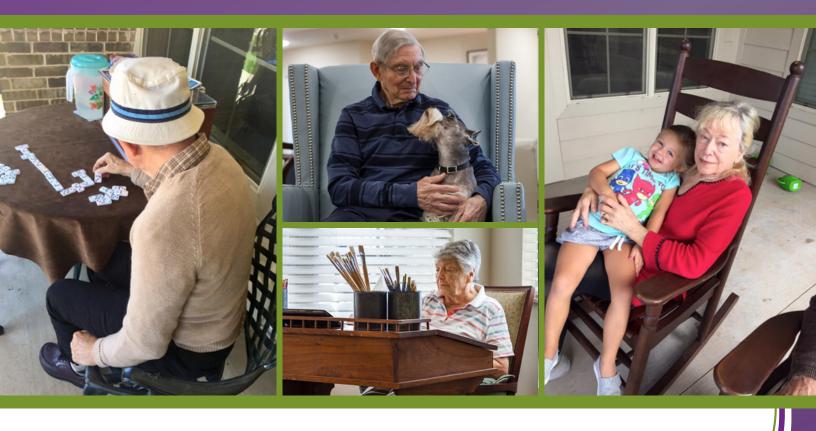


Life at Iris



At **Iris Memory Care** we believe every moment matters, and that our residents deserve **compassion**, **dignity**, and **comfort** while living a fulfilled life.

Pet Therapy

Studies have shown that animals offer great mental and emotional support to people with dementia, which is why pets are a welcome part of life at Iris!

We look forward to and enjoy regular visits from therapy animals and family pets.

We also love the company of our resident cockatiels, Fred and Ethel!





Visits from Loved Ones



Children, grandchildren, great-grandchildren, and friends are always welcome at Iris.

Regular visits by loved ones help bring more life, love, and fun to our residents and the community!



Snoezelen Therapy

Iris Memory Care is the first community in Oklahama City to offer state of the art Snoezelen Therapy, which provides a fun and creative way to explore and enjoy different sensations through sensory stimulation. From captivating bubbles tubes to soothing fiberoptic light strands that slowly change colors, our Snoezelen cart is sure to lift the spirits of our residents and provide calming benefits.



Live Music

Our grand pianos are regularly played by residents and visitors alike! Filling our community with music is an integral part of making every moment matter at Iris!







Gardening

Our residents enjoy gardening and caring for plants of all types! Getting our hands dirty through horticulture therapy is good for the mind, body, and soul!



Arts & Crafts

The creative process is an important part of the day at Iris! Our residents regularly enjoy a variety of arts and crafts with loving support from friends and staff.



Classic Games

Our residents and staff love their games, especially the tried and true favorites like dominoes and cards! Iris staff facilitate these games and play an active role so that the challenges of dementia never get in the way of our



residents having fun and enjoying success. This is what we call our "Failure Free" approach, which helps maintain pride and dignity.

Video Games & Other Advanced Technology

At Iris, we love incorporating technology into our days. Games on the Nintendo Wii, music played through iTunes and YouTube on our smart TVs, and watching videos on handheld tablet computers are always favorites amongst the residents!







iCan

1PM

Living Virtues

Created by Benjamin Pearce, who has more than 30 years of experience in senior care, our iCan activities program is a multifaceted, interdisciplinary approach to activity, social, and leisure programming. iCan utilizes Apple iCal to schedule



programs on a daily, weekly, monthly, and quarterly basis. There are 19 activities per day to choose from, and over 7,000 activities per year!

The use of iCan allows us to understand a person not only as someone who suffers from an illness, but also as someone who inhabits healthy traits and a personality that remains intact even though it may seem hidden by illness. Research has shown that consistent, structured activity programming where residents are provided opportunities for engagement throughout the day reduces falls, agitation, and symptoms of depression.

