



December Activities Continued



*** Shop Soroptimist-Tuesday, Dec.12**

Join us for a trip to Soroptimist. They have a great selection of clothes and house wear. It is a great place to find that special holiday outfit. The bus leaves at 2:30. Remember to signup to come shopping with us.

Activities Suggestions Committee– Wednesday, Dec. 13

Join Becca in the Fireside Room at 11:15AM to share your ideas for activities. I want to hear your suggestions for movies, socials, restaurants, and more. See you there!

*** Guy's Outing - Thursday, Dec. 14**

Calling all guys! Let's have some Christmas cheer! One of the guys will be taking you to a surprise destination for lunch! The bus will be leaving at 11:15. Bring \$ for purchasing lunch and sign up in the hallway by the lobby.

Christmas Caroling by Whitney Pre-School - Thursday, Dec.14

The pre-school and kindergarten children from our neighborhood are coming to sing for you in the Dining Room around 6:15. We know there will be people eating during this time so please enjoy your meal while hearing the kids sing for you. Others will be able to listen from the lobby.

*** Ladies Lunch Outing - Thursday, Dec. 15**

Join us for a trip to the Bowling Alley for lunch. This is a local favorite and has been voted to have the best Fish and Chips in town for many years. The bus will leave at 11:45. Remember to signup!

Christmas Bingo - Sunday, Dec. 24

Free Bingo with holiday themed prizes! Susie will be calling out numbers so that you can win some wonderful prizes. Come to the Compass Room at 1:15 to see what we have in store.

*** New Years Party-Bunco, Blackjack, & the Ball Drop - Sunday, Dec. 31**

Let's ring in the 2019 New Year together! We will be serving goodies and drinks. We will have tables of games throughout the evening. Join us from 7:30-9:30 in the Dining Room. Arrive a little early to get a good seat. Please sign up in the hallway along with the number of guests if you're bringing friends.

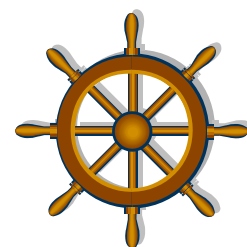
~ Please refer to your calendar for other activities not listed.



Independent and Assisted Living



December 2017



Pete Kovach
Executive Director

Casandra Roberts
Business Office
Manager

Leah Yanega
Community Relations
Director

Tammy Scott
Health Services
Director

**Becca Booker-
DeMonbreun**
Activities Director

Ian McAllaster
Food Services
Director

John Fuik
Maintenance
Director

Susie Deyo
Resident Relations

*Chandler's Square Invites
you & your family to our
Christmas Tea!*



Friday, Dec 8th, 2pm - 4pm

Tea, Hors d'oeuvres,
& Holiday Music

Please Join Us & Invite Your Friends.
All Are Welcome!

Please Sign Up in the Hallway by the Foyer
and include the number of guests you will be
bringing.

Chandler's Square Residents' Council Meeting November 21, 2017

Present:

Harvey Osterhouse, President
Roberta DeMarre, Secretary
Harry Buckner
Mary Lou McKibben
Dee Holmes
Pauline Mellon
Millicent Roberts
Becca Booker-DeMonbreun

Meeting was called to order at 2:30pm. The following discussions took place:

Old Business:

Reported by Maxine: \$500 check will be delivered to the Salvation Army for Thanksgiving meals. There are some additional funds for other charities. One that was discussed add backpack meals for the local school system. This will be further discussed at the next meeting.

The resident storage in the North wing is not properly labeled. This has caused confusion and could be a safety concern. There is a request to have the door properly labeled. This information and request has been passed along to Pete.

There are almost enough players for a second Wii Bowling team. They are always welcoming new players. In addition to the two current Wii bowling times a third bowling time was requested. This has been passed along to Becca.

Both the Lobby and the Fireside room are getting new furniture in the future.

Pete, Leah, and Dining room are discussing potential changes to the seating times and arrangements.

Every Thursday evening there will be a cart in the Compass Room and the Captains Crossing to collect items going to Soroptimist.

There was a request for an update on the smoke detector battery replacement program. This has been passed along to Pete.

New Business:

The daily calendar and information slides are up and running on 3 TVs throughout the building. This will replace the daily calendar printout on the dining room door starting in December.

The meeting was adjourned at 2:35pm.
Respectfully submitted, Roberta DeMarre, Secretary



December Activities



Pre-School Kids Singing - Friday, Dec. 1

The preschool children from the school behind Chandler's are coming again to sing Christmas songs for you! So please come and enjoy the program which lasts about 10-15 minutes. The singing starts at 11:00 in the Captain's Crossing. Hope to see you there as it means so much to these little ones!

An-O-Cords - Friday, Dec. 1

The An-O-Cords are coming to sing Christmas carols. They will be in the dining room and the lobby area at 7:15PM. Grab a seat and enjoy the sounds of the season!

* Burlington Shopping - Saturday, Dec. 2, 16, and 30

Time to get all your Christmas shopping done! We will be driving you to Burlington to take you to your favorite shopping spots. Bus will be leaving at 11:15 and arriving back no later than 2:30. Please sign up in the hallway near the lobby.

*IHOP Breakfast- Sunday Dec. 3

Please join Colleen for a wonderful breakfast at IHOP, they have some great pancakes. The bus will leave at 9AM. Please signup early to get a spot.

Balanced & Fit w/Ania - Every Monday

Ania's Balanced & Fit exercises class is now on Mondays at 9:30AM. This is a great class and is personalized to each individual.

