

Due to the busy holiday season,
Juanita's Bingo will be back next
year!



Office Hours

Monday-Friday 8:30am-5:30pm
Saturday & Sunday 9:00am-5:00pm

Administrator ~ Juanita Junco
Marketing Director ~ Marlene Squire
Activity Director ~ Tina Evans
Resident Relations ~ Beth Kovarik
R.R. Part Time ~ Traci Gelgood
Maintenance ~ Jack, Donnie
Transportation ~ Bruce and Drew
Housekeeping ~ Margaret, Phul,
Terri
Night Porters Part Time ~ Shane,
Joy, and Shari.

Roseville Commons Phone Numbers:

Office (916) 786-2751
Fax (916) 786-2781
Transportation (916) 870-2452
Kitchen (916) 786-3724
Activities Office (916) 749-3189

**We have staff on duty 24 hours a
day, 7 days a week!**

List of In-House Services

Rose Petal Salon
Christina Valdez
(916) 878-0435

Hours

Open Tuesday ~ Friday
9:00am-4:00pm

Manicures & Pedicures available

December Special:
50% off all Jewelry

Clean Touch

Cleaners & Alterations

Will Huttunen
(916) 366-6666

Blood Pressure Checks

Twice a month in the Lobby.
1st and 3rd Thursday of the month
9:30am

Except if they are on an emergency call!

Rite Aid

Will deliver prescriptions to your door.
(916) 784-1590

Sam's Hearing Center Clinic

Juliet

(916) 724-0078

Free cleaning, batteries & check-up!

2nd THURSDAY of every month
on the 1st floor in the Craft Room
@ 2:00pm.

Celtic Hands Massage

Kevin McLachlan
(916) 878-6189

Every 2nd and 4th Wednesday
Kevin will come to your apartment, or he will meet
you in the library, whichever you prefer!

**Sign up in the notebooks for
transportation, excursions, messages,
crafts and the
Hearing Clinic.**

The Rose Review

Roseville Commons • 275 Folsom Rd. Roseville, Ca 95678 • (916) 786-2751 • www.RayStoneSeniors.com



Roseville Commons TRANSPORTATION SCHEDULE

GROCERY SHOPPING

9am-11:45 am

ERRANDS

11:45am-2:45pm

Monday Dec. 4th
Monday Dec. 11th
Monday Dec. 18th
Holiday Dec. 25th

MEDICAL & DENTAL APPOINTMENTS

**Tuesdays &
Thursdays**

EXCURSIONS

Fridays

**Sign up in the books
located by the office!**

Holiday Spirit

Come join me for lots of fun and
holiday spirit on *December 1st in the
lobby at 1:30*. We will be
decorating the holiday tree
while enjoying a cup of old
fashioned hot chocolate
and delicious goodies.



Mark your
calendar to join
us this month as we
celebrate wonderful special
holiday programs. This is my favorite
time of the year, seeing all of the
beautiful lights and decorations; but,
most of all, spending time with my
family, friends, and
volunteering to help others
who are less fortunate.



Thanks to all of my residents and staff
for making this year wonderful and for
everyone's support and hard work.

Happy holidays & warm wishes!
Juanita

Marketing Moments

It is Christmas in the heart that puts Christmas in the air. Given what big hearts you all have, it will be a wondrous December at Roseville Commons!

Speaking of big hearts, our special friend and photographer, Gabe, will be in the lobby on Saturday, December 2 between 10:00am – noon to take your holiday photo with your pet, if you like. It's complimentary and Gabe will have the pictures for you the following week.



Since there is so much happening this month, be sure to check your calendar every day. We don't want you to miss out on anything! Please take a moment on December 7th to remember and honor the valiant service men, women and civilians who lost their lives during that fateful attack on Pearl Harbor 76 years ago.



Two lessons were learned from the strife that was faced by George Bailey and his wife; One, every time a bell rings, an angel gets her wings. Two, it's a WONDERFUL life!

As 2017 draws to a close, please join us on the 31st for champagne and cheer. With smiles and friends, we celebrate the New Year!



