

The Pioneer Woman's Favorite Christmas Cookie Recipe

PREP TIME: 2 Hours DIFFICULTY: Easy
COOK TIME: 6 Minutes SERVINGS: 36 Servings

COOKIES:

- 2/3 cups Shortening
- 3/4 cups Sugar
- 1/2 teaspoon grated Orange Or Lemon Zest
- 1/2 teaspoon Vanilla
- 1 whole Egg
- · 4 teaspoons Milk
- 2 cups Flour
- 1-1/2 teaspoon Baking Powder
- 1/4 teaspoon Salt

EGG YOLK GLAZE:

- 1 whole Egg Yolk
- 1 teaspoon Water
- 2 drops (to 3) Food Coloring

WHITE DECORATIVE ICING:

- 1 bag 2 lb Powdered Sugar
- 1/4 cup Milk
- 2 Tablespoons Egg White (optional)

Cream shortening, sugar, orange peel, and vanilla thoroughly. Add in egg and beat until light and fluffy. Add in the milk and mix.

Sift dry ingredients together, then blend into cream mixture. Divide dough in half (thirds if you double your recipe), slightly flatten between two sheets of waxed paper, then refrigerate for one hour (or freeze for 20 minutes).

While dough is chilling, combine egg yolk, water and food coloring to make the egg yolk glaze.

Roll out dough on lightly floured surface and cut into shapes with cookie cutters. Transfer shapes to lightly greased cookie sheet and paint cookies (with a soft brush) with egg yolk glaze.

After brushing with egg yolk glaze, bake at 375 degrees for approximately 6 minutes. Do not allow the cookies to brown.



While cookies are baking, mix powdered sugar, milk and egg whites (which are optional) to make the decorative icing. Remove cookies from oven to a wire rack to cool. Then, using a pastry bag or Ziploc bag, pipe with white icing to decorate.

Note: when making the white decorative icing, make sure that it is thick and somewhat retains its shape.



As we prepare to say goodbye to 2017, we pause to reflect on the blessings this year has held. We have made many new friends, said goodbye to some, and made special memories together as we shared in one another's joys and sorrows. In November we honored our Veterans and came together to give thanks for each other, and for our faithful volunteers. As we begin seeing Christmas decorations, and look ahead to a calendar filled



with singing, parties and special outings, let's remember to slow down and reflect upon that first Christmas so long ago, and the joyous message that it proclaimed. Our Merryvale family wishes you a blessed and Merry Christmas and a Happy New Year!

RESIDENT OF THE MONTH

Ms. Betty Colquitt Barton was born on November 8th, in Crawford, GA, to Christine and Bill. She is the oldest of three girls and has very fond memories of her childhood. She recalls trying unsuccessfully to milk the cows with her sisters, and playing games together. Her father was a farmer, and they didn't take many family vacations but she remembers a wonderful trip to Gatlinburg. After graduating from high school Ms. Betty moved to Atlanta where she lived in a small boarding house for girls. Her family followed to Decatur in 1955. Ms. Betty had only one job during her life, with Fulton National Bank which is now Bank of America. She started there in 1953, as a teller, and eventually moved to stock transfers where she stayed until



Ms. Betty Barton

her retirement in 1993. She married her husband Dewie, on March 5, 1966 and together they had one daughter, Kris, who now lives in Loganville, GA. She also has three granddaughters, Kelsey, Reagan and Rose.

SAVE THE DATE

(Events of This month)

Monday, December 4th @ 2:00 pm Christmas with FDR, Live Video Conference Media Room

> Tuesday, December 5th @ 3:00 pm Joyful Messengers Quartet Dining Room

Thursday, December 7th @ 2:00 pm The Merry Music of Dave Leinweber Dining Room

Thursday, December 14th @ 3:00 pm Big Shiny Brass Dining Room

Tuesday, December 19th @ 5:00 – 7:00 pm "Come Together for Christmas" Party featuring Dinner, Dancing, and the Music of Tom LaMattina Dining Room

Friday, December 22nd @ 2:00 pm Social Circle Theater Choral Group Dining Room

SPECIAL EVENTS

WREATH STROLL

Stop by between Dec 1 - 14th and participate in our silent auction wreath stroll. Vendors are donating beautifully decorated wreaths that will be auctioned off with all proceeds benefiting the Alzheimer's Association. The wreaths will be displayed all around the

your silent auction bid at the concierge desk! VETERANS' BREAKFAST

building, so stop in to take a look and drop off

Friday, December 1st @ 8:30 am Merryvale Bistro

Immediately following we will be joined by special guest, Rosie the Riveter

SUPPORT GROUPS

Lewy Body Dementia Support Group 2nd Tuesday of the month @ 10 am Merryvale Library

