

Pacifica Tidings



December 2017



A Note from the Executive Director

I am so proud to be working at Lynnwood Pacifica! Our new community center is looking beautiful. It is almost ready to be opened and I expect by the time you read this we will have moved in. Dogwood Cottage is well under way and is expected to be completed by the end of the Year. I want to thank everyone for their patience with the renovation process. I guarantee, it will be well worth the wait!

A special thanks goes to the hard working department heads here at Pacifica. They work tirelessly to keep things running smoothly, all for the love of our residents. I also want to give a special thank you to our care staff. I have witnessed their abundant compassionate care and I am so

thankful for each and every one of

them. In fact, all the staff here have impressed me. Dining, housekeeping and the wonderful activities. It is truly a pleasure to be a part of this great team!

We are all here for one purpose. To enhance the quality of life for our residents. With this in mind I want you to know that I open to all of your suggestions. This is your Home. My intention is to ensure your well-being through enriching activities, delicious and nutrition meals, comfortable living spaces and quality personal care. I am honored to be a part of a team that is making this happen. With sincere gratitude, I am happy to be your new Executive Director and hope we a long and wonderful future together.

~Bonny McMahon

Who am I?

Congratulations to Janet, Pacifica Lynnwood's December Employee of the Month.



Born and raised in the Philippines, she grew up with 2 sisters and 1 brother. She moved to the USA in 2002 to join her husband, Don. They have 2 beautiful 13 year old twin daughters, Jae and Dee. The best part of Janet's job is the rewarding feeling she gets seeing the residents faces light up when they share about their life achievements. Thank you, Janet for your hard work, dedication and kindness!

Welcome to Our Community





Celebrate the Holly Jolly Holidays at Pacifica Senior Living

Special Holiday Events.....

Wednesday, December 10 at 2:00 PM

Join in the festivities for the Snow Train Social with holiday music by the amazing Bonnie Birch Duo in Cedar Cottage. Special "Snow" refreshments will be served aboard our train.

Thursday, December 7 at 6:30 PM Enjoy a cup of eggnog or hot chocolate while listening to a Christmas Concert by "ANANDA". The choir members will sing with instrumentals by violins, viola, flute and cellos. This will be a delight to your senses that you won't want to miss!

Wednesday, December 20, at 2:00 PM Residents, family and guests are invited to the Residents Christmas Party with Jingle Bell Music and a Christmas Carol Sing-a long with pianist/singer, Gary Lee Hood in Elm Cottage. Santa will be dropping in to see who has been naughty or nice! Come enjoy a delicious holiday dessert and holiday beverages.



Ring in the New Year

Join us for an Early Bird New Year's Bingo Bash on Friday, December 29 at 2:00 PM in Cedar Cottage. Be sure to enjoy some bubbly champagne, sparking cider and festive party platters! Wear your festive party attire and join us for a blast at the Bingo Bash! Don't forget your New Year's resolutions. Party hats and poppers provided!!

Happy Holidays

We extend our warmest thoughts and best wishes to you for a joyous Holiday Season and delightful New Year too.



Health & Fitness



Fun domino brain games!



Costume Congratulations!



Poppy pin craft & ROTC Color Guard for Veteran's Day.



Birthdays

Amy (staff)Dec. 2
 Keith L.Dec. 4
 Romelsa (staff)Dec. 5
 Meena (staff).....Dec. 15
 Betty K.....Dec. 21
 Greg S. (staff).....Dec. 23
 Latrise (staff).....Dec. 23
 Andrew Z. (staff)...Dec. 28



Spiritual Activities

Every week, a number of spiritual services are offered to our residents.

We have a weekly 'Men's Bible Study' that takes place Thursdays at 9:30am in Alder Cottage.

On Sundays, we offer a Bible Study and Hymn Sing program at 3pm in Elm Cottage.

Each Wednesday, the Eucharistic minister visits each cottage for communion starting at 11am.

Join our weekly happy hour socials where our residents congregate and joyously sing and converse over fine cheese and crackers and favorite beverages.

Who Am I?



Please welcome Paula to our Pacifica Lynnwood Community. Paula was born in NY City and lived many years in LA and Camarillo, California. She met her husband in Brooklyn, NY and they were married for 73 years. She has two daughters and wonderful grand-

children Paula's passions were art/painting, photography, traveling and going to the LA Biltmore Philharmonic Symphony. She attended an Art School and received a College BS degree in Science. She loved to "talk" science with her Father. She enjoyed being a Medical Technologist, a homemaker and helping with the bookwork at her husband's business. Stop by and get better acquainted with Paula in Fir Cottage. She can give you a personal travelogue through her art work on her apartment walls. Welcome Paula!

Management Team

Bonny McMahon
Executive Director

Andrew Zane
Resident Services Director

Nancy Clapp
Business Office Director

Karen Dean
Resident Program Dir.

Anna Bidlen
Dining Services Director

Greg Skyta
Maintenance Director

Jennifer Nolan
Community Relations Director



*Pacifica Senior Living is committed to
supporting our communities,
residents, and the families we serve.*

*We strive to create a lifestyle of
independence, security, and peace of mind.*

*It is through our dedicated and caring
team members that our culture is
exemplified in service, accountability,
teamwork and compassion.*

*The right choice. The right time.
Welcome Home!*



PACIFICA
SENIOR LIVING

LYNNWOOD

Assisted Living
Memory Care

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Welcome Home!