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Contact us at:
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**Our mission is to create and sustain
comfortable, caring environments for
those who depend on us.**

Ashley Pointe Newsletter

Ashley Pointe Independent & Assisted Living Newsletter — December 2017



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Chaplain's Corner



Here's a great piece by Michael Halleen entitled SEVEN THINGS TO INCLUDE FOR A JOYFUL JOURNEY TO CHRISTMAS..

"Let's go to Bethlehem and see this thing that has happened..." (Luke 2:15)

People. Attend services and other events that celebrate the day, even if you are far from home. The journey is best taken in the company of others.

Tradition. What "makes" Christmas for you? Handel's Messiah? A special ornament on the tree? For many, it's the food. (I can't imagine Christmas Eve without meatballs, rice pudding with an almond in it, lingonberries and root beer.) Some tell stories, some re-enact the stable scene. Honor your traditions - hold on to them. They add warmth to the journey.

Music. Turn off the television and put on some of the great music of the season. This journey is along a road filled with singing. Let your voice be added to the chorus.

Generosity. Obey any impulse to be generous, even to those who are not expecting generosity from you. "When in doubt, shell it out," one of my crazy uncles used to say, and he was right. Tip freely. Christmas is a time for liberality. It makes the journey to Bethlehem easier for others and more fun for you.

Healing. Take the opportunity to restore a lost personal relationship, to mend a broken friendship. Take the initiative without worrying about who was right or wrong in whatever it was that divided you. Get past it, and forgive. Best to travel light on this journey.

Discipline. Keep your wits about you. Do everything in moderation, the Bible says, like eating. We can overextend ourselves in a hundred ways on this journey, thinking other people's joy somehow depends on us. In fact, we simply add hazards - for ourselves and others - on what is meant to be a road of peace and joy.

Smiles. Erase the frown of worry from your face for the season. Think about what children see when they look into your face, and consciously make it a smile. Determine that only kind words will come out of your mouth-no criticism, no complaints. Decide to let more love into your life - love for God, for God's children, for life itself. It was for them that that He came - and for you. Smiles carry us far on this journey.

Let's go to Bethlehem!

PS Having concluded our study of the Old Testament before Thanksgiving, our Wednesday morning Bible Study Group is now in chapter 22 of THE STORY that's entitled "The Birth of the King." After Christmas, we will begin our study of the life of the King who was born to die that we might live eternally with Him. This journey will take us all the way to Easter and then through the rest of the New Testament. If you have not been able to join us on Wednesday mornings at 9:45 AM, plan to join us on January 3!

Copies of THE STORY are available for only \$5. Let me know if you would like a copy!

Let's go to Calvary and to the Empty Tomb together!

But for now....**HAVE A MERRY CHRISTMAS!**



Thank you to all our caregiving staff !You're Amazing!!



Ashley Pointe want to thank all the Employees who received the Employee of the Month Awards

AJ Coat

Robert McCleve

Diane Blas



Please Welcome our New Employees

Shirley ~ Dietary Aid

Maureen ~ Dietary Aid

Ashlee ~ Med Tech



Holiday Bazaar

Ashley Pointe

Saturday, December 2nd

11:00am—2:00pm

In the Lobby of Ashley Pointe

Come check it out

**Make a dent in your
Holiday Shopping List!**



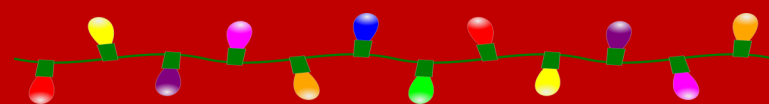


December Highlights ~ You're Invited!

12/2~Ashley Pointe Bazaar
12/3~Caverlero Poinsettia Giveaway
12/3~Everett Chorale Concert
12/4~Caverlero Leadership Group
12/5~Starbuck Outing
12/7~Hobby Lobby Outing
12/9~Christmas Fun w/Girl Scouts
12/13~ Ebenezer Choir
12/14~Door Decorations w/Caverlero
12/17~Caroling at Dinner Time
12/18~American Heritage Girl Scouts
12/20~Ugly Sweater Contest
12/20~Christmas Light Tour

*Watch your calendar for other fun thing
to do in December!*

Sign up binder located at the front desk!



