

# January 2018

## Independent Living Lifestyle & Leisure

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday



<p><b>Happy Birthday to Robert B. 1</b></p> <p><b>New Year's Day</b></p> <p>12:30 <b>LL</b> Afternoon Movie "Bob Hope -Entertaining the Troops" [T]</p> <p>12:45 <b>LL</b> Pinochle [3FGR]</p> <p>2:30 <b>LL</b> Bingo [2FK]</p> <p>5:10 <b>LL</b> Rose Bowl 2018-Playing on ESPN</p> <p>6:00 <b>LL</b> Kings in the Corner-Card Game [3FGR]</p>	<p><b>Happy Birthday to Carol S. 2</b></p> <p>9:00 <b>CC</b> Errand Express-Giant/Target</p> <p>10:30 <b>PE</b> Noodle Ball [CR]</p> <p>1:00 <b>AE</b> "Bake &amp; Take" Mug Cakes- Must Sign up [2FK]</p> <p>2:00 <b>LL</b> Dining Services Meeting [PDR]</p> <p>3:00 Board Games (LCR)w/ Josie- bring your pennies [2FK]</p> <p>3:15 <b>LL</b> Movie Outing "Pitch Perfect 3" &amp; Dinner</p>	<p><b>Happy Birthday to Leona S. 7</b></p> <p>9:00 <b>SS</b> Worship Service w/ the Moses Family [T]</p> <p>1:00 "Bake Shop" for Community Table</p> <p>1:00 <b>SS</b> Sunday Service w/ Fr. David from St. Gabe's [CR]</p> <p>3:00 <b>CE</b> Sunday Scrabble [3FGR]</p> <p>6:00 <b>LL</b> Movie Night-"Someone Like You" Starring Ashley Judd [T]</p>	<p><b>Happy Birthday to Bob M. 9</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>9:00 <b>SS</b> Grief Support Group w/ Don Eisenhower [CR]</p> <p>10:30 <b>PE</b> Noodle Ball [CR]</p> <p>12:30 <b>LL</b> Afternoon Movie-"Bob Hope- Entertaining the Troops" [T]</p> <p>1:00 <b>CC</b> Senior Circle Bridge [3FGR]</p> <p>2:00 <b>PE</b> Seated Yoga w/ Vicky [CR]</p> <p>3:00 <b>LL</b> Movie Outing TBA</p>	<p><b>Happy Birthday to Betty T. &amp; Gene H. 11</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>8:30 <b>CC</b> Breakfast Outing to Brooks Cafe</p> <p>10:30 <b>PE</b> B/P Check [PDR]</p> <p>12:30 <b>LL</b> "Just Us Gals" [T]</p> <p>1:00 <b>AE</b> Chestnut Knoll at Home Presents Coloring with a Purpose [CR]</p> <p>1:00 <b>LL</b> Poker [3FWR]</p> <p>2:00 <b>PE</b> Shuffleboard</p> <p>3:30 <b>LL</b> Happy Hour w/Kris Yeaworth- Hot toddy Drink Today</p> <p>6:00 <b>LL</b> Winter "Bunco" [3FGR]</p>	<p><b>Happy Birthday to Ralph R. 6</b></p> <p>10:00 <b>AE</b> Necklace Beading w/The Harrison's</p> <p>12:15 <b>LL</b> Mini Manicures [2FK]</p> <p>12:45 <b>LL</b> Rummikub [3FGR]</p> <p>2:30 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>3:30 <b>SS</b> Shuttle to St. Gabe's Catholic Church</p> <p>6:00 <b>LL</b> Movie Night-"Easy Virtue" starring Jessica Beils [T]</p>
<p><b>Happy Birthday to Leona S. 7</b></p> <p>9:00 <b>SS</b> Worship Service w/ the Moses Family [T]</p> <p>1:00 "Bake Shop" for Community Table</p> <p>1:00 <b>SS</b> Sunday Service w/ Fr. David from St. Gabe's [CR]</p> <p>3:00 <b>CE</b> Sunday Scrabble [3FGR]</p> <p>6:00 <b>LL</b> Movie Night-"Someone Like You" Starring Ashley Judd [T]</p>	<p><b>Happy Birthday to Joe P. 15</b></p> <p><b>National Hat Day</b></p> <p><b>Martin Luther King, Jr. Day</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>10:30 <b>PE</b> Seated Exercise [CR]</p> <p>12:30 <b>CC</b> Errand Express-Walmart</p> <p>12:45 <b>LL</b> Pinochle [3FGR]</p> <p>2:30 <b>LL</b> Bingo [2FK]</p> <p>4:00 <b>LL</b> Beer &amp; Wine w/ Tom on Piano Wear a Hat to Happy hour today</p> <p>6:00 <b>LL</b> Kings in the Corner-Card Game [3FGR]</p>	