

# Pacifica Tidings

  
**PACIFICA**  
SENIOR LIVING  
KLAMATH FALLS  
Assisted Living

**November  
2017**



## *A Note from the Executive Director*

I hope by the time you read this our “face life” is complete. It’s been a long road but our community is more beautiful than ever. I am so thankful for this beautiful community and the opportunity that I have to come here each day and work. Outside the leaves have changed colors and are starting to fall fast. This is my favorite time of the year. So many beautiful colors to see and the air starts to smell crisp. It makes me think of family and friends and the gatherings we will have. This month I am thankful for so many things. I am thankful for my 3 sons and the lessons they have taught me

about what it means to be a mother. I am thankful each day for having had loving parents who taught me to be a good person by their example. I’m grateful for all of you as well.....

### **YOU’VE MADE A DIFFERENCE IN MY LIFE :**

**As Thanksgiving day approaches, my blessings I recall; The things I am most thankful for, I recollect them all. You are really special, in all you say and do. You’ve made a difference in my life; I’m thankful now for you!**

**~Stephanie**

## *Who am I?*

N \_ r m \_ n   R o \_ k \_ e l l



“Which well-known artist painted this picture, his other artwork graced the cover of The Saturday Evening Post magazine for a decade or more. “Can you guess his name?”

## *Welcome to Our Community*

Sue Middleton & Abbey  
(new resident & doggie)

Mark Saxton is our new  
community relations  
Director.



## *Activities & Special Events*

### *Tuesday mornings in November @ 10:30 "What's Cookin?"*

If you enjoy cooking, please come and help me cook-up some new & tasty recipes in our newly remodeled activity room kitchen."

November 14th We'll be making Butternut Squash soup

November 21 Banana Bread

November 28th Wilted Lettuce salad

"Taster's are welcome Too!"

### *Another NEW November activity*

"We're going to try out another cooking program on Friday November 24th." This meal will be prepared by our residents and myself (Linda) in our activity room. The tables will be set by our residents and myself. After we've eaten our meal we will be clearing the tables ourselves, rinsing the dishes and running them through our new dishwasher and putting the activity room back to normal. This will be an active activity that you our residents will be a big part of IF we have enough interest.

"We'll be choosing recipes from a collection provided by our local DaVita clinic.

"I have selected the dinner menu for November."

Entrée: Ground Sirloin Pasties

Vegetable: Marinated Fresh Vegetables:

Broccoli, cauliflower, mushrooms, bell pepper, celery, onion

Dessert: Lemon Cream Cheesecake

Drinks: Coffee, Iced Tea or Water

"There will be a sign-up sheet to attend and we will keep the size to 8 people for this particular month." If this turns out to be a successful activity than we can do this monthly and we will continue to select recipes that we've collected from our local DaVita clinic." If any of you would like to go through the recipes I would be happy to share them with you (in the activity room) and if you'd like to put together a menu for a December dinner that would be SUPER." Pick a main

Entrée, a vegetable and a dessert. "Please if you have any questions, just ask. Linda

## *Annual Friends & Family Early Thanksgiving Luncheon*

*When: Friday November 17th @ 12:00*

### *Traditional Thanksgiving Menu*

*R.S.V.P.s are due by the 10th of November*

*"You may invite 2 guests @ no charge*

*Each Additional guest will be \$7.00. Monies go to Klamath Food Bank*

## Memorable Moments



### *Thanksgiving Memories*

"I remember that our entire family came to Grandma's home for Thanksgiving and in later years she opened up her home to everyone who didn't have a place to go for Thanksgiving."

*Joanne Aveline (Jo ma-ma)*

"When I was a child I thought nobody could make stuffing like my mom. She also made the very best coconut/pineapple & banana-cream pies you could ever delight your taste buds with."

*Linda Tuter Activities Director*

"I remember waking up one thanksgiving morning and it had snowed so much that it was rounded on all the trees and bushes. And all of us kids got our warm clothes on, put bread bags over our socks to keep them dry and played for hours until our mother called out to us to come in to eat and when we went over to the table all of the chairs were missing because the table was completely covered with food. Everyone just filled their plates and found somewhere to sit down to eat."

*Stephanie Shaffer Executive Director*

"Thanksgiving Day for me meant loved ones from out of town would be coming to spend the day with us and as a child I always looked forward to this. My mother was a wonderful cook and everyone brought something delicious to add to the feast."