Residents & Family

join us for an

"Old Fashion Christmas"

Saturday, December 16th

4:00—7:00

*Before dinner Cocktails & Appetizers,
Christmas Music with Gary Hood, Buffet
Style Dinner, and meet with Mr. & Mrs.
Santa Clause after dinner!*



What are your favorite winter traditions?

**BLACK
FRIDAY**

"Avoiding Black Friday"

-Cris

**"Christmas Caroling with
family and community
members"**

-Darlene



**"Getting up early on
Christmas morning"**

-Dave



**"Eating" And, spending
time with my large family"**

-Rod



Find us on Facebook!



We've been sharing more and more on our Facebook page
and would love to have you join the conversation!
LIKE our Facebook page today!

www.Facebook.com/AshleyPointeSeniorLiving

December 2017



Ashley Pointe
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>Doctor Appointments Monday 9:00 am to 12:00 pm</p>	<p>It's National Bingo Month</p> 	<p>Full Cold Moon Dec 3rd at 10:47am</p> <p>December Full Cold Moon is fittingly associated with the month when winter cold fastens its grips and the nights become long & dark.</p>		<p>1 <i>Blue Friday</i></p> <p>10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:30 Adult Coloring 6:00 Cards & Games NATIONAL PIE DAY</p>	<p>2 <i>Happy Birthday, Chuck!</i></p> <p>10:00 Sit & Be Fit-Activity Room 11:00—2:00 Holiday Bazaar 1:00 Games (Game Room) 1:30 Bingo 3:30 Skip Bo</p>
<p>3 <i>Advent Begins</i></p> <p>11:30 Cavelero Mid High Poinsettia Give Away</p> <p>1:30 Bingo</p> <p>2:00 Everett Chorale</p> <p>5:30 Seahawks vs. Eagles</p> 	<p>4 SANTA LIST DAY</p> <p>10:30 Strength & Balance 1:15 Cottage Community MTG 2:30 Price is Right-IN2L 3:30 Leadership Group Fun 4:00 Pointe Guys (Men's Group) 6:00 Bridge</p>	<p>5</p> <p>10:00 Outing: Starbucks 10:30 Exercise w/LDS 1:30 Bingo 2:00 Shopping: Fred Meyer 3:30 Skip Bo 6:00 Pinochle</p>	<p>6 ICE CREAM DAY</p>  <p>9:45 Bible Study 1:30 Bingo 2:00 Ice Cream Bars 2:30 Farkel Dice Game 3:45 Happy Hour w/Lee Howard</p>	<p>7 PEARL HARBOR DAY</p> <p>10:30 Exercise w/LDS 11:30 Ebenezer Luncheon 1:30 Bingo 2:00 Outing: Hobby Lobby 3:30 Skip Bo 6:00 Pinochle</p>	<p>8 <i>Blue Friday</i></p> <p>10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:30 Adult Coloring 6:00 Cards & Games</p>	<p>9 <i>Happy Birthday, Wes!</i></p> <p>10:00 Sit & Be Fit 1:00 Games (Game Room) 2:00 Senior Prom 5:45 Girl Scout Group Reindeer-Candy Canes & Pictures w/Santa</p>