<p><b>Happy Birthday to Bob M. 9</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>9:00 <b>SS</b> Grief Support Group w/ Don Eisenhower [CR]</p> <p>10:30 <b>PE</b> Noodle Ball [CR]</p> <p>12:30 <b>LL</b> Afternoon Movie-"Bob Hope- Entertaining the Troops" [T]</p> <p>1:00 <b>CC</b> Senior Circle Bridge [3FGR]</p> <p>2:00 <b>PE</b> Seated Yoga w/ Vicky [CR]</p> <p>3:00 <b>LL</b> Movie Outing TBA</p>	<p><b>Happy Birthday to Lewin D. 17</b></p> <p>8:30 Breakfast with the Managers [BB]</p> <p>9:00 <b>PE</b> Yoga [CR]</p> <p>10:15 <b>PE</b> Zumba Gold w/ Linda [CR]</p> <p>12:45 <b>LL</b> Canasta [3FGR]</p> <p>1:00 <b>LL</b> Jesse - The Mentalist</p> <p>1:00 <b>PE</b> Wii Bowling [3FBA]</p> <p>2:30 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>6:00 <b>PE</b> Pool</p>	<p><b>Happy Birthday to Betty T. &amp; Gene H. 11</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>8:30 <b>CC</b> Breakfast Outing to Brooks Cafe</p> <p>10:30 <b>PE</b> B/P Check [PDR]</p> <p>12:30 <b>LL</b> "Just Us Gals" [T]</p> <p>1:00 <b>AE</b> Chestnut Knoll at Home Presents Coloring with a Purpose [CR]</p> <p>1:00 <b>LL</b> Poker [3FWR]</p> <p>2:00 <b>PE</b> Shuffleboard</p> <p>3:30 <b>LL</b> Happy Hour w/Kris Yeaworth- Hot toddy Drink Today</p> <p>6:00 <b>LL</b> Winter "Bunco" [3FGR]</p>	<p><b>Happy Birthday to Ralph R. 6</b></p> <p>10:00 <b>AE</b> Necklace Beading w/The Harrison's</p> <p>12:15 <b>LL</b> Mini Manicures [2FK]</p> <p>12:45 <b>LL</b> Rummikub [3FGR]</p> <p>2:30 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>3:30 <b>SS</b> Shuttle to St. Gabe's Catholic Church</p> <p>6:00 <b>LL</b> Movie Night-"Around the World in Eighty Days" Starring Jackie Chan [T]</p>
<p><b>Happy Birthday to Leona S. 7</b></p> <p>9:00 <b>SS</b> Worship Service w/ the Moses Family [T]</p> <p>1:00 <b>SS</b> Sunday Service w/ Fr. David from St. Gabe's [CR]</p> <p>3:00 <b>CE</b> Sunday Scrabble [3FGR]</p> <p>6:00 <b>LL</b> Movie Night-"Undercover Grandpa" Starring James Caan [T]</p>	<p><b>Happy Birthday to Joe P. 15</b></p> <p><b>National Hat Day</b></p> <p><b>Martin Luther King, Jr. Day</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>10:30 <b>PE</b> Seated Exercise [CR]</p> <p>12:30 <b>CC</b> Errand Express-Walmart</p> <p>12:45 <b>LL</b> Pinochle [3FGR]</p> <p>2:30 <b>LL</b> Bingo [2FK]</p> <p>4:00 <b>LL</b> Beer &amp; Wine w/ Tom on Piano Wear a Hat to Happy hour today</p> <p>6:00 <b>LL</b> Kings in the Corner-Card Game [3FGR]</p>	<p><b>Happy Birthday to Bob M. 9</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>9:00 <b>SS</b> Grief Support Group w/ Don Eisenhower [CR]</p> <p>10:30 <b>PE</b> Noodle Ball [CR]</p> <p>12:30 <b>LL</b> Afternoon Movie-"Bob Hope- Entertaining the Troops" [T]</p> <p>1:00 <b>CC</b> Senior Circle Bridge [3FGR]</p> <p>2:00 <b>PE</b> Seated Yoga w/ Vicky [CR]</p> <p>3:00 <b>LL</b> Movie Outing TBA</p>	<p><b>Happy Birthday to Lewin D. 17</b></p> <p>8:30 Breakfast with the Managers [BB]</p> <p>9:00 <b>PE</b> Yoga [CR]</p> <p>10:15 <b>PE</b> Zumba Gold w/ Linda [CR]</p> <p>12:45 <b>LL</b> Canasta [3FGR]</p> <p>1:00 <b>LL</b> Jesse - The Mentalist</p> <p>1:00 <b>PE</b> Wii Bowling [3FBA]</p> <p>2:30 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>6:00 <b>PE</b> Pool</p>	<p><b>Happy Birthday to Betty T. &amp; Gene