

Management Team

Launa Cornell
Executive Director

Annie Flores
Community Outreach Director
Clarice Randall
Business Office Manager
Lisa Orr LVN
Resident Services Director
Cathy Miller
Activity Director
Mark Cronkrite
Executive Chef
Vickie Taverna
Dining Room Manager
Sebastian Diaz
Environmental Services Director



*Pacifica Senior Living is committed to
supporting our communities,
residents, and the families we serve.*

*We strive to create a lifestyle of
independence, security, and peace of mind.*

*It is through our dedicated and caring
team members that our culture is
exemplified in service, accountability,
teamwork and compassion.*

*The right choice. The right time.
Welcome Home!*



1177 San Marino Drive
San Marcos, CA 92078
Phone: 760.510.7500
www.pacificaseniorliving.com

Welcome Home!

Pacifica Tidings



Dec 2017/Jan 2018



A Note from the Executive Director

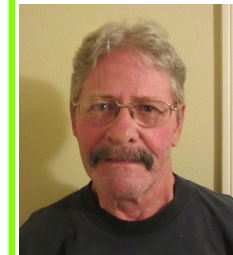
The Holidays are here and 2018 is on our doorstep! I can't believe it! Having said that I want to thank all of you who attended our "Heralding In The Holiday's" Event. I think everyone who attended had a great time. While a new year can bring change I think most of you might already know that our company has asked me to take on a different role within the company. Starting around December 7th of this year I will be assuming my new role as a Regional Director of Operations. Before I talk about what to expect next, I want to say thank you as it has been a privilege and an honor to serve as your

Executive Director for the past 1 1/2 years. The Meridian is a special place that has meant a lot to me. Launa Cornell will be taking over as your new Executive Director. Launa lives here in San Marcos and has twins that attend San Marcos High School. She is a well credentialed senior living expert that was previously a road warrior with her previous employer and is excited about working closer to home. She was only interested in working at the Meridian and not other communities! Launa, along with her kids, is an avid runner so don't be surprised if you see her running round Lake San Marcos. Please extend her the warmest New Year's wishes along with her new position.



pleasure having Barbara at the Meridian!

Barbara Davis moved into the Meridian in June of 2016. She was born in Massachusetts and raised in Florida. Barbara taught HS Mathematics for 40 yrs. She enjoys bridge, singing and has a special talent working with computers and the Stock Market. It is a



30 years. He enjoys golf, motorcycles, football, baseball and golf.

Meet Steve Becket! Steve moved into the Meridian in October of 2016 and is the proud owner of a blue Cobra. Steve grew up in the San Diego area, was in the Army and was a Cardio Vascular Technologist for

Welcome to Our Community

Rose Main
Mary DeMartini
Myrna Stuart
Delphine Turner
Susan Ferranti
Mae Wallis
Don Seymour
Joe & Toni VanDerhorst
Robert & Joy Rominger
Joy McAvoy



Pennywise & the Escapee

Veterans -
Gene Kennedy
Earl Bowling
Raul Arrendondo

Chablis visits the
Meridian Resi-
dents

Snow
White &
Zorro???

Cards An-
yone?



Having fun at The Meridian!

Fitness Activities

Mon & Fri. Balance Class w/Zack
10:00 am - Activity Rm

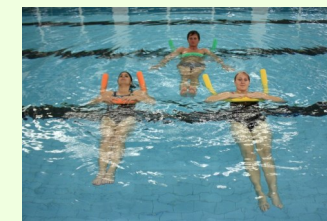
Tue & Thrs: Be Fit w/ Zack
10:30 am -Activity Rm

Tue & Thrs: Sit & Be Fit w/Zack
11:15 am Activity Rm

Wednesdays: Be Fit w/Zack
11:15 am - Activity Rm

Thursday - Aqua Aerobic Class
9:00 am-Pool

Saturday - Aqua Aerobic Class
1:00 pm - Pool



Spiritual Activities

Catholic Communion every
Monday at 11:00 am. Please
contact Cathy if you would like
to receive Communion.

Pray the Rosary on Thursdays
at 3:00 in the HVA Rm

Church Transportation on
Sundays, sign up in Activity
Book

Bible Study with
Reverend Desterhaft
Wednesdays @ 1:30



Catholic Mass, third Friday of
the month @ 12:45 in AR

Sunday Services
at 11:00 AM
in the Activity Room



December Birthdays

Jeanne Mobilio	12-10
Jan Compton	12-11
Raymond Birch	12-11
Irene Kazakoff	12-15
Virginia Brower	12-17
Ruth Cole	12-17
Jun Nagano	12-17
Virginia Sparling	12-22
Barbara Davis	12-22
Mitch Prior	12-24
Ed Bowling	12-25
Steve Beckett	12-25
Adele Day	12-31

January Birthdays

Jaquelin Easton	1-1
Peg Armstrong	1-1
Grace Borchert	1-6
Gigi Guinn	1-8
Dick Anderson	1-8
Joe Lerma	1-9
Virginia King	1-9
Allen Clark	1-10
Olive Wiesener	1-11
Don McClelland	1-11
Angie Roberts	1-12
Betty Morrison	1-21
Fran Michaels	1-22
Marilyn Slemmons	1-24
Ella Roston	1-24
Ken Borsch	1-26
Frank Winfield	1-26
Pamela Polifroni	1-28
Betty Jane Brown	1-30