*Burt Westbrook*

"I remember one very special Thanksgiving morning when the doctor told my parents that they could take the bandages off my eyes and I could see, the first face I looked at was my daddy's, it was a wonderful day!"

*Kathy Hare*

*Appreciating Family & Friends  
Thanking God for all His Blessings  
is the True Spirit of Thanksgiving  
Praying God's Blessing for you this  
Thanksgiving*



## *Birthdays*



Shelley Johnson 11/01  
Dorothy Rowland 11/06  
Gene Middleton 11/29  
Jo-ma-ma Aveline 11/30

"A wish for lot's of birthday  
fun  
To last until the day is  
done  
Hoping that all your wishes  
come true  
And that your birthday  
cake is as sweet as you!"



Thanksgiving Day is a public holiday (Holy Day) celebrated on the 4th Thursday of November in the United States. It's origin was a Harvest Festival. It's been celebrated nationally on and off since 1789 after congress requested a proclamation by George Washington. It has been celebrated as a federal holiday every year since 1864 when During the American Civil War, President Abraham Lincoln proclaimed a national day of Thanksgiving and Praise to our beneficent Father who dwelleth in the heavens to be celebrated on the last Thursday in November. Together with Christmas and the New Year, Thanksgiving is a part of the broader holiday season.



## *A Note from the Activities Director*

The month of November brings lot's of warm thoughts for me because it means that Thanksgiving is coming soon and I'm all about being together with those who mean the most to me. I don't think I'm all alone in these thoughts. I remember one November day, my girls Jennifer & Allyssa were in grade school, my husband was away Elk hunting with his brother and I'd made plans for my sister-in-law and her children to come spend the day with us to make cookies and hang out. Outside it started snowing pretty heavy, so we dressed warm and went out to make a snowman in the front yard with the kids. When everyone got cold we went inside for hot chocolate and decided we'd get out of our wet clothes and see if we could find something good to watch on the television. I remember we caught the tale-end of a Brian Keith movie and were waiting to see what

Was going to come on next. To mine and my sister-in-law's delight we found ourselves watching 'It's A Wonderful Life.' Starring Jimmy (James) Stewart and Donna Reed. The kids went into their bedroom to play and we were in "Hog Heaven" It was the first time either of us had seen this GREAT movie. "We loved it!" Have you watched this movie before?" Here is a little trivia about the movie 'It's A Wonderful Life.'

1. The only film in history to originate from a greeting card.
2. Voted #1 Most inspirational movie of all time.
3. The best film never to have won an Oscar.
4. At the time of filming Jimmy was 37 & Donna was 25.
5. The gym floor that opens up to reveal a swimming pool was real & was located at Beverly Hills High School in L.A.
6. Jimmy's performance ranked # 8 of 100

## *Health & Fitness by*



Monday  
Wednesday  
Friday

Mornings @  
9:30  
In our activity  
room.

“We would  
love for you to  
come and get  
in shape or  
stay in shape  
with us.”

## *Birthdays*

## *Spiritual Activities*

9:00 Every Sunday morning  
Church Service in our  
activity room

On November 26th @ 1:15  
in our activity room The  
Klamath Falls Missionary  
Baptist Church will be here  
for Fellowship, music,  
Bible message and prayer.

Allen & Jane will be here for  
an evening Bible Study on  
November 21 @ 6:00 in our  
activity room.

Bible Study with Skip &  
Gayle every Thursday  
morning @ 10:30 in our  
activity room. Skip wants you  
to know that if you need  
special prayer please tell  
Linda and she'll get in  
contact with him, so he can  
come see you.”

## *Who Am I?* (answer)

“Of course it's none other than Gary Cooper or even better  
known, as Sargent York.”



## *Management Team*

Stephanie Shaffer  
Executive Director

MaryAnne Kirwan  
Business Office Director

Lisa Pratt Registered Nurse

Lacey Lund Resident Care  
Coordinator

Richard Brumwell  
Engineering Director

David Murphy-Smith Food-  
Service Director

Mark Saxton Community-  
Relations Director

Linda Tuter Life Enrichment



*Pacifica Senior Living is committed to  
supporting our communities,  
residents, and the families we serve.*

*We strive to create a lifestyle of  
independence, security, and peace of mind.*

*It is through our dedicated and caring  
team members that our culture is  
exemplified in service, accountability,  
teamwork and compassion.*

*The right choice. The right time.  
Welcome Home!*



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KLAMATH FALLS  
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**2130 N. Eldorado Avenue  
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***www.PacificaKlamathFalls.com***



*Welcome Home!*