th Jan 20th Jan 31st

Welcome New Residents

Pat Thomas Jennie Olson













January Newsletter

Hilltop Commons 131 Eureka St. Grass Valley CA 95945 (530) 272-5274



Celebrating January

Thursday January 4th Happy Hour Music "Linda Herring" Jazz / Oldies

Friday January 12th Lunch Outing "Diego's"

Thursday January 18th Happy Hour Music "Chris Crockett"

Monday January 22nd *Movie Matinee Outing*

Friday January 26th Lunch Outing "Taste of Thai"

Every Sunday Hot Beverage Social

JANUARY 2018

From the Desk of Terri Howell Community Administrator



Welcome 2018!!

It is hard to believe that 2017 has come and gone and what a momentous year it has been. New friendships have been forged, a few sad goodbyes exchanged and many precious memories created. I am extremely fortunate to have been a part of these great adventures, along with all of you.

Let's start the New Year off by remembering to check your activity calendar every day and every month. We don't want you to miss out on any of the fun, informative events already in the works for 2018. It's going to be an amazing year!

I want to remind everyone that our office is staffed 24 hours a day. Our fantastic evening porters, Al, John and Sean, are just a phone call away and ready to help in any emergency situation. Our office number is 272-5274 and if they miss your call, please leave a message and they will contact you as quickly as possible. Your safety and well-being is always our top priority.

With each New Year we get a fresh, clean page to start over. Here's to hoping that life writes a beautiful new chapter for each of us this year.

Happy New Year!!



Marketing Minutes By Sue Hudson Marketing Director

January is the month of new beginnings....

Joy ... find it in everything you do.

Appreciate ... the little things.

Nice ... choose your words carefully and smile.

Understand ... be compassionate, put yourself in their shoes.

Apply ...do unto others as you would have them do unto you.

Relax ...take time for yourself & reflect on your blessings.

You ...make the world a better place and we are so grateful you are here!

May 2018 be a year of good health, much happiness and discovering new friends at Hilltop!

Love to you all, Sue





"I've seen better days, but I've also seen worse. I don't have everything that I want, but I do have all I need.
I woke up with some aches and pains, but I woke up.
My life may not be perfect, but I am blessed."

Have a HAPPY NEW YEAR – And be happy, healthy, and safe!!





Activity Corner By Sabrina Busher Activity Director

The best and most beautiful things in the world cannot be seen or even touched, they must be felt with the heart.

Another year has passed. We have made great memories at Hilltop this year. I can safely say I can speak for the staff at Hilltop when I say we all feel very blessed to have all of you in our lives.

This month on the 11th Kelly will be playing his music for us. On the 12th we will be heading to Diego's restaurant. They have wonderful Chilean food. On the 15th please come to our scones and mimosas meeting in the common area. It is a great time for all of us to talk about what we would like to have at Hilltop, such as new events, places you would like to go, etc. So, please bring your thoughts with you.

We are going to be playing a new monopoly game called "DOG-OPOLY" for all of us animal lovers. This is going to be a lot of laughs. Join in the fun. There are also some great crafts classes too. Don't miss out!!

BE THE REASON SOMEONE SMILES TODAY

Words of Wisdom By J.B.

"Always have friends who are older than you, and also have friends who are younger than you -That way you will always be middle aged!"



Culinary Corner

Happy New Year everyone!!!

Out with the old and in with the new. This last year went by so fast. It was a good year for me and this one will be just as good, if not better, than the last. I hope you all enjoyed your holidays. It was nice to see you all and your family at the Christmas party and I hope all of you enjoyed your Christmas dinner. I know you all looked forward to it. I wanted to mention again that I like to hear what

I wanted to mention again that I like to hear what you have to say. I am listening, and so is the staff. We like to hear your feedback and requests regarding what you might like to see on the menu and what you would like to see removed from the menu. I want to thank you for all of your compliments and the appreciation you have for all of us in the kitchen. It is always nice to hear a kind word on a busy day. I know you see how hard we work, so thank you to everyone and a big thanks to my staff.

Just a reminder about the dining room dishes and utensils - they need to stay in the dining room please. We are missing quite a few dishes, utensils and glasses. If you could kindly return them, we would appreciate it and there will be no questions asked. Also, if you are going to have guests, or would like to reserve the Gold Room in the dining room, please make reservations with the kitchen in advance. You can either give us a call, or come and talk to us. The sooner the better so we can accommodate you and your guests.

Once again, Happy New Year! ©

Kitchen # 272-2854

Sincerely,

Jammie Barquilla (Chef)

Resident Testimonial Maggie Licari



What is your favorite thing about Hilltop Commons?

I love my apartment. It is so sunny and bright. I can get on the big bed and look out the window at everything that is going on.

What was the #1 reason you chose Hilltop Commons?

I am really happy that my parents chose Hilltop. The residents here are all so sweet to me, I love to run down the hall to my friends and feel my ears flying in the wind. Everyone laughs and hugs me. It makes me feel great.

What is your favorite activity at Hilltop Commons?

The Happy Hour of course! I get to see all my other furry friends there. The best thing about it is sometimes the residents drop food on the floor and I get to clean it up. Arf! Arf!

What advice would you offer someone looking to move here?

Don't wait - hurry and move in! Life is great here, There is always a lot to do and people are so friendly. And so are all my new friends. I would have to say, in all my dog years, I never thought I would be so happy. Hilltop is surrounded with beautiful trees and wonderful smells. See you soon Arf! Arf!