



Fall 2017

Eastern Star Masonic

Retirement Campus

Spotlight



2445 South Quebec St
Denver, CO 80231-9924
303-756-9489

**Marie (right) is the
Queen of Jenga at
103 years old.
Lillian (97) looks on.**



Fundraising at Eastern Star Masonic Retirement Campus

The Eastern Star Masonic Retirement Campus (ESMRC) is a Colorado 501 (c) 3 non-profit assisted living community that has been serving seniors in need since 1931. It relies on the generosity of supporters for donations to help fulfill its mission:

The Robert Russell Eastern Star Masonic Center, sponsored by the Masonic family, takes pride in meeting the social, physical and spiritual needs of the residents of its campus through high-quality housing and services, while being true to the Masonic family's principles and values.

While the foundation of the community was built as a Masonic Widows' home in 1931, there was such a need in Denver for additional affordable assisted living over the years that it grew from a widows' home to a campus with independent, assisted and memory care living. ESMRC is able, through fundraising, to offer quality assisted living options on one campus that, without fundraising, might have to reconsider its medicaid option for residents.

Some of the funds that are raised go to the general operating fund, which helps to continue offering apartments to residents on medicaid. Medicaid funding helps to cover costs and services provided to residents who have limited resources.

Back in 2009, the Helping Hands fund was established through the efforts of PWM Rita Bucholtz, to assist indigent residents with expenses and the necessities of daily living. Recently, ESMRC was able to use this fund to fill out an application for new hearing aids for a resident, who is a long-time Eastern Star member.

ESMRC has also established, through generous fundraising, the Gap Fund to facilitate paying expenses when a fraternal family member switches from private pay to medicaid.

The Golf Tournament, Comedy Night and Colorado Gives Day are fundraisers that have been successful this year. Together these projects have raised \$25,000, which the Board of Trustees can designate for which fund to support: Operating, Home Endowment, Gap Fund, or Helping Hands. All money raised stays in ESMRC to directly benefit the residents.

In-kind donations are also important to the community. These go directly to help residents in need for items such as Depends, tissues, toothpaste, body wash, yarn, and large print books. Providing these items helps residents who do not have money to cover such basic needs. Many do not have family members who can get these items

Eastern Star Masonic Retirement Campus: 303-756-9489

2445 South Quebec Street, Denver, CO 80231-9924

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Assisted Living? Do it now!

We have had such nice weather this summer, because it hasn't been so hot. Even now I can feel a bit of fall in the air. Soon, the snow is going to be flying. That is not an especially good time to try and move your loved one into an assisted living environment.

For many different reasons, we find that families delay placing their loved one into assisted living, usually because the person needing help does not want to leave their home. Even when the person needing help faces a poor quality of life at home, the fear of the unknown (the assisted living community) scares them into staying at home where the care may not be adequate for their needs.

When the family finally makes the decision to move their loved one, the senior is in poor health and cannot function well. Once moved, they are definitely receiving the assistance they require, but because they did not receive the ideal care in the past, they have much higher needs.

We suggest the best time to move your loved one is sooner rather than later, so that they can fully enjoy all that the community has to offer. Nothing pleases ESMRC caregivers more than seeing resi-

dents enjoying activities and the new friends they have made.

Choosing the right community is also a critical factor in the decision to place your loved one. Is the community fancy and formal, or laid back and casual? Is the community close to where the family lives? Does the community enjoy an excellent reputation in town? Does it fit the financial situation of the senior? Does the community provide comprehensive services, so that the senior does not have to struggle to have their needs met? These are just some of the questions you should ask when you are contemplating moving your parent or loved one.

It's a tough decision to place your loved one in assisted living, but as new residents adjust, they acclimate fairly quickly. Once they begin to make new friends and participate in activities, it becomes a new home to them. If you are thinking about ESMRC, please know that we are proud of the excellent reputation we enjoy in the Denver community. We would welcome your family member with loving open arms!

For more information, or to schedule a tour, please contact either Diane Martini, 303-753-2179, or Debra Kirsten, 303-753-2100.

