






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SDR = Santorini DR CAR=Chianti Activity Rm, 1st Floor HVA=Heartland Vivara Act Rm, 3rd Floor, Bldg 1 GR = Game Room AR = Activity Room T = Theater L = Club House Lobby CR= Cyprus Rm Bldg 1 1st floor</p>	 <p>Merry Christmas 12-25</p>	 <p>Happy Hanukkah Begins at sundown 12-12</p>	<p>Please Note: Activities are subject to change</p>	<p>NOTE: Melody, Dental Hygienist, will be at the Meridian December 14 From 10:00-2:00-Bella Spa Please call her for an Appointment (760) 613-7289</p>	<p>1 10:00 Stay Fit w/Zack-AR 10:00 Resident Visits 11:00 Bingo-AR 1:00 Resident Council - AR followed by Town Hall 2:00 Flower Arranging-SDR 3:00 Movie-Theater 3:00 Greedy Chicken Dice-GR 3:30 Resident Visits</p>	<p>2 8:45,9:45, Shopping 10:30 Trivial Pursuit-AR 10:30 Mahjong-Library 1:00 Aqua Aerobic Class 1:30 Scrabble - Library 1:30 Bridge-AR 2:00 Hand and Foot - CAR 3:00 Movie-Theater 3:00 Star Kids Performance-SDR</p>
<p>3 8:30 Church Transportation 10:00 Resident Visits 10:30 Community Walk - Lobby 11:00 Church Service - AR 3:00 Movie-Theater 3:15 Hand & Foot - CAR</p> <p>12:45 Coastal Communities Concert Band - Carlsbad</p>	<p>4 La Jolla Dr. Appointments 9:30 Movie Committee - Library 10:30 Neighborhood Walk-Lobby 11:00 Hand & Foot game - CAR 11:00 Pins & Needles -AR 1:00-2:30 Writing Class - AR 3:00 Movie - Theater 3:00 Craft Class w/Susan-AR 3:15 Resident Visits</p>	<p>5 Doctor Appointments 9:30 Neighborhood Walk-Lobby 10:00 Resident Visits 10:30 Baking -GR 11:15 Sit & Be Fit w/Zack - AR 1:00 Scrabble-Library 2:00 Bingo-HVA 3:00 Movie-Theater 3:15 Gardening 6:30 Vista Hills Chorus-Lobby</p>	<p>6 8:45,9:45,12:30 Shopping 10:00 Resident Visits 10:30 Neighborhood Walk-Lobby 1:00 Poker- CAR 1:30 Bible Study w/Rev. Al-AR 3:00 Movie-Theater 3:00 Dining Meeting - AR 3:15 Tree Decorating - Bldg 1</p>	<p>7 Doctor Appointments 9:00 Aqua Aerobics Class 10:30 Neighborhood Walk-L 11:15 Sit & Be Fit w/Zack - AR 12:30 Shirt Painting - AR 2:00 Bingo - HVA 3:00 Rosary-HVA 3:00 Sing Along w/Meg - GR 3:00 Movie-Theater 7:00 CCCBand Clarinet Choir-sdr</p>	<p>8 10:00 Resident Visits 11:00 Bingo-AR 1:00 Artistic Doodling - AR 2:00 Flower Arranging-SDR 2:30 Music with David - AR 3:00 Movie-Theater 3:00 Greedy Chicken Dice- GR</p> <p>6:15 OUTING: Christmas Lights</p>	<p>9 8:45, 9:45 Shopping 10:30 Trivial Pursuit-AR 10:30 Mahjong-Library 1:00 Rummikub-GR 1:00 Aqua Aerobic Class 1:30 Bridge-AR 2:00 Hand and Foot - CAR 3:00 Movie-Theater</p>
<p>10 8:30 Church Transportation 10:00 Resident Visits 10:30 Community Walk-Lobby 11:00 Church Service-AR 1:00 Poker-CAR 2:00 99 Cent Bingo-AR 3:00 Movie-Theater 3:15 Hand & Foot - CAR</p> 	<p>11 10:00 Resident Visits 10:30 Neighborhood Walk-L 11:00 Hand & Foot game - CAR 11:00 Pins & Needles GP -AR 1:00 Poker - GR 3:00 Movie-Theater 3:30 Resident Visits</p>	<p>12 Doctor Appointments 9:30 Neighborhood Walk-Lobby 11:00 Clothing & Accessory Sale - GR 10:30 Baking - HVA 11:15 Sit & Be Fit w/Zack-AR 1:00 Scrabble-Library 2:00 Bingo-HVA 3:00 Movie-Theater</p>	<p>13 8:45,9:45,12:30 Shopping 10:00 Resident Visits 10:00 Caroling—Lobby 10:30 Neighborhood Walk-Lobby 1:00 Poker-CAR 1:30 Bible Study w/Rev. Al-AR 3:00 Movie-Theater 3:15 Resident Visits 5:00 Hanukkah with Rabbi Yelin-GR</p> 	<p>14 Doctor Appointments 9:00 Aqua Aerobics Class 10:00-2:00 Dental Hygienist-Spa 10:00 Resident Visits 