






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>GR = Game Room SDR= Santorini Dining Rm AR = Activity Room T = Theater L = Lobby CAR= Chianti Activity Rm Bldg 1 - 1st floor CR= Cyprus Rm, Bld 1 CDR=Caprese DR</p>	 <p><b>Merry Christmas 12-25</b></p>	 <p><b>Happy Hanukkah Begins at sundown 12-12</b></p>	<p><b>Please Note: Activities are subject to change</b></p>	<p><b>NOTE: Melody, Dental Hygienist will be at the Meridian December 14 from 10:00-2:00 In the Bella Spa Please call her for an Appointment (760) 613-7289</b></p>	<p><b>1</b> 10:00 Stay Fit w/Zack-AR 11:00 Bingo-AR <b>1:00 Resident Council-AR followed by Town Hall</b> 2:00 Flower Arranging-SDR 3:00 &amp; 7:00 Movie-Theater 3:00 Greedy Chicken Dice-GR</p>	<p><b>2</b> 8:45, 9:45, Shopping 10:30 Trivial Pursuit-AR 10:30 Mahjong-Library 1:00 Rummikub-GR 1:30 Scrabble - Library 1:00 Aqua Aerobic Class 1:30 Bridge-AR 3:00 &amp; 7:00 Movie-Theater <b>3:00 Star Kids Performance SDR</b></p>
<p><b>3</b> 8:30 Church Transportation 10:30 Community Walk-Lobby <b>11:00 Church Service-AR</b> 3:00 &amp; 7:00pm Movie- Theater 3:15 Hand &amp; Foot-CAR</p> <p><b>12:45 OUTING: Coastal Communities Concert Band-Carlsbad</b></p>	<p><b>4</b> La Jolla Dr. Appts. 9:30 Movie Committee-Library 10:30 Neighborhood Walk-L 11:00 Pins &amp; Needles GP -AR 11:00 Hand &amp; Foot - CAR 1:00-2:30 Writing Class -AR 3:00 &amp; 7:00 Movie- Theater <b>3:00 Crafts w/Susan - AR</b></p>	<p><b>5</b> Doctor Appointments 9:30 Neighborhood Walk-Lobby 10:30 Be Fit w/Zack - AR 11:15 Sit &amp; Be Fit w/Zack-AR 1:00 Scrabble-Library 1:30 Bridge-AR 2:00 Bingo-HVA 3:00 &amp; 7:00 Movie-Theater 3:15 Gardening <b>6:30 Vista Hills Chorus-lobby</b></p>	<p><b>6</b> 8:45,9:45,12:30 Shopping 10:00 Yoga Class- AR 10:30 Neighborhood Walk-L 1:00 Poker-CAR 1:30 Bible Study w/Rev. Al-AR 3:00 &amp; 7:00 Movie-Theater <b>3:00 Dining Mtg. - AR</b></p>	<p><b>7</b> Doctor Appointments <b>9:00 Aqua Aerobic Class-Pool</b> 10:30 Be Fit w/Zack - AR 11:15 Sit &amp; Be Fit w/Zack - AR <b>12:30 Shirt Painting-AR</b> 3:00 Rosary - HVA <b>3:00 Sing Along w/Meg - GR</b> 3:00 &amp; 7:00 Movie -Theater <b>7:00 CCCBand Clarinet Choir SDR</b></p>	<p><b>8</b> 11:00 Bingo-AR <b>1:00 Artistic Doodling - AR</b> 2:00 Flower Arranging-SDR <b>2:30 Music with David - AR</b> 3:00 &amp; 7:00 Movie-Theater 3:00 Greedy Chicken Dice-GR</p> <p><b>6:15 OUTING: Christmas Lights</b></p>	<p><b>9</b> 8:45,9:45 Shopping 10:30 Trivial Pursuit - AR 10:30 Mahjong-Library 1:00 Rummikub-GR 1:30 Scrabble - Library 1:00 Aqua Aerobic Class 1:30 Bridge-AR 3:00 &amp; 7:00 Movie-T</p>