H. 11</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>8:30 <b>CC</b> Breakfast Outing to Brooks Cafe</p> <p>10:30 <b>PE</b> B/P Check [PDR]</p> <p>12:30 <b>LL</b> "Just Us Gals" [T]</p> <p>1:00 <b>AE</b> Chestnut Knoll at Home Presents Coloring with a Purpose [CR]</p> <p>1:00 <b>LL</b> Poker [3FWR]</p> <p>2:00 <b>PE</b> Shuffleboard</p> <p>3:30 <b>LL</b> Happy Hour w/Kris Yeaworth- Hot toddy Drink Today</p> <p>6:00 <b>LL</b> Winter "Bunco" [3FGR]</p>	<p><b>Happy Birthday to Ralph R. 6</b></p> <p>10:00 <b>AE</b> Necklace Beading w/The Harrison's</p> <p>12:15 <b>LL</b> Mini Manicures [2FK]</p> <p>12:45 <b>LL</b> Rummikub [3FGR]</p> <p>2:30 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>3:30 <b>SS</b> Shuttle to St. Gabe's Catholic Church</p> <p>6:00 <b>LL</b> Movie Night-"The Pursuit of Happiness" Starring Will Smith [T]</p>
<p><b>Happy Birthday to Leona S. 7</b></p> <p>9:00 <b>SS</b> Worship Service w/ the Moses Family [T]</p> <p>1:00 <b>SS</b> Sunday Service w/ Fr. David from St. Gabe's [CR]</p> <p>3:00 <b>CE</b> Sunday Scrabble [3FGR]</p> <p>6:00 <b>LL</b> Movie Night-"Undercover Grandpa" Starring James Caan [T]</p>	<p><b>Happy Birthday to Joe P. 15</b></p> <p><b>National Hat Day</b></p> <p><b>Martin Luther King, Jr. Day</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>10:30 <b>PE</b> Seated Exercise [CR]</p> <p>12:30 <b>CC</b> Errand Express-Walmart</p> <p>12:45 <b>LL</b> Pinochle [3FGR]</p> <p>2:30 <b>LL</b> Bingo [2FK]</p> <p>4:00 <b>LL</b> Beer &amp; Wine w/ Tom on Piano Wear a Hat to Happy hour today</p> <p>6:00 <b>LL</b> Kings in the Corner-Card Game [3FGR]</p>	<p><b>Happy Birthday to Bob M. 9</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>9:00 <b>SS</b> Grief Support Group w/ Don Eisenhower [CR]</p> <p>10:30 <b>PE</b> Noodle Ball [CR]</p> <p>12:30 <b>LL</b> Afternoon Movie-"Bob Hope- Entertaining the Troops" [T]</p> <p>1:00 <b>CC</b> Senior Circle Bridge [3FGR]</p> <p>2:00 <b>PE</b> Seated Yoga w/ Vicky [CR]</p> <p>3:00 <b>LL</b> Movie Outing TBA</p>	<p><b>Happy Birthday to Lewin D. 17</b></p> <p>8:30 Breakfast with the Managers [BB]</p> <p>9:00 <b>PE</b> Yoga [CR]</p> <p>10:15 <b>PE</b> Zumba Gold w/ Linda [CR]</p> <p>12:45 <b>LL</b> Canasta [3FGR]</p> <p>1:00 <b>LL</b> Jesse - The Mentalist</p> <p>1:00 <b>PE</b> Wii Bowling [3FBA]</p> <p>2:30 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>6:00 <b>PE</b> Pool</p>	<p><b>Happy Birthday to Betty T. &amp; Gene H. 11</b></p> <p>8:00 <b>PE</b> Walking Club</p> <p>8:30 <b>CC</b> Breakfast Outing to Brooks Cafe</p> <p>10:30 <b>PE</b> B/P Check [PDR]</p> <p>12:30 <b>LL</b> "Just Us Gals" [T]</p> <p>1:00 <b>AE</b> Chestnut Knoll at Home Presents Coloring with a Purpose [CR]</p> <p>1:00 <b>LL</b> Poker [3FWR]</p> <p>2:00 <b>PE</b> Shuffleboard</p> <p>3:30 <b>LL</b> Happy Hour w/Kris Yeaworth- Hot toddy Drink Today</p> <p>6:00 <b>LL</b> Winter "Bunco" [3FGR]</p>	<p><b>Happy Birthday to Ralph R. 6</b></p> <p>10:00 <b>AE</b> Necklace Beading w/The Harrison's</p> <p>12:15 <b>LL</b> Mini Manicures [2FK]</p> <p>12:45 <b>LL</b> Rummikub [3FGR]</p> <p>2:30 <b>LL</b> Quarter/ Dime Bingo [2FK]</p> <p>3:30 <b>SS</b> Shuttle to St. Gabe's Catholic Church</p> <p>6:00 <b>LL</b> Movie Night-"The Pursuit of Happiness" Starring Will Smith [T]</p>

