# FERN GARDENS NEWSLETTER



# Letter from the Administrator



As the year winds down, we all look forward to a fresh start to the New Year that eagerly awaits us. I think most of us take a few moments to reflect on the year we are ending. At Fern Gardens we have been through a lot of ups and downs in 2017. We have made a lot of new friends and to our sorrow have lost some old ones. It is with great pride and a warm feeling in my heart

that I say what an amazing experience this community has provided me! It has been lots of hard work but so much happiness, laughter, and yes, love. I often say that this is not a job, but it is my calling and as the year winds down, I am thankful to get to do what I do every day. I look forward to many more years of all of my favorite things!



## Featured Employee: Marjanique A.



Marjanique is one of our new caregivers and has been working with us since July of 2017. She says she kind of fell into this position, as it wasn't initially what she was interested in doing. However, her mother is a CNA and her grandmother is an RN, so being a caregiver runs in the family! She says she loves helping the residents that need her. In her spare time she likes being with her family and likes that she gets to work with her brother Stephen C.! Her supervisor, Tynesia, says: "Marjanique is calm under

pressure, always willing to pick up extra shifts, a team player, and the Residents love her!" Welcome Marjanique to the crew and thanks for all your hard work!



RESIDENTS Loretta M. Opal B.

December 1 December 17

#### WELCOME!

We would like to Welcome our newest Resident, Patsy M.! She is already the social butterfly of our community, and loves to be involved in all that's going on! She has a great sense of humor and loves to sing! Welcome Patsy! We are glad to have you as part of our Fern Gardens family!





#### Christmas is upon us!

This year we will be having our Christmas Gift exchange on **December 22nd at 3:00pm.** I encourage all family members to bring a gift in for your family member before that date! Please deliver them to the Activities office or drop them by the front desk no later than December 18th, so we can get them under the trees in time! We will be having Hot Cocoa and cookies while we are opening our gifts!



Parachute ball!

## LIVING LIFE FULL OF JOY, INDEPENDENCE, AND WELLNESS



Patsy M. showing off her baking skills



Good Job, Patsy! It's perfect!



We all couldn't resist a spontaneous dance party when our accordion player Richard Gyuro is here!



We were all smiles! Sherri S. and Susan P.



Getting a jump start on Christmas cookies! Deanne J., Loretta M., and June H.



Visiting Deb C. (middle) the Activities staff and her friends Brenda S. and Edna L.

## MARKETING CORNER

We have a special event coming up on December 13th! It is from 4:00pm to 6:00pm and all members of the public and family members/guardians of our Residents are welcome!

A celebration of all our hard work in improving our community! **Come enjoy a "Dinner on the Run", locally catered with delicious food!** It is a great chance to tour our updated cottages and get to know some of our new staff! It all ends at our completely remodeled Cottage D, where you can mingle with other family members and management. So, bring your curiosity and your appetite because dinner is on us!

Joseph Lords

541-779-3368 marketing@ferngardensalc.om

# NURSE'S NOOK

The season in a-changing .... dark and colder days with snow a-coming soon. All the highways and byways are ever so busy, the airports are crowded, and all the stores are filled with people making their last-minute preparations. Welcome to the Christmas Holiday Season! Of all the holidays, this is the big one that stirs the emotions of past memories, customs, and a yearning for better days given the New Year 2018 that is fast approaching. There will be parasitic plants (Mistletoe) for sale wrapped in a plastic bag with a red bow. For a price you can get the wish of a kiss! Then, there is a custom for the trees to get all covered with so many sorts of creativity, LED lights,

In light of the above (thinking of all the Christmas lights) remember to take some time to be yourself. You may not have an unlimited supply of cash, but I reflect upon a time, long ago when you did not go to the store for a gift, but gave a gift from the heart of sincere love that is so much more! I think back to when all that was required was a heartfelt hug, perhaps a homemade card with a simple thank you note, a loaf of home baked bread, or even a plastic bag with a red bow on it with a bit of collected parasitic plant, and so it goes ...

Merry Christmas to one and all!!!!

#### —Dennis Dale; RN, BSN



Please see our Calendar for many other fun events! If you would like to participate feel free to come in! If you have any comments or suggestions please feel free to contact our Activities Director, Sarah Shipley, at 541-779-3368 or email her at activities@ferngardensalc.com

#### **Special Events**

PET THERAPY DAY WITH MOCHI! - Sundays

FESTIVAL OF TREES FREE SENIOR DAY December 1st at 1:00pm

GINGERBREAD HOUSE DECORATING

December 12th at 1:00pm

DINNER ON THE RUN December 13th from 4:00pm-6:00pm

OUTING TO SEE THE CHRISTMAS LIGHTS! December 13th at 5:30pm

**CHRISTMAS COOKIES** December 14th at 1:00pm

OUTING TO SEE THE CHRISTMAS LIGHTS! December 20th at 5:30pm

#### CHRISTMAS GIFT EXCHANGE

December 22nd at 3:00pm

**CHRISTMAS LUNCHEON** December 25th at 12:00pm

NEW YEAR'S EVE TOAST TO THE YEARS END!

December 31st at 12:00pm

#### **December Music Performances**

**RICHARD GYURO** December 5th at 2:00pm

KATHY KALI December 6th at 10:00am

**RICHARD GYURO** December 19th at 2:00pm

CELIA CANTY December 21st at 9:45am

TRACY DAVEY December 25th at 2:00pm



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### **Community Staff**

LYNN RAWLINS Administrator

**DENNIS DALE** Registered Nurse

**DAVID GRUNDVIG** Business Office Manager

JOSEPH LORDS Marketing Director

**TERESA JENSRUD** Staffing Coordinator/Lead RCC

**TYNESIA FISHER** Resident Care Coordinator

**BRIAN KUVAAS** Maintenance Director

**SONJA R.** Dietary Manager

SARAH SHIPLEY Activities Director

#### AMBER SMITH, BRITNEY BROTHERS

Administrative Assistant

Office Hours: 8:30a.m.-5:00p.m.



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# **DECEMBER – WORD SEARCH**

O L L F A M I L	M X Q G R D O W	O H W Z L C R A	S Q T E A I W A	Z D Y A L L T Q	Q R E S O L U T	A D H Z N B N G	P Z M P I K W E	GLCOOKLE	K K K B L O S ♥	H O C V P I N E	S N S U Q B O R	KCANDLES	Q P T G H O L I	I S N O W M A
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CANDLES COOKIES CRAFTS FAMILY GIFTS GLITTER HOLIDAY ORNAMENT PINE CONES RESOLUTIONS SNOWFLAKE SNOWMAN TEA WELLNESS WINTER