<p><b>10</b> 8:30 Church Transportation 10:30 Community Walk - Lobby <b>11:00 Church Service-AR</b> 1:00 Poker-CAR <b>2:00 99 Cent Bingo - AR</b> 3:00 &amp; 7:00pm Movie- Theater 3:15 Hand &amp; Foot- CAR</p> 	<p><b>11</b> 10:00 Stay Fit w/Zack- AR 10:30 Neighborhood Walk-Lobby 11:00 Pins &amp; Needles GP- AR 11:00 Hand &amp; Foot - CAR 1:00 Poker-GR 1:30 Duplicate Bridge-AR 3:00 &amp; 7:00 Movie-Theater</p>	<p><b>12</b> Doctor Appointments 9:30 Neighborhood Walk-Lobby 10:30 Be Fit w/Zack-AR <b>11:00 Clothing &amp; Accessory Sale - GR</b> 11:15 Sit &amp; Be Fit w/Zack-AR 1:00 Scrabble-Library 1:30 Bridge-AR 2:00 Bingo-HVA 3:00 &amp; 7:00 Movie-Theater</p>	<p><b>13</b> 8:45,9:45,12:30 Shopping 10:00 Yoga Class- AR <b>10:00 Caroling-Lobby</b> 10:30 Neighborhood Walk-L 11:15 Be Fit w/Zack-AR 1:00 Poker-CAR 1:30 Bible Study w/Rev. Al-AR 3:00 &amp; 7:00 Movie-T <b>5:00 Hanukkah with Rabbi Yelin - GR</b></p> 	<p><b>14</b> Doctor Appointments <b>9:00 Aqua Aerobic Class-Pool</b> <b>9:30 Podiatrist - CR</b> <b>10:00-2:00 Dental Hygienist-Spa</b> 10:30 Neighborhood Walk-Lobby 10:30 Be Fit w/Zack - AR 11:15 Sit &amp; Be Fit w/Zack - AR 3:00 Rosary - HVA 3:00 &amp; 7:00 Movie -Theater 3:00 Chimes Sing Along- AR</p>	<p><b>15</b> 10:00 Stay Fit w/Zack-AR 11:00 Bingo - AR <b>12:45 Catholic Mass - AR</b> 2:00 Flower Arranging-SDR 3:00 &amp; 7:00 Movie-Theater 3:00 Greedy Chicken Dice-AR <b>6:00 Cub Scouts Caroling-L</b> <b>6:45 History Lady-AR</b></p>	<p><b>16</b> 8:45, 9:45 Shopping 10:30 Trivial Pursuit - AR 10:30 Mahjong-Library 1:00 Rummikub-GR 1:00 Aqua Aerobic Class 1:30 Scrabble -Library 1:30 Bridge - AR 3:00 &amp; 7:00 Movie-Theater <b>5:00 Violin Christmas Music-L</b></p>
<p><b>17</b> 8:30 Church Transportation 10:30 Community Walk-Lobby <b>11:00 Church Service-AR</b> 1:00 Poker-CAR 3:00 &amp; 7:00pm Movie -T 3:15 Hand &amp; Foot - CAR</p> <p><b>3:15 OUTING: SD Boat Parade Dinner at Tom Ham's</b></p>	<p><b>18</b> 9:30 Movie Committee-Library 10:00 Stay Fit w/Zack- AR 10:30 Neighborhood Walk-Lobby 11:00 Pins &amp; Needles GP- AR 11:00 Hand &amp; Foot - CAR 1:00-2:30 Writing Class - AR 3:00 &amp; 7:00 Movie-Theater <b>3:00 Crafts w/Susan - AR</b></p> <p><b>10:15 OUTING: Pala Casino</b></p>	<p><b>19</b> Doctor Appointments 9:30 Neighborhood Walk-Lobby 10:30 Be Fit w/Zack- AR 11:15 