

# January

## Memory Care Activities

# 2018

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	<b>1 8:30 Trivia</b> 	<b>2 8:30 Trivia</b> Balloon Toss Number Games Story Time Trivia Sing-a-long Snacks	<b>3 8:30 Trivia</b> AL: 10:00 Flex & Fun with Marv One-on-ones Watercolor Painting Reminisce Coffee Time	<b>4 8:30 Trivia</b> Beauty Shop Trivia Story Time Physical Exercise Animal Stories Snacks	<b>5 8:30 Trivia</b> AL: 10:00 Kupuna with Momi Word Games Balloon Toss Trivia Donut or Cookie Making Story Time	<b>6 8:30 Trivia</b> Mental Stimulation Physical Exercise Trivia Number Games Music Video One-on-ones
<b>7 8:30 Trivia</b> 10:30 Lutheran Service	<b>8 8:30 Trivia</b> Beauty Shop Physical Exercise Word Games Matching Games (3:30 Help with fingernails in AL)	<b>9 8:30 Trivia</b> Balloon Toss Number Games AL: 2:30 Monthly Birthday Party Sing-a-long Snacks	<b>10 8:30 Trivia</b> AL: 10:00 Flex & Fun with Marv One-on-ones AL: 2:30 Men's Coffee Hour Watercolor Painting Reminisce	<b>11 8:30 Trivia</b> Beauty Shop Trivia Story Time Physical Exercise Animal Stories Snacks	<b>12 8:30 Trivia</b> AL: 10:00 Yak & Snack Discussion Group Word Games Balloon Toss Trivia Donut or Cookie Making Story Time	<b>13 8:30 Trivia</b> Mental Stimulation Physical Exercise Trivia Number Games Music Video One-on-ones
<b>14 8:30 Trivia</b> 10:30 Lutheran Service	<b>15 8:30 Trivia</b> Beauty Shop Physical Exercise Word Games Matching Games Sensory Stimulation Snacks	<b>16 8:30 Trivia</b> Balloon Toss Number Games Story Time Trivia Sing-a-long Snacks	<b>17 8:30 Trivia</b> AL: 10:00 Tai Chi with Tracy One-on-ones Watercolor Painting AL: 2:00 Red Hat Party Reminisce Music Video	<b>18 8:30 Trivia</b> Beauty Shop Trivia Story Time Physical Exercise AL: 2:00 Old Time Fiddlers Snacks	<b>19 8:30 Trivia</b> AL: Flex & Fun with Marv Word Games Balloon Toss Trivia Donut or Cookie Making Story Time	<b>20 8:30 Trivia</b> Mental Stimulation Physical Exercise Trivia Number Games Music Video One-on-ones
<b>21 8:30 Trivia</b> 10:30 Lutheran Service	<b>22 8:30 Trivia</b> Beauty Shop Physical Exercise Word Games Matching Games Sensory Stimulation Snacks	<b>23 8:30 Trivia</b> Balloon Toss Number Games Story Time Trivia Sing-a-long Snacks	<b>24 8:30 Trivia</b> AL: 10:00 Flex & Fun with Marv One-on-ones Watercolor Painting Reminisce Coffee Time	<b>25 8:30 Trivia</b> Beauty Shop Trivia Story Time Physical Exercise Animal Stories Snacks	<b>26 8:30 Trivia</b> AL: 10:00 Yak & Snack Discussion Group Word Games Balloon Toss Trivia Donut or Cookie Making Story Time	<b>27 8:30 Trivia</b> Mental Stimulation Physical Exercise Trivia Number Games Music Video One-on-ones
<b>28 8:30 Trivia</b> 10:30 Lutheran Service	<b>29 8:30 Trivia</b> Physical Exercise Word Games Matching Games Sensory Stimulation Snacks	<b>30 8:30 Trivia</b> Balloon Toss Number Games Story Time Trivia Sing-a-long Snacks	<b>31 8:30 Trivia</b> AL: 10:00 Flex & Fun with Marv One-on-ones Watercolor Painting Reminisce Coffee Time		<b>BIRTHDAYS:</b> 1/1 Denise Cheever 1/2 Shirley Kempton 1/3 Stuart Emig 1/7 Heather Mondini 1/15 Warren Moyles	1/17 Wolf Noack 1/21 Chuck Reynolds 1/21 Al Gebhardt 1/23 Ginny Bither 1/27 Jan Peterson