

Jan./Feb./March 2018

"I never met a man I didn't like." -Will Rogers

Saranac Village at Will Rogers News is published quarterly for residents and their families, community members and friends of Saranac Village at Will Rogers. If you know someone who would be interested in receiving this newsletter, call 518-891-7117. Email [hmarlow@saranacvillage.com](mailto:hmarlow@saranacvillage.com) if you would like to receive the newsletter via email.

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Resident Dorothy Mitchell

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# Saranac Village at Will Rogers News

The Historic Retirement Community of the Adirondacks

## Moment's Notice

On Saturday, January 27th at 7:30 p.m., Moment's Notice, a new band featuring veteran local musicians, will perform on the historic Will Rogers stage. Their repertoire includes jazz standards, Latin, blues and rock interpretations. Whether you come to dance or to listen, you are sure to have fun!

The band features Karen Baker on keyboard, Mike Joyce on guitar, Sadie

Spada on vocals and Dan Spada on bass. The rhythm, melody and harmony, both vocally and instrumentally, blend together to provide a varied, smooth, listenable sound with a solid, rhythmical dance beat. Moment's Notice provides an intimate nuanced groove to share with their audience. The music and sound are warm enough to melt the distinction between performer and listener.

This program is open to the public and there is a \$5 requested donation. Refreshments will be served. For more information, please call 518-891-7117.



## Generations Music Program

On Wednesday, March 7th at 2:00 p.m., as part of our Road to Retirement Series, Kristi Colarusso will talk about the intergenerational music program she is currently teaching at Saranac Village at Will Rogers and throughout the North Country. This program, featuring children up to the age of 5 along with seniors, combats isolation and depression and helps to lift spirits in participating guests as well as onlookers.

Held on Wednesday mornings at 9:45 a.m. at Will Rogers, families bring their children to introduce them to music, song and dance and to share with our residents joy, friendship and harmony. Participants enjoy witnessing the children's jubilant music-making and find a sense of purpose in being part of their learning.

Both programs are free and open to the public. For more information, please call 518-891-7117.





## A Note from Jamie Whidden

This time of year makes me think of the beautiful song *Winter Wonderland*. "Oh the weather outside is frightful, but the fire is so delightful. And since there's no place to go, let it snow, let it snow, let it snow!" I enjoy knowing that the residents at Will Rogers can be inside enjoying warmth, comfort, fun and friendship while the weather swirls about like a snowglobe outside.

You can be part of this wonderland by coming to stay with us this winter either on a short-term or permanent basis. Imagine yourself sitting in front of that warm fire or watching the snow fall out our big windows. Call us at 518-891-7117 so we can find the perfect apartment for you. Seasons' Greetings!  
-Jamie Whidden  
Executive Director

## Welcome New Residents:

Barbara Brooks  
Marcy Dunn  
Pat Tuthill

## Photo Album



Left: Resident, Elaine Sunde and son, Brian Mann, enjoy Thanksgiving Dinner at Will Rogers complete with all the trimmings!

Right: Residents and guests joined the Will Rogers Outings Club for a trip to High Falls Gorge. It was sunny, cold and full of winter fun!



Left: Kay Leigh, Gerri Middleton and Gretchen Ralph enjoy walking through a winter wonderland!

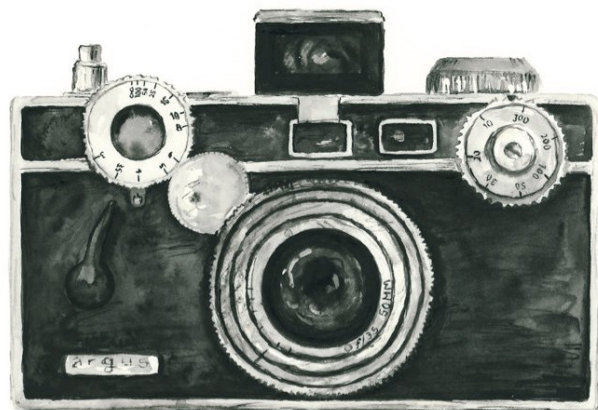
## Memory Making through Art, History & Storytelling

On February 7th, at 2:00 p.m., our Road to Retirement Series will feature Memory Making through Art, History and Storytelling. This presentation is part of a special program put together by the Lake Placid Olympic Museum, the Lake Placid-North Elba Historical Society and Historic Saranac Lake. An installation of photographs from their collections will be on display in the Dining Room at Will Rogers beginning in January. Residents and visitors are encouraged to fill out cards sharing memories triggered by these historic pictures.

This display is intended to encourage storytelling and foster connections and conversation about shared memories. It is made possible by the Generous Acts Fund established by the Adirondack Foundation.

The photo installation is available to be seen beginning January 9th from 2:00 p.m. to 4:00 p.m. each day in the Will Rogers dining room until March 1st. It will also be available to be seen at any open-to-the-public programs during that time.

Come learn about history, relive the past and pass on your cherished memories. This program is free and open to the public. Refreshments will be provided at the Road to





## Calendar of Events!\*

**Road to Retirement: The History of Adirondack Foods Through Five Eras on Wednesday, January 3rd at 2:00 p.m.** Ernest & Cathy Hohmeyer, co-owners of the Lake Clear Lodge & Retreat, will present a talk on the fascinating evolution of Adirondack food. Executive Chef, Cathy, will also have a demonstration and offer a small tasting.