Alzheimer's Support Group 3rd Thursday of the month @ 7 pm Merryvale Library "will resume in January"

Staff Directory of DEPARTMENT HEADS

Executive Director Gena McLendon

gmclendon@merryvaleal.com

Director of Business Administration Debbie Adams

dadams@merryvaleal.com

Director of Sales & Marketing Melissa Chupp

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Director of Building and Grounds David Lockwood

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Programming & Activities Director Robin Lockwood

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Food Services Director Adam Roth

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Resident Services Director Maria Rose

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Rose Lane Coordinator Marti Clotfelter

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Assisted Living Coordinator Amy Stowe

astowe@merryvaleal.com

Birthdays on December:

Residents

08th - Betty Bellairs

23rd - Billie Rice

25th - Kathryn Head

Staff

02nd - Debbie Adams

03rd - Brandy Hayes

08th - Gena McLendon

31st - Rebekah Stone

31st - Lindsey Borchers



Sat	9:30 Daily Devotions (DR) 2.01 List Heart Smart Exercise (AR) 2:00 The Music of Billy Hodges (DR) 3:15 Merryvale Walkers (AR) (Independent Walking)	9:30 Daily Devotions (DR) 9 10:00 Kidz in Step Dance and Gymnastics (DR) 11:15 Heart Smart Exercise (AR) 2:00 Bingo (DR) 3:15 Merryvale Walkers (AR)	9:30 Daily Devotions (DR) 10:15 Heart Smart Exercise (A 2:00 Mary Leinweber's Violi Student Concert (DR) 3:15 Merryvale Walkers (AR)	9:30 Daily Devotions (DR) 23 10:15 Heart Smart Exercise (AR) 2:00 Bingo (DR) 3:15 Merryvale Walkers (AR)	9:30 Daily Devotions (DR) 30 10:15 Heart Smart Exercise (AR) 2:00 Bingo (DR) 3:15 Merryvale Walkers (AR)	Dining Room = DR Activity Room = AR Media Room = MR Bistor = B AL Activity Room = AAR Community Wide = CW
Fri	NO DEVOTIONS TODAY I 10:00 "Rosie the Riveter" (DR) 11:15 Heart Smart Exercise (AR) 2:00 Mansfield Pickers and Singers (DR) 3:15 Merryvale Walkers (AR)	9:30 Daily Devotions (DR) 8 11:15 Heart Smart Exercise (AR) 1:00 Connect Hearing Sereen and Clean (MR) 2:00 Eva Bone Piano Recital (DR) 3:15 Merryvale Walkers (AR)	ઙ _ જ	9:30 Daily Devotions (DR) 22 10:15 Heart Smart Exercise (AR) 2:00 Social Circle Theater Choral Group (DR) 3:15 Merryvale Walkers (AR)	\(\frac{1}{2} \) \(\frac{1}{2} \)	naa!
Thu		9:30 Daily Devotions (DR) 7 10:15 Heart Smart Exercise (AR) 11:00 Heritage Education (AR) 2:00 Circle up to Sing- (DR) 3:15 Merryvale Walkers (AR)		9:30 Daily Devotions (DR) 21 10:15 1st Presbyterian Church Ambassador Choir (DR) 11:15 Heart Smart Exercise (AR) 1:00 Martha's Matinee: Christmas in Connecticut (MR) 3:15 Merryvale Walkers (AR)	9:30 Daily Devotions (DR) 28 10:15 Heart Smart Exercise (AR) 2:00 Circle up to Sing and Birthday Bash (DR) 3:15 Merryvale Walkers (AR)	ry christ