<p>10 Gingerbread Day</p> <p>10:00 Christmas Time w/ Mary Kay</p> <p>10:00 Seahawks vs. Jaguars</p> <p>2:00 Gingerbread Cookies 2:30 Christmas Movie 3:30 Skip Bo</p>	<p>11 WEAR RED & GREEN DAY</p> <p>10:00 Christmas Trivia 1:15 Inside Community MTG 2:30 Bingo 4:00 Pointe Guys (Men's Group) 6:00 Bridge</p>	<p>12</p> <p>10:00 Christmas History 10:30 Exercise w/LDS 1:30 Bingo 2:00 Shopping: Dollar Tree 3:30 Skip Bo 6:00 Pinochle</p>	<p>13</p> <p>9:45 Bible Study 1:30 Bingo 2:30 Farkel Dice Game 3:45 Happy Hour w/Doug Williams 6:15 Ebenezer Choir</p>	<p>14 Candy Cane Day</p>  <p>10:30 Tai Chi w/Larry 11:35 Library on Wheels 1:30 Bingo w/Betty & John 3:00 Cavelero Mid High School Christmas Door Decorations 3:30 Skip Bo 6:00 Pinochle</p>	<p>15 <i>Blue Friday</i></p> <p>10:30 Exercise w/LDS 1:30 Bingo w/Betty & John 2:30 LCR Game 3:30 Adult Coloring 6:00 Cards & Games <i>Happy Birthday, Michelle</i></p>	<p>16</p> <p>10:00 Sit & Be Fit 1:30 Bingo 4:00 - 7:00 Resident & Family Christmas Party</p> 
<p>17</p> <p>10:00 Hymns 1:05 Seahawks vs. LA 2:00 Peppermint Ice Cream 4:00 Restoration Church 5:15 Caroling with Impact Church Children</p>	<p>18 Cookie Exchange Day</p> <p>10:30 Strength & Balance 1:30 Activity Forum 2:30 Bingo 4:00 Christmas Caroling w/Girl Scouts 4:00 Pointe Guys (Men's Group) 6:00 Bridge</p>	<p>19 Wear Your Reindeer Antlers</p> <p>10:00 Hot Chocolate & Cookies 10:30 Exercise w/LDS 1:30 Bingo w/Betty & John 2:00 Shopping: Walmart 3:30 Skip Bo 6:00 Pinochle</p> 	<p>20 UGLY SWEATER DAY</p> <p>9:45 Bible Study 1:30 Bingo w/Betty & John 2:00 Ugly Sweater Contest 3:00 2nd Graders Sings Christmas Carols 5:30 Outing: Christmas Light Tour</p>	<p>21 WINTER BEGINS</p> <p>10:30 Exercise w/LDS 11:00 Christmas Memories 1:30 Bingo 2:30 Food Forum 3:00 Craft-Snowflakes 3:30 Skip Bo 6:00 Pinochle</p> 	<p>22 <i>Blue Friday</i></p> <p>10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:30 Adult Coloring 6:00 Cards & Games</p>	<p>23</p> <p>10:00 Sit & Be Fit 1:00 Games 1:30 Bingo 3:30 Skip Bo 6:00 Christmas Movie</p>
<p>24 <i>Christmas Eve</i></p> <p>10:00 Hymns 1:25 Seahawks vs. Dallas 2:00 Eggnog & Cookies 3:30 Skip Bo</p>	<p>25 <i>Merry Christmas</i></p>  <p>12:00 Christmas Dinner 2:00 Christmas Movie</p>	<p>26</p> <p>10:00 Games on IN2L 10:30 Exercise w/LDS 1:30 Bingo w/Betty & John 2:00 Shopping: Haggen 3:30 Skip Bo 6:00 Pinochle</p>	<p>27 National Snowflake Day</p> <p>9:45 No Bible Study Today 10:00 Trivia 1:30 Bingo 2:30 Farkel Dice Game 3:45 Happy Hour 6:00 Movie: Resident Choice</p> 	<p>28 National Card Playing Day</p> <p>10:30 Tai Chi w/Larry 11:00 IN2L Your Choice 1:30 Bingo w/Betty & John 3:00 Skip Bo</p>	<p>29 <i>Blue Friday</i></p> <p>10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:30 Adult Coloring 6:00 Cards & Games</p>	<p>30 BACON DAY</p> 
<p>31 NEW YEAR'S EVE</p> <p>10:00 Hymns 1:25 Seahawks vs. Arizona 2:00 Popcorn & Beverages 3:30 Skip Bo</p>			<p><i>Resident Birthdays</i></p>  <p>12/2~Chuck J. 12/9~Wes K.</p>	<p><i>Happy BIRTHDAY to you</i></p> 	<p><i>Staff Birthdays</i></p> <p>12/15~Michelle West 12/20~Hilda Cole</p> 	