



Why Crafts Are Wonderful Holiday Gifts

Crafts are almost always cherished more than store-bought items, and many options are available to create for that special someone.

Try your hand at the following types of craft work:

Needle work, including sewing, embroidery, or other such needle arts. Depending on the occasion, you may choose something small, such as cloth napkins and potholders or cross-stitching a magnet or a simple picture. For occasions that require a larger gift, you may embroider an 8x10 picture or sew a cherished item like a handbag or bath robe.

Knitting or crocheting. Holiday gift ideas that are quick and inexpensive could include winter hats, scarves, gloves, or mittens. A more personalized

gift would be a poncho or slippers. However, for those who have the time and want to give a larger gift, afghans are the way to go! With all the different ways one can incorporate color, texture, and different designs into their afghans, this gift is sure to be cherished for many years.

Woodworking. Some examples include picture frames or carving a small statue of animals, loved ones, or even a caricature of themselves. Larger projects would be creating a headboard for a child's bed, a jewelry box for the wife, or even a spice rack for a cooking enthusiast.

The painting arts. These arts include oil and water-based canvas paintings. Having an art piece created by a friend is sure to be passed down in

the family, and the painting will always be worth much more than any mere price tag due to the love put into it.

Taking the time to make something for someone else will usually always beat out anything that is merely bought. The gifts that leave the most lasting impression are thoughtful and from the heart.

**MONTHLY
HEALTH TALKS
with O'Connell Pharmacy**

DECEMBER 20TH
Controlled Substances

FEBRUARY 21ST
Skin Disorders/Skin Cancer

AVALON
Assisted Living Community



HAPPY BIRTHDAY!

DECEMBER 2	DENNIS K.
DECEMBER 19	VERA R.
DECEMBER 20	NEWT R.
DECEMBER 20	CAROL S.
DECEMBER 22	LILY M.
DECEMBER 28	CAROL R.

UPCOMING EVENTS

DECEMBER 3RD

UW Students 1-2:00pm

DECEMBER 7TH

Poetry with Fabu for Memory Care 10:00am

DECEMBER 9TH

UW Students 1:00pm

DECEMBER 10TH

UW Students 1:00pm

DECEMBER 13TH

Holiday Family Dinner 5:30pm

DECEMBER 14TH –

Cookie Decorating with Girl Scouts 6:30pm

DECEMBER 15TH

Resident Christmas Party w Harmonica Hour 2:00pm

DECEMBER 20TH

Health Talk with O'Connell Pharmacy 3:00pm

DECEMBER 24TH

Community Christmas Eve Service 7:00pm

DECEMBER 28TH

Foot Clinic 1:00pm Sign Up in Lobby

Happy Holidays!



You're invited to our

Holiday Family Dinner

Wednesday, December 13th

Dinner will be served at 5:30pm

Please RSVP by December 8th

Call AYSA at 608-274-4350 or email

businessoffice@avalonalcommunity.com



Located at Avalon Assisted Living Community

2879 Fish Hatchery Road, Fitchburg, WI 53713

Office: 608-729-4894 | avalonalcommunity.com

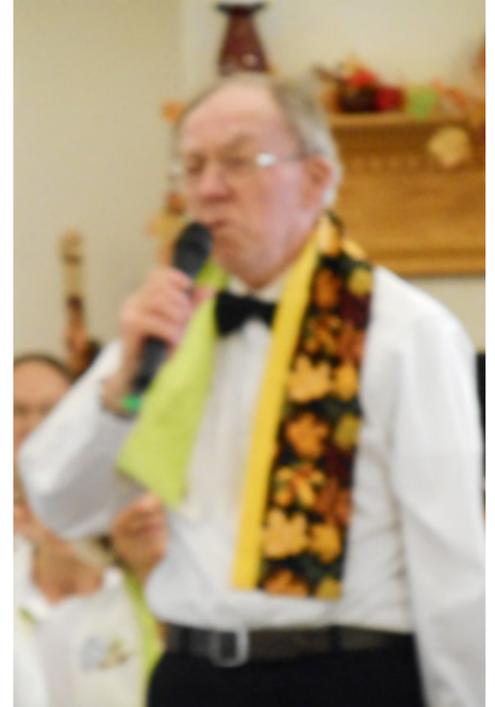
This coupon is good for ONE FREE MEAL at Avalon!



Please present coupon at time of meal.

Only 1 coupon per resident per month. Expires 12/31/17 Room # _____ Staff Initials _____

Fitchburg Singers performed on November 15th to start getting us in the Holiday Spirit.



Enjoying Old Time Fiddlers on Halloween



EMPLOYEE OF THE MONTH

Congratulations to both
October and November
Employees of the Month:

October: Max Soto, Housekeeper

November: Jane Turvey, Resident Asst.



Avalon Community Residents enjoying one of our favorites on Halloween, Old Time Fiddlers.

AVALON

Assisted Living Community

2879 Fish Hatchery Road
 Fitchburg, WI 53713
 Office: 608-729-4894
 AvalonALCommunity.com

OUR STAFF

ANGELA WENTZ
 Administrator

JULIE YEARLING, RN
 Health Services Director

JAN LOEFFLER
 Sales and Marketing Director

AYSA SELLERS
 Business Office Manager

NICOLE GUICHARD
 Life Enrichment Coordinator

NIKITA MATTHEWS
 Memory Care Coordinator

STEVE JACOBSON
 Chef/Dining
 Services Director

SANFORD JONES
 Driver

JUSTIN WHITE
 Maintenance Director



RIDGELINE
 MANAGEMENT COMPANY

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DECEMBER – WORD SEARCH

O	M	O	S	Z	Q	A	P	G	K	H	S	K	Q	I
L	X	H	Q	D	R	D	Z	L	K	O	N	C	P	I
L	Q	W	T	Y	E	H	M	C	K	C	S	A	T	S
F	G	Z	E	A	S	Z	P	O	B	V	U	N	G	N
A	R	L	A	L	O	N	I	O	I	P	Q	D	H	O
M	D	C	I	L	L	B	K	K	O	I	B	L	O	W
I	O	R	W	T	U	N	W	I	S	N	O	E	L	M
L	W	A	A	Q	T	G	E	E	W	E	R	S	I	A
Y	N	F	R	Y	I	E	N	S	M	C	N	U	D	N
Y	O	T	W	V	O	O	R	A	S	O	A	B	A	E
D	W	S	N	X	N	U	F	F	I	N	M	X	Y	Q
S	B	Z	C	J	S	J	Z	M	E	E	E	R	M	C
S	N	O	W	F	L	A	K	E	Z	S	N	A	G	C
F	H	S	E	Z	Z	G	G	U	E	E	T	L	T	V
Q	W	I	N	T	E	R	M	X	G	I	F	T	S	J

CANDLES
 COOKIES
 CRAFTS
 FAMILY
 GIFTS

GLITTER
 HOLIDAY
 ORNAMENT
 PINE CONES
 RESOLUTIONS

SNOWFLAKE
 SNOWMAN
 TEA
 WELLNESS
 WINTER