# January 2018

## Independent Living Lifestyle & Leisure



### Sunday Monday Tuesday Wednesday Thursday Friday Saturday

**Happy Birthday to Anita O. 21**  
 9:00 **SS** Worship Service w/ the Moses Family [T]  
 1:00 **SS** Sunday Service w/ Fr. David from St. Gabe's [CR]  
 3:00 **CE** Sunday Scrabble [3FGR]  
 6:00 **LL** Movie Night-"21" Starring Kevin Spacey [T]

9:00 **CC** Errand Express-Redner's 22  
 10:30 **PE** Seated Exercise [CR]  
 12:45 **LL** Pinochle [3FGR]  
 1:00 **CC** Senior Circle Bridge [3FGR]  
 1:30 **CE** Presentation by Bonnie Betz on The History of Victorian Jewelry [CR]  
 2:30 **LL** Bingo [2FK]  
 4:00 **LL** Beer & Wine w/ Tom on Piano  
 6:00 **LL** Kings in the Corner-Card Game [3FGR]

**National Pie Day 23**  
 8:00 **PE** Walking Club  
 10:30 **PE** Noodle Ball [CR]  
 12:30 **LL** Afternoon Movie-"Bob Hope- Entertaining the Troops"  
 1:00 **CC** Senior Circle Bridge [3FGR]  
 1:30 **LL** Celebrate National Pie Day w/ a Pie Social [BB]  
 2:00 **PE** Seated Yoga w/ Vicky [CR]  
 4:45 **CC** Bingo Night at The Center at Spring Street

9:00 **PE** Yoga [CR] 24  
 9:30 **CC** Morning movie w/ kids from St Gabe's - "Frozen" [T]  
 10:30 **PE** Seated Exercise [CR]  
 12:45 **LL** Canasta [3FGR]  
 1:00 **SS** Interfaith Service [CR]  
 1:00 **PE** Wii Bowling [3FBA]  
 1:30 **LL** Afternoon movie "Frozen" [T]  
 3:00 **CC** Ice Cream Social w/ kids from St Gabes [DR]  
 5:45 **LL** Quarter/ Dime Bingo [2FK]  
 6:00 **PE** Pool