ESMRC, in partnership with Columbine Lodge 147, will host a Bonfils Blood Drive

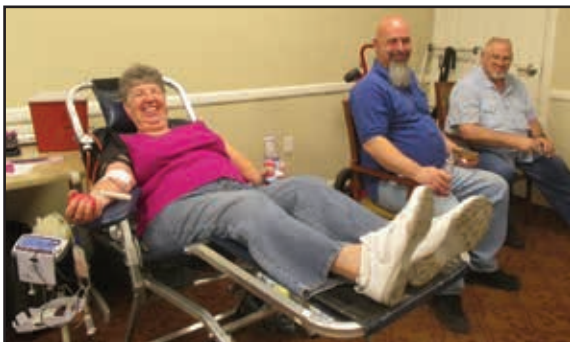
8 am–1:30 pm Friday, Oct. 20, in the Fraternal Relations Room

It's very easy to sign up:

Go to www.Bonfils.org • Click: DONATE NOW

FIND LOCATION • Enter site code: 0474

And you can register!



Or you can call
Bonfils:

303-363-2300

They can help you make the appointment.

If you are interested in signing up,
contact Fraternal Relations Director Pati Sawyer Boex,
303-753-2160, or patis@esmrc.com

Memory Care Heroes

Being human is to thrive on being needed and wanted — to be given a purpose and to make a difference. Four values that caregivers learn from caring for seniors living with Alzheimer's disease, and other forms of Dementia, are to have patience, to love unconditionally, to be humanly empathetic and to be a better caregiver. In learning these four values, each of us can make a difference in the life of someone struggling to remember the important things in life.

What about now and today? What makes ESMRC's Memory Care Neighborhood shine and stand out? Caregivers in the neighborhood have been given one chance to make a difference in a resident's life. Our AMAZING team succeeds by making that difference every day for every memory-care resident.

The exceptional team makes the memory-care neighborhood attractive to families who choose to entrust to our care their loved one who lives with Alzheimer's or Dementia. These exceptional people come to work committed and dedicated to serving the residents to the



best of their ability — with a smile on their face. It's never easy fighting with the disease while reaching out for the person inside.

Winston Churchill said, "We make a living by what we get, but we make a life by what we give."

Our memory-care team serves willingly with a loving, caring, and compassionate heart. The connections we make with memory-care residents — the stories shared, noting differences and similarities — is what makes our relationships matter.

Together we are a team and share our insights, strength, and wisdom with one another. Alzheimer's and Dementia may rob one of his or her memory, but it will never rob LOVE.

The Patchwork Singers



Walk to End Alzheimer's Disease

Annually, ESMRC sends a team to this event, sponsored by the Alzheimer's Association of Colorado. This year the Walk was held at City Park on Sept. 16. Proceeds from the walk provide education, support, awareness and research to fight the devastating disease. Staff and volunteers from ESMRC walk to remind caregivers to live in the moment, live through the experiences, and remember the resident's past. Participants in the Walk to End Alzheimer's Disease are reminded that they are part of a large support community.

Activities Recap



Above and right: Assisted Living and memory care took an excursion to the Downtown Denver Aquarium to see the fishes.



Below: The El Jebel Shrine Family Band played for us



Below: Harmonaires



Above: The Kentucky Derby was celebrated with a horse racing event and Hat Party.



ESMRC had a visit from Oscar, the Therapy Pig, and Bella, the Therapy Horse. Everyone got kisses.



Below: Talia from Kindred Hospice presented a discussion on the Holocaust.



Below: Susan tends the entrance flower urns.



Russell and Betty out to lunch at Freddy's



The Colorado Masonic youth: DeMolay, Jobs Daughters and Rainbow Girls hosted the annual senior prom for all residents to enjoy, complete with conga line (below).



Above: The Silverado Chorale sang for residents

Right: A visit by the Denver Zoo community outreach brought snakes for residents to see and learn about.