Sit &amp; Be Fit w/Zack-AR 1:00 Scrabble - Library 1:30 Bridge - AR 2:00 Bingo-HVA 3:00 &amp; 7:00 Movie-Theater <b>4:00 -7:00 Silent Night Soiree Resident Dinner</b></p>	<p><b>20</b> 8:45,9:45,12:30 Shopping 10:00 Yoga Class- AR 10:30 Neighborhood Walk-L 11:15 Be Fit w/Zack-AR 1:00 Poker-CAR 1:30 No Bible Study 3:00 &amp; 7:00 Movie-Theater</p>	<p><b>21</b> Doctor Appointments <b>9:00 Aqua Aerobic Class-Pool</b> 10:30 Neighborhood Walk-Lobby 10:30 Be Fit w/Zack - AR 11:15 Sit &amp; Be Fit w/Zack - AR <b>1:00 Connect Hearing-CR</b> 3:00 Rosary - HVA 3:00 &amp; 7:00 Movie -Theater</p>	<p><b>22</b> 11:00 Bingo - AR 2:00 Flower Arranging-SDR 3:00 &amp; 7:00 Movie-Theater 3:00 Greedy Chicken Dice-AR</p> <p><b>10:15 Golf with Mark</b></p>	<p><b>23</b> 8:45, 9:45 Shopping 10:30 Trivial Pursuit-AR 10:30 Mahjong-Library 1:00 Rummikub-GR 1:00 Aqua Aerobic Class 1:30 Scrabble - Library 1:30 Bridge-AR 3:00 &amp; 7:00 Movie-Theater</p>
<p><b>24</b> 8:30 Church Transportation <b>11:00 Church Service-AR</b> 1:00 Poker-CAR 3:00 &amp; 7:00pm Movie -Theater 3:15 Hand &amp; Foot - CAR</p> <p><b>31</b> 8:30 Church Transportation <b>11:00 Church Service-AR</b> 3:00 &amp; 7:00pm Movie -Theater <b>7:00 New Year's Eve Party-SDR</b></p>	<p><b>25</b> 10:00 Stay Fit w/Zack- AR 10:30 Neighborhood Walk-L 11:00 Pins &amp; Needles GP- AR 11:00 Hand &amp; Foot - CAR 1:00 Poker-GR 1:30 Duplicate Bridge-AR <b>3:00 Ladies Chat - GR</b> 3:00 &amp; 7:00 Movie- T</p> <p><b>Merry Christmas</b></p> 	<p><b>26</b> Doctor Appointments 9:30 Neighborhood Walk-Lobby 10:30 Be Fit w/Zack-AR 11:15 Sit &amp; Be Fit w/Zack-AR 1:00 Scrabble-Library 1:30 Bridge-AR 2:00 Bingo-HVA 3:00 &amp; 7:00 Movie-Theater</p>	<p><b>27</b> 8:45,9:45,12:30 Shopping 10:00 Yoga Class- AR 10:30 Neighborhood Walk-L 11:15 Be Fit w/Zack-AR 1:00 Poker-CAR 1:30 No Bible Study 3:00 &amp; 7:00 Movie-Theater</p>	<p><b>28</b> Doctor Appointments <b>9:00 Aqua Aerobic Class-Pool</b> 10:30 Neighborhood Walk-L 10:30 Be Fit w/Zack - AR 11:15 Sit &amp; Be Fit w/Zack - AR 3:00 Rosary - HVA 3:00 &amp; 7:00 Movie -Theater</p>	<p><b>29</b> <b>9:30 Fitness Rm Orientation</b> 10:00 Stay Fit w/Zack-AR 11:00 Bingo - AR 2:00 Flower Arranging-SDR 3:00 &amp; 7:00 Movie-Theater 3:00 Greedy Chicken Dice-AR</p>	<p><b>30</b> 8:45, 9:45 Shopping 10:30 Trivial Pursuit-AR 10:30 Mahjong-Library 1:00 Rummikub-GR 1:00 Aqua Aerobic Class 1:30 Scrabble - Library 1:30 Bridge-AR 3:00 &amp; 7:00 Movie-Theater</p>