# Pacifica Tidings



### November 2017







# A Note from the Executive Director

Dear Residents and Family Members,

I am so excited to be a part of this community and I cant express how much I appreciate the warm welcome received from all of you. I'd like to tell you a little about myself and hope that over the coming months you will share stories with me. I just celebrated my 15th wedding anniversary with my husband, Don and look forward to many more years together. We have three children; Alex, Lindsey and Katey and a "spoiled" Boston terrier named Angus. In my free time, I enjoy doing things with my family, gardening, reading, and being outdoors. I look forward to getting to know each of you better in the coming months. Please don't hesitate to see me if you have any issues, concerns or compliments you want to share.

Best Regards, Kelly Hudson

#### Who am I?



# Welcome to Our Community

Gary Price
Allison McKay
John Delicate
Kathryn White

#### Activities & Special Events





#### **Birthdays**



Lisa Simon
12th—
Ray McKenzie
15th—
Florence Mercurio
16th—
Rose Abramson
20th—
Louise Lombardi
29th—

# TRIP SCHEDULE PUBLIX AND WALMART LEAVE AT 10:30AM, PICK UP AT 11:30 AM

November 1st— Publix (S)

November 8th— Lunch Outing (S)

November 15th— Walmart (S)

November 17th— Scoops Ice-Cream (S)



## A Note from the Activities Director

Hello! My name is Brooke and I am so excited to have the opportunity to be your new Activities Coordinator! As we move forward in our adventure together, I want to get to know you more, and see what kind of fun ideas you have for activities. My goal here at Pacifica is to keep you busy and have a lot of fun! When I am not here having a great time with my new Pacifica family, I keep busy with my beautiful seven year old daughter, Americana – she is my sunshine!

#### **EMPLOYEE OF THE MONTH**



**ROSE ROBLES** 

ROSE LIKES WORKING FOR PACIFICA BE-CAUSE WE ARE A FAMILY AND THE RESI-DENTS ARE WONDERFUL TO WORK AROUND. WE LOVE HAVING ROSE AS APART OF OUR FAMILY.

#### Health & Fitness by



This month is also dedicated to our best friends, our pets. November is also known as the Vegan Month. Pet Cancer Awareness Month. **Pet Diabetes Month** and Pet Awareness Month. One more observance followed in this month is adopting a senior pet. Generally, a person or a family plans on adopting a baby animal as their pet, so they can stay with them for a longer period of time. The month is dedicated to educating people why it's awesome to adopt an older pet too.

#### Fitness Activities

#### Fitness Experience

with Charlie each morning at 9:15am

#### Wii bowling

Wednesday, Thursday, Friday and Saturday

#### **Poker**

Every Monday at 2pm

#### Fit & Fun with Freda

each Friday at 9:00am

Who Am I? Hazel Nipper

#### Spiritual Activities

#### Rosary & Communion

every Friday at 10am in the conference room.

#### Friendship Baptist

Every 3rd Sunday at 2pm.

#### College Road Christian

service on the 2nd and 4th Wednesday of each month at 10:15am.

#### **Robert Freeman**

Devotional hour on the 2nd and 4th Sunday of the month at 2pm.



Management Team Kelly Hudson Executive Director

Donna McMahon Business Office Manager

**Resident Care Director** 

Athena Acosta Community Relations

Brooke Dyruff Activities Assistant

Pete Rosario Environmental Services

Amy Bryant Dining Services Director



Pacifica Senior Living is committed to supporting our communities, residents, and the families we serve.

We strive to create a lifestyle of independence, security, and peace of mind.

It is through our dedicated and caring team members that our culture is exemplified in service, accountability, teamwork and compassion.

The right choice. The right time. Welcome Home!





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Welcome Home!