ESMRC's 8th Annual Golf Tournament was a huge success. A record-breaking \$14,995 was earned – the most ever! A huge thank you to all sponsors!





Above: Larry and the ladies
Below: Jean (left) and Nancy



Celebrating National Sunglasses Day
Below: Buzz and Pat



Below
(from
left):
Lillian,
Marie and
Beverly



Left: Lita



Above: A field trip to "Good Day Colorado" for a live taping of their show. During that show, ESMRC guests were mentioned seven times on air.

Left and below: Community Garden

Below: Dinora inspects the growing produce.



4th of July family and community picnic



Left and below:
National
Cracker Jack
Day



Left
and
below:
Patriotic
Arts &
Crafts





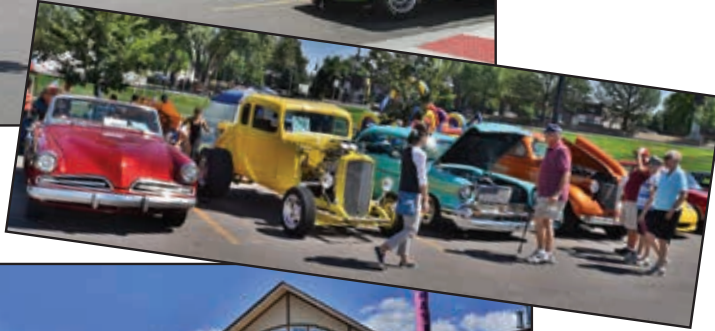
Summer Time Fun time at Comedy Works for ESMRC's annual Evening of Laughter



Fire Station #22 enjoyed an ice cream party at ESMRC in their honor.



Fraternal Family Community Picnic and Car Show



Above: The Rowe Family Band.



Spotlight on a Volunteer

Volunteer Jana

Jana Doss first came to ESMRC looking for a place for her mother, Juanita. Jana and her husband live nearby, so she would come over to see her mother several times per week.

While visiting her mother, Jana would bring Juanita to activities. They would both participate. Juanita passed away in 2015. Shortly after, Jana joined ESMRC as an official volunteer.

On Sundays, Jana sings with the residents. She helps with Ice Cream Socials, birthday parties, and assists with outings. She has also started a Quilting Group. Together, they have made a quilt, and a table runner that is used on the large table in the private dining room.

Jana comes with a wealth of knowledge from her 21 years of living around the globe while employed by the Department of Defense. She has lived in Spain, Italy, Germany, Korea and Japan. Jana and her husband, David, have two daughters



and three beautiful grandchildren.

Born in Wyoming, and reared in Texas, Jana received a degree in accounting from University of Texas prior to her years abroad.

Jana also sings with the Patchwork Singers, a singing group that performs in communities around Denver, including ESMRC (see page 4). We are pleased that Jana Doss has chosen this community in which she volunteers her time and talent!

Right: The men from Star Vista Village on an outing to the Beer Garden



Left: A trip to the sensory garden at the Denver Botanical Gardens



Philanthropy —

Eastern Star Masonic
Retirement Campus thanks the
following Chapters, Lodges and

individuals for their donations to the ESMRC for May–August 2017.

Edith Chapter #61
Paonia Chapter #74
WGM 1955-1956
Grand Chapter of CO

Estate of Jay Brossman
Campbell
Sharron Graham
Gerald Groth

Karen Ostermiller in
Memory of
Katherine Pullen
Janice Quirk

Roberta Seeley



In-Kind Donations —

Thank you to the following Fraternal Family members
and private individuals who donated time or in-kind

donations for the residents of the ESMRC during the months of January–April 2017.

Minnehaha Chapter #48
Consistory: Cathy Anderson,
other members
Lilly and Tom Johnson

Megan Fritz
Gloria Jaeger
Lilly and Tom Johnson
Janet Malara

Susan Miller
Darlene Olinger
Joan Veletta

Burial Plots

Over the years, various cemetery plots have been donated to the Robert Russell Eastern Star Masonic Retirement Campus. At this time, they are available to you at no cost, unless there is a charge for changing the name of ownership on the plots.