Happy Holidays!
Marlene

The Meaning of Messy

December 21 is the shortest day of the year in the northern hemisphere, so why bother making your bed when you'll soon be back under the covers? That was the rationale behind fifth grader Shannon Barba's appeal to the United States Congress asking to make Don't Make Your Bed Day an official holiday. Perhaps Barba doesn't appreciate what making a bed in the morning reveals about an individual's personality. Some psychologists claim that those who make their beds set a positive tone for the rest of the day. Bed-makers are organized go-getters. What about those who don't make their beds? These people are not necessarily unorganized, but instead enjoy not knowing what happens next. They enjoy surprises that bring excitement and energy to the day.

When Brown is Best



On December 4, it's time to add a new color of footwear to your shoe closet, it's Wear Brown Shoes Day!

Most men play it safe when dressing and opt for black shoes. Black is versatile and goes with most any outfit. But sometimes black just won't do and brown shoes are the perfect finishing touch.

When choosing a pair of shoes one must always first consider the colors of the outfit. Are you wearing a smart, suave ensemble for a night out in the city? Follow the maxims "No brown in town" or "No brown after six." Black is likely best. But are you wearing earth tones like khaki, tan or green? Then go brown. Brown even pairs well with varying shades of red, white, and navy. Also, are you wearing brown suede? Brown brogues? Antique brown patina oxfords? As you can see, brown shoes can be just as fancy as black.

So, on December 4, don't play it safe. Take a fashion risk and wear a pair of brown shoes. If you're particularly stylish, pair those brown shoes with some colorful shoelaces.

Fun Excursions

I wanted to start off by saying "Thank you" to everyone who donated tabs to the Ronald McDonald House we visited in Sacramento last month. These tabs assist in paying for parents to stay at the house with their children while they are healing and coping with their treatments. If you would like to keep saving the tabs, I will collect them during happy hour.



I can't believe it is already December! Where has the year gone? Let's end 2017 with a bang! This month we will be going on our eat out only on Friday, December 1st to Venita Rhea's Restaurant. It's a quirky mainstay with a French countryside motif providing American classics for breakfast and lunch.

The holidays are my favorite time of year. I'm looking forward to seeing all the fabulous decorations and lights. I know quite a few of you enjoy the twinkling lights during this time of year. So, I thought it



would be a fun idea to go view the Christmas lights in The **Fab 40's**. It's the most well-known residential spot to view Christmas lights in East **Sacramento!** We will start off with dinner at Sactown Grill. Then, it's off to view the lights on Friday, December 22nd.

We have a special outing this month. We are heading over to Winding Commons on Friday, December 15th to play a beanbag baseball game against their team. Roseville Commons has two teams, The Roseville Aces and The Terminators, and they have both been practicing for this game. They will join forces and become one team and play against the Winding Commons team. Good luck Roseville Commons! If you are interested in any of these excursions, please **sign up in the book!**

Tina

Culinary Corner

Happy holidays Roseville residents!

I hope all of you have been enjoying the colder weather and warmer foods! We have a ton of fun activities in December with little food treats for you to enjoy along the way.

Our Christmas meal this year will be decadent. We will be serving a luscious prime rib with au jus and creamy horseradish, as well as a juicy pineapple glazed Christmas ham with all the fixings! It will be a great feast for you and your families.



Not to be outdone, I will be serving a stylish New Year's Eve dinner to welcome in the New Year with a bang! It's the last day of the year and we plan to finish it off with class and elegance. I hope all of you will enjoy it.



I would like to take a moment to go over the seating policy at Roseville Commons, as some residents are unsure of it. Please remember there is no assigned seating or "saving" of seats for residents. We operate on a first come, first serve policy. If you would like to sit with certain members of the community, the best practice is to have all of your party arrive at the same time to ensure you will be seated together. There are times when a section is overloaded with residents, and we must seat you in a section that has fewer residents, in order to better accommodate the community as a whole. This may not be where you normally prefer to sit, but we must think about providing the best service possible to all of our residents and guests. In order to do that, the host must seat you in a section that can accommodate you. We appreciate your understanding in this matter.

Happy holidays!
Chef Brian