Med		9:30 Daily Devotions (DR) 6 10:00 Resident Council (DR) 11:15 Heart Smart Exercise (AR) 2:00 Bingo (DR) 3:15 Merryvale Walkers (AR) 7:00 Macedonia Baptist Church Christmas Caroling and	9:30 Daily Devotions (DR) 13 10:15 Heart Smart Exercise (AR) 11:15 Over 50 (AR) 11:30 The Montessori School at Covington (DR) 3:15 Merryvale Walkers (AR) 7:00 Kids Rock/Rockfale Community Church (DR)	9:30 Daily Devotions (DR) 20 10:00 The Music of Mary Cone (DR) 11:15 Heart Smart Exercise (AR) 3:15 Merryvale Walkers (AR)	9:30 Daily Devotions (DR) 27 10:15 Heart Smart Exercise (AR) 2:00 Bingo 3:15 Merryvale Walkers (AR)	menny
Tue		9:30 Daily Devotions (DR) 10:30 Zion Baptist Church Jubline Choir (DR) 11:15 Heart Smart Exercise (AR) 11:15 Piecadilly Lunch/Belk (Load AR) 3:00 Joyful Messengers (DR) 4:15 Merryvale Walkers (AR)	9:30 Daily Devotions (DR) 12 10:15 Heart Smart Exercise (AR) 1:15 Chiek Fil-a Bingo (Load AR) 3:15 Merryvale Walkers (AR)	9:30 Daily Devotions (DR) 19 10:15 Heart Smart Exercise (AR) 3:15 Merryvale Walkers (AR) 5-7 "Come Together for Christmas" Party Dinner, Dancing and Music(DR)	9:30 Daily Devotions (DR) 26 10:15 Heart Smart Exercise (AR) 2:00 Bingo (DR) 3:15 Merryvale Walkers (AR)	
Mon	LOYALTY ACTIVITIES IN RED!! FILL UP YOUR LOYALTY CARD AND BE ENTERED INTO THE QUARTERLY DRAWING FOR A \$50 GIFT CARD!! YOU CAN BE A WINNER!	9:30 Daily Devotions (DR) 10:15 Tai Chi (AR) 2:00 Christmas with FDR Live Video Conference (MR) 3:15 Merryvale Walkers (AR) 4:00 Magical Night of Lights and Dinner (Load AR)	9:30 Daily Devotions (DR) 11 10:15 Heart Smart Exercise (AR) 11:00 Man Cave (MR) 2:00 Singalong with Tim Barnes (DR) 2:30 Milkshake Monday (DR) 3:15 Merryvale Walkers (AR)	9:30 Daily Devotions and [8] Christmas Communion (DR) 10:15 Walmart Shopping (AR) 1:00 Heart Smart Exercise (AR) 2:00 Bingo Store (DR) 3:15 Merryvale Walkers (AR)	Christmas Day 25 Independent Activities	
Sun		10:00 Worship Service (DR) 3 12:45 Communion (MR) 2:00 Game Time (DR) 3:15 Merryvale Walkers (AR)	10:00 Worship Service (DR) 10 2:00 Game Time (DR) 3:15 Merryvale Walkers (AR)	10:00 Worship Service (DR) 17 2:00 Game Time (DR) 3:15 Merryvale Walkers (AR)	10:00 Worship Service (DR) 24 2:00 Game Time (DR) 3:15 Merryvale Walkers (AR)	10:00 Worship Service (DR) 31 2:00 Game Time (DR) 3:15 Merryvale Walkers (AR)
	Mon Tue Wed Thu Fri	MON FILL UP YOUR LOYALTY ACTIVITIES IN RED!! LOYALTY ACTIVITIES IN RED!! FILL UP YOUR LOYALTY CARD AND BE ENTERED INTO THE QUARTERLY DRAWING FOR A \$50 GIFT CARD!! YOU CAN BE A WINNER!	MODEVOTIONS TODAX 19:30 Daily Devotions (DR) 10:00 "Rosie the Riveter" (DR) 10:00 "Rosie th	CONDITION OF PROPERTY ACTIVITIES IN REDIT CONDITION OF PROPERTY CARD CONDITION OF PROPERTY CARD	CONTLY ACTUVITES IN REDIT CONTRIC CARRIER OF ACTUAL PARK NOT ACTUAL	COVALY ACTIVITIES IN REDIT

CHRISTMAS DAY

by Merryvale resident, Doris Campbell



I'm going out of my mind.

So many presents, I've got to find.

I've got to get to work.

In every corner, dust does lurk.

There's only one of me.
But there's work for two or three.
Is everything out of control?
No! No! Cries my soul!

This is the birthday of Jesus Christ.

This is the holiest of days.

Sing songs of joy to Him.

This child who is born in Bethlehem!

This child who will be:
Our King, our Redeemer and Lord,
Just go ahead and shout!
This is what Christmas is all about!



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