



WESTMONT®
Meadow Oaks of Roseville
inspired retirement living®

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December 2017



Meet the Team

Executive Director	Kristine
Business Office Director	Tanysha
Compass Rose Program Director	Ana Marie
Culinary Director	Chef Vo
Maintenance Director	Artie
Compass Rose Lifestyle Director	Rosa
Lifestyle Director	Gail
Community Relations Director	Deborah
Resident Services Director	Laura

Positive Thought

"Each day comes bearing a gift. Untie the ribbon." —Ann Ruth Schabader

Welcome



Barbara Y. And Rhett to
Our Community

Meadow Oaks Positive Inspirations

Tis' the season to be jolly and bright. Lifestyles sure did bring good spirits and delight within our community such as our Mothers Day Tea, Western BBQ for our fathers and an Honorable Veterans Luncheon. We also attended Apple Hill and Bishops pumpkin farm. All of these events made great memories for us to remember.

With that being said take this time to reflect and think about other enjoyable memories you have made this year. From all of us here at Meadow Oaks of Roseville we wish you a Very Merry Christmas and a Happy New Year!

What Is One of Your Holiday Traditions?

Laura ~ " Putting up the Christmas Lights around the house"

Elaine ~ "My favorite part is Christmas Shopping"

Pam ~ "Getting gifts from stockings"

Cedric ~ "Dancing school holiday parties"

Martha ~ "Having big family dinners"

Marge ~ "Baking cookies during the holidays"

Patricia ~ "Making food with family, enchiladas"

Rosa ~ "I always help my mom make homemade tamales as my dad is the taster"



Compass Rose at a Glance



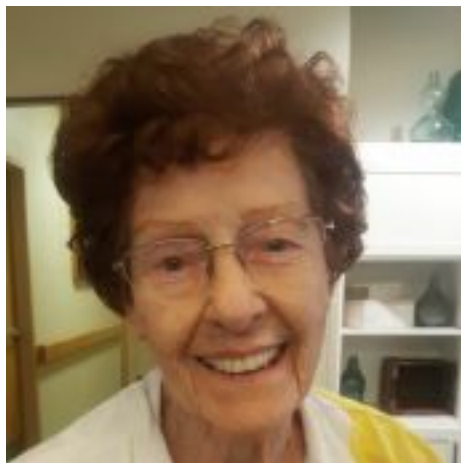
Lifestyles at a Glance



Honoring Our Veterans



Meet and Greet Jackie



Jackie Bails born in Fernley Nevada in 1928, lived most of her life in Utah. Jackie has two children and several grandchildren and great-grandchildren, all whom

she loves very much.

Growing up, Jackie has a brother and six sisters. Growing up in a big family is one of Jackie's fondest memories. Jackie moved around various western states throughout her life but has enjoyed California and the Roseville immensely.

Jackie enjoys the daily exercise, crafts, bingo, and the scenic tours! Jackie also enjoyed getting to know other residents and meeting any new residents. Hearing about people's life story is something she looks forward to! So, if you're new to Meadow Oaks, Jackie is looking forward to meeting you and sharing stories about life with you!

Memorable Melody: 'Snowbird'

When Anne Murray sang her 1970 breakthrough hit about a snowbird, she wasn't referring to retirees who spend their winters in the warmer parts of the country. The easygoing tune, composed by singer-songwriter Gene MacLellan, is about a woman wanting to fly away from heartache with the winter bird. The song soared to No. 1, making Murray the first Canadian female solo artist to top the U.S. music charts and the first to earn a gold record.

Geography 101: North Pole

In the middle of the Arctic Ocean at the top of the Earth sits the North Pole, the northernmost point on the planet. Instead of land, the North Pole is made of pack ice up to 10 feet thick that drifts upon the water, making any permanent settlement impossible. Temperatures can dip as low as minus 40 degrees Fahrenheit, and because of the sun's position there, the region remains in darkness for six months in winter, then switches to six months of sunlight during the summer.

**Eat, Drink and Be Merry
at Our Christmas Brunch
Thursday, December 21st
at 10:30-12 p.m. Family
And Friends an R.s.v.p. Is
Needed by Friday,
December 15th With Our
Concierges. Merry
Christmas to All!**



**For Auld Lang Syne Join
Us for Our End of the
New Year Happy Hour
Friday, December 29th at
2:30 p.m. In the Manor
Dining Room**





"This Month In History"

DECEMBER

1904: More than 200,000 revelers gather for the first New Year's Eve celebration in New York City's Times Square.

1911: Norwegian explorer Roald Amundsen and his expedition team become the first people to reach the South Pole.

1920: Celebrated opera tenor Enrico Caruso gives his last public performance at the Metropolitan Opera in New York City.

1933: After scoring a touchdown in the game's final minutes, the Chicago Bears win the first NFL Championship Game by defeating the New York Giants 23-21 at Chicago's Wrigley Field.

1945: Congress formally recognizes the Pledge of Allegiance, which was written in 1892.

1951: The Marshall Plan ends. The American aid program gave more than \$13 billion in economic support to help Europe recover from World War II.

1969: Fresh from the Boeing factory, the first 747 is delivered to Pan Am. The international airline was the first to fly the jumbo jet.

1977: Disco fever hits after the movie "Saturday Night Fever" premieres.

1982: Instead of naming its annual Person of the Year, Time magazine chooses the computer as the Machine of the Year.

1995: Cartoonist Bill Watterson ends his "Calvin and Hobbes" comic strip.

2000: Montgomery Ward announces it is going out of business after 128 years. The retail giant created the world's first general merchandise mail-order catalog.

2005: Astronomers reveal they have discovered two more rings encircling the planet Uranus.

2012: Johnny Manziel, star quarterback for Texas A&M University, becomes the first freshman to win the Heisman Trophy.