

December 2017

Sagebrook Senior Living



26	27	28	29	30	Dec 1	2
					Green Salad Garlic Parmesan Chicken Glazed Salmon Fresh Mashed Potatoes Sautéed Yellow Squash Baked Roll Cherry Pudding Cake	Green Salad Braised Pork Hungarian Goulash <i>or</i> Boiled Potatoes Chef's Steamed Vegetable Baked Roll Cow Tracks Ice Cream
3 Green Salad Yankee Pot Roast Buttermilk Fried Chicken Fresh Mashed Potatoes Mixed Vegetables Baked Roll Mint Chocolate Chip Ice Cream	4 Green Salad Hawaiian Chicken Beef and Broccoli Stir-Fry Seasoned Brown Rice Broccoli Baked Roll Angel Food Cake	5 Green Salad Garlic-Herb Pork Roast Shrimp Fettuccine Mushroom Risotto Herbed Corn Baked Roll Chocolate Banana Bread	6 Green Salad Pepper Beef Tips Orange Glazed Ham Fresh Mashed Potatoes/Gravy Cauliflower and Carrots Baked Roll Lemon Meringue Pie	7 Green Salad Chicken Piccata Bacon Wrapped Pork Tenderloin Seasoned Red Potatoes Green Beans Baked Roll Berry Peach Crisp	8 Green Salad Cod AuGratin Homestyle Salisbury Steak Rice Pasta Pilaf Chef's Steamed Vegetable Baked Roll Key Lime Pudding	9 Green Salad Spaghetti/Marinara Meat Sauce Cranberry Glazed Turkey Roast <i>or</i> Cornbread Dressing Peas Baked Roll Strawberry Cream Pie
10 Green Salad New England Pot Roast Chicken Cordon Bleu Fresh Mashed Potatoes Capri Blend Baked Roll Pound Cake	11 Green Salad Grilled Fish/Aioli Sauce Classic Stuffed Bell Pepper Ranch Potato Bake Roasted Squash Baked Roll Pumpkin Cheesecake	12 Green Salad Turkey Broccoli Pasta Dijon Chicken Enchilada Casserole Seasoned Rice Green Beans Baked Roll Chocolate Love Cake	13 Green Salad Balsamic Roasted Pork Beef Stuffed Cabbage Glazed Sweet Potatoes Broccoli Baked Roll Boston Cream Cake	14 Green Salad Beef Brisket/Vegetables Honey Baked Chicken Leg Garlic Herb Mashed Potatoes Baby Carrots Baked Roll Maple Bread Pudding	15 Green Salad Shrimp Fettuccine Scalloped Ham/Potatoes Delicious Rice Glazed Snap Peas Baked Roll Lemon Cheese Bar	16 Green Salad Turkey Roast/Zesty Rub Sirloin Steak <i>or</i> Bread Stuffing Green Beans Baked Roll White Poke Cake
17 Green Salad Seasoned Meatballs/Gravy Hungarian Goulash Garlic Mashed Potatoes Roasted Carrots Baked Roll Fresh Banana Cream Pie	18 Green Salad Honey Roasted Chicken Thigh Bacon Wrapped Patty Fresh Mashed Potatoes Lemon Buttered Broccoli Baked Roll Pineapple Upside Down Cake	19 Green Salad Grilled Pork Cutlet Beef Burgundy Baked Yams Baked Seasoned Squash Baked Roll Butterscotch Cake	20 Green Salad Salisbury Steak/Gravy Coconut Shrimp/Marmalade Sauce Candied Yams Capri Blend Baked Roll Chocolate Banana Bread	21 Green Salad Bacon Roasted Chicken Breast Country Fried Steak/Gravy Fresh Mashed Potatoes Peas and Carrots Baked Roll Pound Cake	22 Green Salad Filet of Fish Meuniere Baked Ham Parsley Rice Garlic Parmesan Green Beans Baked Roll Rice Pudding Dessert	23 Green Salad Meatloaf/Gravy Chicken A La King <i>or</i> Fresh Mashed Potatoes/Gravy Bacon Brussels Sprouts Baked Roll Peach Crisp
24 Green Salad Fried Chicken/Creamy Gravy Zesty Beef Roast Fresh Mashed Potatoes/Gravy California Normandy Blend Baked Roll Cherry Cheesecake	25 Oven Roasted Pork Glazed Sweet Potatoes Yellow Squash/Onions Baked Roll	26 Green Salad Classic Beef Stroganoff Shrimp Scampi Broccoli Garlic Bread Oreo Delight	27 Green Salad Pork Tenderloin BBQ Chicken Leg Homemade Stuffing Buttery Carrots Baked Roll Peach Cobbler	28 Green Salad Ham with Raisin Sauce Ham with Raisin Sauce Fresh Mashed Potatoes Green Beans Baked Roll Chocolate Chip Cake	29 Green Salad Honey Glazed Meatballs Cheddar Crumb Cod Brown Rice Broccoli Baked Roll Blueberry Pie	30 Green Salad Chicken Fettuccine w/ Sun-Dried Tomatoes Beef Stuffed Cabbage <i>or</i> Parsley Egg Noodles Harvard Beets Baked Roll Pear Crisp

31	Jan 1	2	3	4	5	6
Green Salad Tangy Pork Roast Chipotle Lime Tilapia Fresh Mashed Potatoes Seasoned Cauliflower Baked Roll Pumpkin Pie						