


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	GOLDEN TOUCH SALON Thursday & Friday 9:00AM to 4:00PM	Note: Scheduled activities subject to change without notice. See Bulletin board for possible changes.	1 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 1:30pm Wednesday Matinee	2 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm BINGO	3 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Happy Hour Social	4 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation
5 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Church Services	6 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm Patricia Piano	7 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Hot Beverage Outing C1 3:00pm BINGO	8 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 1:30pm Wednesday Matinee	9 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Hot Beverage Outing C2 3:00pm BINGO	10 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Happy Hour Social	11 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation
12 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Church Services	13 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm Art's One Man Band	14 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Hot Beverage Outing C3 3:00pm BINGO	15 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 1:30pm Wednesday Matinee	16 4(C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Hot Beverage Outing C4 3:00pm BINGO	17 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Happy Hour Social	18 8(C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:30pm Phil Hall Music in Cottages
19 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Church Services	20 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation	21 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Hot Beverage Outing C5 3:00pm BINGO	22 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 1:30pm Wednesday Matinee	23 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Hot Beverage Outing C6 3:00pm BINGO	24 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Happy Hour Social	25 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation
26 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Church Services	27 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation	28 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Hot Beverage Outing C7 3:00pm BINGO	29 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 1:30pm Wednesday Matinee	30 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation Hot Beverage Outing C8 3:00pm BINGO	29 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation 3:00pm (S) Happy Hour Social	30 (C) Brain Stimulation (E) Stretch & Flex (O) Outdoor Recreation (S) Lunch (L) Creative Expressions (M) Music Enrichment (S) Dinner (R) Reminiscence & Relaxation