



## LETTER FROM THE ADMINISTRATOR

**Merry Christmas! It's the most wonderful time of the year!** Or at least that is how the song goes. If you remember my article from last December, you learned that I am a Grinch at Christmas and not a big fan of the holiday. It wasn't always like this for me though. Let me share one of your favorite Christmas memories with you.

I was probably 6 years old, and just like every other kid, I could not wait for Santa to stop by. I had been a good little boy all year and just knew I could get the electric train set I had asked for. I had seen Santa twice during that December and made it very clear just what I wanted him to bring me. Well the big night was here. It was Christmas

Eve. We had opened up all the gifts under the tree and now ready to go to bed so Santa could stop by. I had different plans for this night. I was going to stay up all night if needed to catch Santa during his house call. I waited to hear the clatter, but nothing. I waited and waited and waited. But nothing. The only thing I heard as my Dad snoring from the other room. And just like every other kid who ever had this same plan, I fell asleep. I remember waking up around 6 a.m., jumping out of bed, and running into the living room where the Christmas tree was. I flipped the light switch on, and low and behold, there it was! My electric train set!! In its beautiful box in all its grandeur, I had gotten

exactly what I told Santa I wanted more than anything else. I jumped up and down, screaming with excitement, and woke everyone else up. But I didn't care. I had my train. The best Christmas ever!!

I know all of you have a very similar story, one that was your favorite Christmas of all. I look forward to hearing some of those stories. I hope you continue to make great memories this Christmas.

**Merry Christmas to each of you.**

*Kevin W. Garriga*  
Administrator

SOUTHERN KNIGHTS  
SENIOR LIVING COMMUNITY



## UPCOMING CRAFT PROJECTS

We will be doing Tie Dye this Month!! Please get with Denise Corvin if you want to participate she can make sure she has a t-shirt in the correct size for you!



## Activity Highlight Photos



Golf, Corn Hole, Frosty and Music!

## RESIDENT TALENT ABOUNDS!

### Remember!

Decembers Calendar is a moving part because we get a lot of volunteers wanting to visit!



### STAFF QUOTE: MR. BROWN SAYS...

Everybody deserves a great life and respect because anything less would be uncivilized!





# TEAM MEMBERS OF THE MONTH

Our team members this month are: Marisol was Resident Choice and Liz G. was Administrators choice.



## Recipe: Sparkling Snowflake Cookies

### Ingredients:

- 1 (18.25 ounce) box white cake mix
- 1/2 pound (2 sticks) butter or margarine
- 1 egg
- 1 teaspoon vanilla extract
- 2 cups quick or old-fashioned oats, uncooked
- Assorted colored sugars, candy sprinkles
- Small candies or decorator icings

### Directions:

1. Preheat oven to 350°F.
2. In large bowl, combine half the dry cake mix with butter, egg and vanilla extract; mix thoroughly with large spoon. Stir in remaining cake mix and oats; mix well.
3. Divide dough in half. On well-floured surface, using a well-floured rolling pin, roll each half to no more than 4-inch thickness. Cut dough with 3-inch snowflake or other large holiday cookie cutter. Place about 1 inch apart on ungreased cookie sheets.
4. Bake 6 to 8 minutes or until set (centers may still be soft). Carefully remove to wire rack; cool completely. If desired, decorate cookies.

## Featured Resident: *John W.*

**John** was born and raised in the great city of Houston. He knows the city well because he spent 50 years as a Postman. You know all Postmen have dog stories and John is no exception. He had to face down a scary Chihuahua! It bit him and the Chihuahua had to be quarantined for 2 weeks.

They both came through it well! John went on to be the proud father of 3 children, 2 boys and 1 girl. He is as reliable as the day is long.



## Winter Wellness Tips

- Instead of picking up a cup of hot chocolate to keep yourself warm, try an herbal beverage.
- The cold air and indoor heaters can dry out your skin. Make sure to drink at least 8 glasses of water each day and use moisturizers throughout winter.
- Buy some indoor plants to soften up the dry atmosphere caused through heating. Plants give off moisture and oxygen and the colors will brighten up a dull day.

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SENIOR LIVING COMMUNITY

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## OUR STAFF

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Resident Care Manager

**DENISE CORVIN**  
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THAT DANCED  
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TALENT SHOW!**