We have plots available in the following cemeteries:

- Fairmont Cemetery on Quebec St. in Denver. The transfer fee for one lot is \$150.
- Olinger Crown Hill Cemetery in Wheat Ridge. Transaction fee for each is \$595.
- Olinger Chapel Hill in Littleton, in the Masonic Garden. Transfer fee is \$595.
- Olinger Mount Lindo in Morrison. Transfer fee is \$595.
- Olinger Highland Cemetery in Thornton. Transfer fee is \$595.

For more information and details, please call Larry Lillo, 303-753-2174.



Above: Resident Tom Moss receiving his pin from Matt Rai — in honor of being a 50-year member of Denver Consistory.

Below: Watching the eclipse on Aug. 21



The Robert Russell Eastern Star Masonic retirement Campus is a 501 (c) 3 non-profit, so all donations are tax deductible. Please make checks payable to Robert Russell Eastern Star Masonic Retirement Campus or R.R.E.S.M.R.C. Send them to Attention Director, 2445 S. Quebec St, Denver, CO 80231.



Fraternal Activities at Eastern Star Masonic Retirement Campus

2017

- Sept. 20 **Annual Meeting, ESMRC, in the ESMRC Fraternal Relations Room, 9 am**
- Sept. 28 Black Hawk Lodge Dinner 6:30 pm; Meeting, 7:30 pm
- Oct. 5 Denver 5 Dinner 6:30 pm; Lodge meeting, 7:30 pm
- Oct. 14 Rainbow Girls Reverse Trick or Treat (time to be determined)
- Oct. 20 Blood Drive with Columbine Lodge 8 am–1:30 pm, Fraternal Relations Room
- Oct. 26 Liberty Lodge Dinner 6:30 pm; Lodge Meeting, 7:30 pm
- Oct. 28 Jobs Daughters Reverse Trick or Treating, 11 am
- Nov. 9 Centennial Lodge Dinner 6:30 pm; Lodge Meeting, 7:30 pm
- Nov. 16 Centennial Lodge Movie Night in Theater for ESMRC residents
- Dec. 2 Jobs Daughters Winter Carnival, 2 pm
- Dec. 9 OES Grand Family Christmas Party for ESMRC residents, 2 pm
- Dec 15 Open House Christmas Party, 4–6 pm
- Dec. 16 **House of Delegates meeting, in the ESMRC Fraternal Room, 10 am**

2018

- Jan. 16 Dawn Chapter Meeting
- March 6 Dawn Chapter Meeting
- March 18 Jobs Daughters Easter Egg Hunt for residents, 2 pm
- April 26 Loyalty Chapter Meeting
- April 28 IORG Littleton Assembly #5 Shred-a-thon, 10 am–noon
- May 19 Senior Prom, 2 pm

It is ESMRC's mission to host a once-a-month Chapter or Lodge meeting in the R. Keith Milheim Fraternal Meeting Room, which can include Masonic residents. If your Chapter or Lodge is interested in hosting a meeting for residents, please contact Fraternal Relations Director Pati Sawyer Boex, 303-753-2160 or patis@esmrc.com.

Spotlight

Robert Russell Eastern Star
Masonic Campus of Colorado, Inc.
2445 South Quebec Street
Denver, CO 80231-9924

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Eastern Star Masonic Retirement Campus.

☐ \$25 ☐ \$50 ☐ \$75 ☐ Other _____

☐ Tree of Faith \$100-499 ☐ Tree of Hope \$500-999 ☐ Tree of Love \$1,000 and up

Make checks payable to Eastern Star Masonic Retirement Campus or ESMRC.

Your donation is tax deductible to the
fullest extent of the law.

Below: Indoor croquet with Wiley

Name: _____

Address: _____

City, State, Zip Code: _____

Send to:

Business Office
2445 S. Quebec Street
Denver, CO 80231

- ☐ Operating Fund
☐ Home Endowment
☐ In memory of: _____