10:30 Neighborhood Walk - L 11:15 Sit & Be Fit w/Zack-AR 1:00 Aqua Aerobics Class-pool 2:00 Bingo-HVA 3:00 Rosary-HVA 3:00 Movie-Theater</p>	<p>15 10:00 Stay Fit w/Zack - AR 11:00 Bingo - AR 12:45 Catholic Mass - AR 2:00 Flower Arranging-SDR 3:00 Movie-Theater 3:15 Resident Visits 3:00 Greedy Chicken Dice - AR 6:00 Cub Scouts Caroling-L 6:45 History Lady—AR</p>	<p>16 8:45,9:45 Shopping 10:00 Resident Visits 10:30 Trivial Pursuit-AR 10:30 Mahjong-Library 1:00 Rummikub-GR 1:00 Aqua Aerobic Class 1:30 Bridge-AR 2:00 Hand and Foot-CAR 3:00 Movie-Theater 5:00 Violin Christmas Music-L</p>
<p>17 8:30 Church Transportation 10:00 Resident Visits 10:30 Community Walk-Lobby 11:00 Church Service-AR 1:00 Poker-CAR 3:00 Movie-Theater 3:15 Hand & Foot - CAR</p> <p>3:15 OUTING: SD Boat Parade Dinner at Tom Ham's</p>	<p>18 9:30 Movie Committee - Library 10:30 Neighborhood Walk-L 11:00 Pins & Needles GP-AR 11:00 Hand & Foot Game - CAR 11:00 Music Therapy –CR 1:00-2:30 Writing Class - AR 3:00 Movie-Theater 3:00 Craft Class w/Susan-AR 3:15 Resident Visits</p> <p>10:15 OUTING: Pala Casino</p>	<p>19 Doctor Appointments 9:30 Neighborhood Walk-Lobby 10:30 Baking –GR 11:15 Sit & Be Fit w/Zack-AR 1:00 Scrabble-Library 2:00 Bingo-HVA 3:00 Movie-Theater 3:15 Gardening 4:00-7:00 Silent Night Soiree Resident Dinner</p>	<p>20 8:45, 9:45,12:30 Shopping 10:00 Resident Visits 10:30 Neighborhood Walk- L 1:00 Poker-CAR 1:30 No Bible Study 3:00 Movie-Theater 3:00 Meridian Scrapbook-HVA 3:15 Resident Visits</p>	<p>21 Doctor Appointments 9:00 Aqua Aerobics Class-P 10:00 Resident Visits 10:30 Neighborhood Walk- 11:15 Sit & Be Fit w/Zack - AR 1:00 Connect Hearing - CR 3:00 Rosary-HVA 3:00 Movie-Theater 3:15 Greedy chicken Dice -GR</p>	<p>22 11:00 Bingo - AR 2:00 Flower Arranging - SDR 3:00 Movie-Theater 3:15 Resident Visits 3:00 Greedy Chicken Dice-GR</p> <p>10:15 Golf with Mark</p>	<p>23 8:45, 9:45 Shopping 10:00 Resident Visits 10:30 Trivial Pursuit-AR 10:30 Mahjong-Library 1:00 Aqua Aerobic Class 1:30 Bridge-AR 2:00 Hand and Foot - CAR 3:00 Movie-Theater 3:15 Resident Visits</p>
<p>24 8:30 Church Transportation 11:00 Church Service-AR 1:00 Poker-CAR 3:00 Movie - Theater 3:15 Hand & Foot - CAR</p> <p>31 8:30 Church Transportation 11:00 Church Service-AR 3:00 Movie - Theater 7:00 New Year's Eve Party-SDR</p>	<p>25 Merry Christmas 10:30 Neighborhood Walk-Lobby 11:00 Hand & Foot game - CAR 11:00 Pins & Needles GP-AR 1:00 Poker - GR 3:00 Ladies Chat - GR 3:00 Movie-Theater 3:15 Resident Visits</p> 	<p>26 Doctor Appointments 9:30 Neighborhood Walk-Lobby 10:00 Resident Visits 10:30 Baking -GR 11:15 Sit & Be Fit w/Zack-AR 1:00 Scrabble-Library 2:00 Bingo-HVA 3:00 Movie-Theater 3:15 Resident Visits</p>	<p>27 8:45, 9:45,12:30 Shopping 10:00 Resident Visits 10:30 Neighborhood Walk-Lobby 1:00 Poker- CAR 1:30 No Bible Study 3:00 Movie-Theater 3:15 Resident Visits</p>	<p>28 Doctor Appointments 9:00 Aqua Aerobics Class-P 10:00 Resident Visits 10:30 Neighborhood Walk - L 11:15 Sit & Be Fit w/Zack-AR 2:00 Bingo - HVA 3:00 Rosary-HVA 3:00 Movie-Theater 3:15 Resident Visits</p>	<p>29 11:00 Bingo - AR 2:00 Flower Arranging - SDR 3:00 Movie-Theater 3:15 Resident Visits 3:00 Greedy Chicken Dice-GR</p>	<p>30 8:45, 9:45 Shopping 10:00 Resident Visits 10:30 Trivial Pursuit-AR 10:30 Mahjong-Library 1:00 Aqua Aerobic Class 1:30 Bridge-AR 2:00 Hand and Foot - CAR 3:00 Movie-Theater 3:15 Resident Visits</p>