

• ACTIVITY • LOYALTY • PROGRAM •

Come

Fly With Us

All 
American
ASSISTED LIVING

Reaching New Heights...

Learning is For Life!

Ageless Grace Talk with Melissa!
Tuesday, December 5th • 1:30pm
Bistro

Our Hospice Social Worker, Melissa will be conducting an educational program that will stimulate the five areas of the brain.

Mass with Father Tom!
Wednesday, December 6th • 1:30pm
Media Room

Come join us for a time of prayer and reflection with Father Tom for this special Christmas Mass.

Wintery Night Painting
Thursday, December 7th • 1:30pm
Arts & Crafts Room

Just like painter Herni Matisse said “creativity takes courage”. Don’t be afraid to come on down and explore the world of art with your own Wintery Night Painting!

Yoga
Wednesday, December 13th • 3:00pm
Media Room

Please join our exercise physiologist as he teaches us balance, as well as the other disciplines that make Yoga so beneficial to the mind and body.

Holiday Concert with Dave Valerio!
Monday, December 18th • 10:15am
Media Room

Join us with a live holiday performance from Dave Valerio! He’ll be singing all of your favorite Christmas songs!