**Trivia Night on Saturday, January 13th at 7:30 p.m.** Come test your knowledge with 10 sets of questions in a variety of categories. This is a fundraiser for Creative Healing Connections, an organization that supports women Veterans and women with chronic illness. Our host will be Jason Brill. There is a \$20 entry fee. Contact Gail Brill at gailbrilldesign@gmail.com or at 518-586-1063.

**Moment's Notice on Saturday, January 27th at 7:30 p.m.** Join us as Karen Baker, Mike Joyce, Dan Spada and Sadie Spada perform jazz standards, Latin, Blues and rock interpretations. \$5 suggested donation.

**Outings Club: Snowshoeing at Dewey Mountain on Tuesday, January 30th at 10:00 a.m.** Walk the trails at Dewey (\$5 includes use of snowshoes), have lunch at the Blue Moon Café (\$7.95 and up) and visit Moody Tree Farm. Bring your own snowshoes if you have them. Please dress for the weather. Call 518-891-7117 to RSVP.

**Road to Retirement: Memory Making Through Art, History & Storytelling on Wednesday, February 7th at 2 p.m.** The Lake Placid Olympic Museum, Lake Placid-North Elba Historical Society and Historic Saranac Lake will present a talk about an installation of historic photographs at Will Rogers. (See story on page 2.)

**Winter Carnival Slide Show on Thursday February 15th at 2:00 p.m. & 7:30 p.m.** Come re-live the 2018 Winter Carnival *Adirondack Festival* through highlights and pictures at this photo presentation by Mark Kurtz.

**French Club Trivia Night on Saturday, February 24th at 7:30 p.m.** The Saranac Lake High School French Club will host this trivia night to raise funds for an upcoming school trip. Come test your knowledge and help students attain their goal. \$20 entry fee. Contact Dianne Fortado at 518-891-5275.

**Outings Club: Visit to Hohmeyer Lodge on Tuesday, February 27th at 10:00 a.m.** We'll visit to Hohmeyer's Lodge in Lake Clear for an Adirondack Foods luncheon, cooking demonstration and either a horse-drawn sleigh ride or snowshoeing. \$15 per person for lunch and please call for details. Call 518-891-7117 to RSVP.

**Road to Retirement: High Peaks Music Together on Wednesday, March 7th at 2:00 p.m.** High Peaks Music Together Generations Program Instructor Kristi Colarusso, will talk about this intergenerational music program that she is currently teaching in the North Country. Learn about the benefits, the fun and the purpose.

**Middlebury College Dissipated Eight on Saturday, March 10th at 7:00 p.m.** Come hear one of the oldest all-male A Capella groups in the country! This eight man double quartet sings and simulates the sounds of instruments by using different pitches of their voices. \$5 suggested donation.

**Concussion on Saturday, March 17th at 7:00 p.m.** Come to a projected screening of the movie *Concussion*, starring Will Smith, about the NFL and the discovery that football players were suffering consequences from the repeated head injuries they were enduring from playing the game.

**Outings Club: Adirondack Loj on Tuesday, March 27th at 10:00 A.m.** Join us for a snowshoe or hike on the beautiful trail around Heart Lake, a presentation on Adirondack owls and a luncheon inside the Loj (\$17 pp). Snowshoes will be provided by the Loj. \$5 fee for Lojo talk and or walk. Call 518-891-7117 to RSVP.

**Game nights will be held on the 2nd and 4th Saturdays of each month  
from 6:30 p.m.—9:30 p.m. in the Lower Lounge.**

**\*All programs are free unless otherwise noted.**



## *Saranac Village at Will Rogers*

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*Saranac Village at Will Rogers offers independent retirement living with enhanced services, no buy-in fee and a great value! We treat you like family!*

### **Resident Spotlight: Kay Leigh**

Julie Andrews said, "I'm never sure one is exactly ready. You jump in, with both feet, into a very big fish pond." But it seemed, for the staff of Will Rogers, that Kay Leigh was definitely ready to jump into a new life at Will Rogers. From the very first day when she joined residents for cocktail hour she seemed ready to meet new friends. And she has continued to take part in numerous activities while socializing and smiling all the time!

Kay was born in East Orange, New Jersey, and lived in Irvington, New Jersey, until going to college in 1949. She attended the University of Vermont, where she met her husband. After their wedding, they traveled to many places including Germany. Kay and her husband raised their children in their new home.

When Kay's husband retired from his Army services in 1979, they moved to Bloomingdale, NY where Kay still owns her home. After moving to Bloomingdale, Kay worked at the Hilton Hotel in Lake Placid which is now High Peaks Resort, where she was the Dining Room Manager. She has two children, Cathy & Warren. Cathy is the owner of Scott's Florist in Saranac Lake, and her son Warren is a teacher in Massachusetts.

Kay's hobbies include sewing and knitting and also enjoys reading a good book. She enjoys residing at Will Rogers for many reasons, but what sticks out to her the most is how friendly and welcoming everyone is. The staff at Will Rogers continue to amaze her, especially Warren, an activities assistant, when he is driving so many residents to and from their appointments. The staff always have a smiling face & they make her feel at home. Kay enjoys that there are many things to do at Will Rogers and there are always people to be with.

Welcome, Kay!