Birthday Party – Tuesday, Dec. 5

Calling all December birthday residents and everyone else to join us in celebrating their birthdays. We will be serving delicious cake and ice cream with a raffle at the end! The event will be held in the Dining Room at 2:30.

* Dinner Outing - Thursday, Dec. 7

Come join us for a dinner outing to Applebee's Bar & Grill. Applebee's started with the same philosophy we follow today – focused on serving good food to good people. Today, what was once a popular neighborhood restaurant has grown to become a popular restaurant in neighborhoods all across North America. The bus leaves at 4:30PM. Signup to join us on the trip!

Decorate Small Trees and Wreaths – Saturday, Dec. 9

We will be in the Compass Room starting at 1:30 to decorate small trees and wreaths. The tree will be donated to those in need or given to family and friends. Please join us to decorate the many trees that we have and share the holiday spirit.

* Christmas Lights Rides - Sunday, Dec. 10 & Thursday, Dec. 21

This is your chance to see all the beautiful Christmas lights in the area. Come and enjoy the ride while visiting with your buddies. All rides will be at 5:00 and will return prior to the 6:30 dinner seating so please let the kitchen know if you are changing your normal eating time. You'll need to sign up for the rides in the hallway by the lobby.

Staying Safe and Healthy while Traveling this Holiday Season

The holiday season is more than just a time for delicious food, warm fires and decorations. It is also a time to spend with family members. Some older adults may find themselves miles apart from their loved ones. Traveling over the holiday season is tough for anyone. No matter how you travel, being on the go can take its toll on your physical and mental health. For older adults and caregivers, these typical stresses can be magnified. Happy occasions can become overshadowed by fear, anxiety, and stress. The following tips will help you prepare for travel this holiday season, so you can make the most out of your time with family and friends.

- Preparation is the key to traveling easily.
- What can you do to stay safe while traveling this holiday season?
- What can you do to stay healthy while traveling this holiday season?



How Can Therapy Help?

Seeking professional advice from your rehab team to analyze your unique situation can often result in simple solutions. Your rehab team is specially trained to help adults with a broad range of physical conditions. They can also identify lifestyle changes that can facilitate staying physically and mentally healthy during the holidays.

Please join Select Rehab for our monthly healthy living talk on Monday, December 4th at 10:30am in the Captain's Crossing with Pete, our OT. Call with questions 360-755-3399

New Year's Eve Bunco, Blackjack, and the Ball Drop

You and your friends are invited!
Champagne toast at 9PM!

December 31st at 7:30- 9:30
Drinks & snacks will be
provided.



Colleen is Leaving



Yes, the rumors are true! I will be leaving at the end of the year. Just can't pretend my body is 35 years old anymore. We've shared laughter and sorrow. Held each other up and shared heart to heart talks. I'll miss you all and think of you often. I wish you health and happiness in the years ahead! We can celebrate and say goodbye on Friday, December 29th at Happy Hour. See you there!

- Colleen





December Movies
At The Theater – Saturday & Sunday's
Starting at 2:30pm



The Beguiled 2017 R 1hr 34m – **Playing Dec 2 & 3**

An atmospheric thriller that unfolds at a secluded girls' boarding school in Civil War-era Virginia. When a wounded Union soldier, Corporal McBurney, is found near the school, he's taken in by its headmistress, Miss Martha. As the young women provide refuge and tend to his wounds, the house is taken over with sexual tension and dangerous rivalries when McBurney seduces several of the girls. Taboos are broken and events take an unexpected turn in this gripping and haunting thriller.

Genre: Drama, Thriller

Little Women 1933 G 1hr 55m – **Playing Dec 9 & 10**

As the Civil War rages, the March sisters -- headstrong Jo, preening Amy, romantic Meg and quiet Beth grapple with heartache and disillusionment on the way to finding love and happiness. Replete with elegance, this 1933 film version collected an Academy Award for Best Adapted Screenplay. **Genre: Classic**

The Holiday 2006 PG-13 2hr 16m – **Playing Dec 16 & 17**

Stuck in a vicious cycle of dead-end relationships with two-timing men, Los Angeles resident Amanda and Londoner Iris decide to swap homes. In the process, their trade paves the way for romances they never imagined possible. **Genre: Comedy**

Sleepless in Seattle 1993 PG 1hr 45m – **Playing Dec 23 & 24**

Fate and a tenacious 8-year-old boy conspire to unite lovelorn widower Sam Baldwin and unhappily engaged journalist Annie Reed. **Genre: Romantic Comedy**

Scrooged 1988 PG-13 1hr 41m – **Playing Dec 25 *Christmas Day***

Cold-hearted TV exec Bill Murray is about to discover the true meaning of Christmas -- the hard way. Director Richard Donner's wild, woolly spin on Dickens's A Christmas Carol sees Murray visited by three high-spirited spirits. **Genre: Holiday**

The Poseidon Adventure 1972 PG 1hr 57m – **Playing Dec 30 & 31**

As the luxury liner Poseidon charts its course on New Year's Eve, disaster strikes when an undersea earthquake causes a titanic tidal wave and capsizes the vessel, leaving just 10 survivors. Led by a no-nonsense reverend, the group must maneuver through airshafts, electrical cables and a burning engine room to the boat's hull, which is their lone chance for escape. **Genre: Action Classic**

Music this Month

December 1st

The An-O-Cords ~ 7:15

December 4th

Matt Audett~ 2:30

December 11th

Ward McCary~ 2:30

December 14th

Whitney School Caroling~ 6:15

December 18th

Nick & Judy ~ 3:00

December 25th-Christmas Day

No Music