8:00 **PE** Walking Club 25  
 10:00 **CC** Trip to the Berkshire Mall  
 10:30 **PE** B/P Check [PDR]  
 12:30 **LL** "Just Us Gals" [T]  
 1:00 **LL** Poker [3FWR]  
 1:30 **CC** Sing A long W/ Tom & Mary [LR]  
 3:30 **LL** Happy Hour w/ Erwin Chandler  
 5:45 **LL** Winter Theme Bingo Night

8:00 **PE** Walking Club 26  
 9:00 **CC** Errand Express-Douglassville Loop  
 10:30 **PE** Seated Volleyball Tournament w/ Tri County Senior Center [CR]  
 1:00 **LL** Poker [3FWR]  
 1:30 **LL** January Birthday Party [BB]  
 2:30 **LL** Bingo [2FK]  
 6:00 **LL** Friday Flick- Residents Choice

12:30 **SS** Bible Study "What Does God Say..." w/The Cressman's [PDR] 27  
 12:15 **LL** Mini Manicures [2FK]  
 12:45 **LL** Rummikub [3FGR]  
 1:00 **AE** "Bake Shop" for Sunday Tea [2FK]  
 2:30 **LL** Quarter/ Dime Bingo [2FK]  
 3:30 **SS** Shuttle to St. Gabe's Catholic Church  
 6:00 **LL** Movie Night-"Bernie" Starring Jack Black [T]

9:00 **SS** Worship Service w/ the Moses Family [T] 28  
 1:00 **SS** Sunday Service w/ Fr. David from St. Gabe's [CR]  
 1:30 **LL** Sunday Afternoon Tea [BB]  
 3:00 **CE** Sunday Scrabble [3FGR]  
 6:00 **LL** Movie Night-"Fanny's Journey" Starring Leoni Souchaud [T]

10:30 **PE** Seated Exercise [CR] 29  
 12:30 **CC** Errand Express- Giant/ Target  
 12:45 **LL** Pinochle [3FGR]  
 1:30 **LL** Activity Meeting [PDR]  
 2:30 **LL** Bingo [2FK]  
 4:00 **LL** Beer & Wine w/ Tom on Piano  
 6:00 **LL** Kings in the Corner-Card Game [3FGR]

**Happy Birthday to Judy B. 30**  
 8:00 **PE** Walking Club  
 9:30 **PE** Volleyball Tournament w/ Keystone Villa Fleetwood  
 10:30 **PE** Noodle Ball [CR]  
 12:30 **LL** Afternoon Movie-"Bob Hope- Entertaining the Troops" [T]  
 2:00 **PE** Seated Yoga w/ Vicky [CR]  
 4:00 **LL** Dinner Outing to Italian Delight

9:00 **PE** Yoga [CR] 31  
 10:30 **PE** Seated Exercise [CR]  
 12:30 **CE** Afternoon Chair Travel-America's National Parks -Glacier [T]  
 12:45 **LL** Canasta [3FGR]  
 1:00 **PE** Wii Bowling [3FBA]  
 1:45 **LL** Cash in your Bingo Bucks  
 2:30 **LL** Quarter/ Dime Bingo [2FK]  
 6:00 **PE** Pool

1180 Ben Franklin Hwy  
 Douglassville, PA 19518  
 610-385-5000

- AE** Artistic Expression
- CC** Community Connections
- CE** Continuing Education
- LL** Lifestyle & Leisure
- PE** Physical Engagement
- SS** Spiritual Support

- Location Keys**
- 2nd Floor Kitchen 2FK
  - 3rd Floor Bridge Area 3FBA
  - 3rd Floor Game Room 3FGR
  - 3rd Floor West Rear 3FWR
  - Atrium A
  - Bottle Bar BB
  - Community Room CR
  - Dining Room DR
  - Living Room LR
  - Personal Care PC
  - Private Dining Room PDR
  - Theater T