

SUN	MON	TUE	WED	THUR	FRI	SAT
			9:30 Morning Meditations 10:15 Welcome to November Chat 11:00 Forever Fit 1:00 Making Marigolds 2:00 Chair Zumba 3:00 Dia De Muertos Discussion 4:00 All Saints Day Discussion 6:00 Word Puzzles	1 9:30 Morning Walking Club 10:15 Who Am I? 11:00 Forever Fit 1:00 Autumn Scenic Drive! 2:00 Music Therapy w/ Queens University 3:00 Memory Magic 6:00 Evening Stroll	2 9:30 Morning Stretch 10:15 Wizard Of Oz Jeopardy 11:00 Forever Fit 1:00 Sing Along Favorites 2:00 WCO Theater: "Wizard of Oz" 3:30 Deal 'Em! 6:00 WCO Social Club	3 10:15 Stretch It Out 11:00 Pictionary 1:00 Weekend Paintings 2:00 Finding Full Moons 3:00 Moon Phase Facts 6:00 Dance Party!
Daylight Saving Time ends 10:00 Catholic Service with Saint Gabriels 10:15 BIBLE Trivia 10:30 Sing Along Hymns 1:00 BINGO! 2:00 Sunday Drive 3:00 Name 10: Sandwich Day 6:00 Word Unscramble	5 9:30 Morning Stretch 10:15 Who is Aldophe Sax? 11:00 Forever Fit 1:00 Percussion Group 2:00 Healthy Snack Prep w/ Katie 3:00 Patio Poetry 6:00 Movie Night	6 Election Day 9:30 Morning Walking Club 10:15 Election Reminiscing Discussion 11:00 Forever Fit 1:00 George W. Bush Documentary 2:00 Shuffle Board 3:00 Presidential Trivia 6:00 Let's Get Board!	7 9:30 Morning Meditations 10:15 Shakespeare Or Not? 11:00 Forever Fit 1:00 Memory Magic 2:00 Chair Yoga 3:00 Mid-Week Devotions 5:30 Evening at the Mint Museum	8 9:30 Morning Walking Club 10:15 Healthy Food Discussion 11:00 Forever Fit 1:00 Word Unscramble 2:00 Music Therapy w/ Queens University 3:00 Glow Party! 6:00 Evening Stroll	9 Happy Birthday Nina! 9:30 Morning Stretch 10:15 Dominos 11:00 Forever Fit 1:00 Veteran's Recognition Program 2:00 WOBBLE! 3:00 Flower Arranging 6:00 Cookie Decorating	10 Veterans Day 10:15 Stretch It Out 11:00 Veterans Day Chat 1:00 Men Cook! 2:00 Word Search 3:00 Patriotic Tunes 6:00 Dance Party!
10:00 Catholic Service with Saint Gabriels 10:30 Sing Along Hymns 1:00 BINGO! 2:00 Sunday Drive 3:30 You Be The Judge! 6:00 Puzzles and Classical Music	12 9:30 Morning Stretch 10:15 Why Do We Recycle? 11:00 Forever Fit 1:00 Reading Round Table 2:00 Healthy Snack Prep w/ Katie 3:00 Scrapbooking 6:00 Evening Choice	13 9:30 Morning Walking Club 10:15 Memory Magic 11:00 Forever Fit 1:00 Paint by Number 2:30 WCO Cooking Demo 3:30 Gardening Club 6:00 Let's Get Board!	14 9:30 Morning Meditations 10:15 Sorting Recyclables 11:00 Forever Fit 1:00 Afternoon Choice 2:00 Corn Hole 3:00 Mid-Week Devotions 6:00 Crosswords and Cider	15 9:30 Morning Walking Club 10:15 Recycled Craft 11:00 Forever Fit 1:00 Baking Pumpkin Bread 2:00 Music Therapy w/ Queens University 3:00 Menchie's Frozen Yogurt 6:00 Evening Stroll	16 9:30 Morning Stretch 10:15 Would You Rather? 11:00 Forever Fit 1:00 Memory Match 2:00 Shuffle Board 3:00 Go Fish! 6:00 WCO Social Club	17 10:15 Stretch It Out 11:00 UNO! 1:00 Bounce n Catch 2:30 Making Apple Pie 3:30 Name That Tune 6:00 Dance Party!
10:00 Catholic Service with Saint Gabriels 10:15 BIBLE Trivia 10:30 Sing Along Hymns 1:00 BINGO! 2:00 Sunday Drive 6:00 Puzzles and Classical Music	19 9:30 Morning Stretch 10:15 Name that Bridge 11:00 Forever Fit 1:00 Classical Colors & Cider 2:00 Healthy Snack Prep w/ Katie 3:00 Afternoon Craft 6:30 Family Game Night!	20 9:30 Morning Walking Club 10:15 Thanksgiving Feast Discussion 11:00 Forever Fit 1:00 Word Games 2:00 Shooting Hoops 3:00 Afternoon Choice 6:00 Let's Get Board!	21 9:30 Morning Meditations 10:15 What's Thanksgiving? 11:00 Forever Fit 1:00 Price Is Right! 2:00 Music with Brian McCarn! 3:00 Turkey Hunt 6:00 Word Puzzles	22 Happy Thanksgiving! 9:30 Morning Walking Club 10:15 Turkey Trivia 11:00 Forever Fit 1:00 Thankful Poetry Expressions 2:00 Let's Move! 3:00 Thanksgiving Reminiscing 6:00 Evening Stroll	23 Happy Birthday Carole! 9:30 Morning Stretch 10:15 Black Friday Discussion 11:00 Forever Fit 1:00 Sorting Christmas Decor 2:00 Can Toss 3:00 Memory Match 6:00 Movie Night	24 10:15 Stretch It Out 11:00 Penny Ante 1:00 Strike! 2:00 Making Pumpkin Pie 3:00 Brain Teasers 6:00 Dance Party!
10:00 Catholic Service with Saint Gabriels 10:30 Sing Along Hymns 1:00 BINGO! 2:00 Sunday Drive 3:30 Attic Treasures Discussion 6:00 Puzzles and Classical Music	26 9:30 Morning Stretch 10:15 Oh Christmas Tree 11:00 Forever Fit 1:00 Reading Round Table 2:00 Healthy Snack Prep w/ Katie 3:00 Deck The Halls! 6:00 Movie Night	27 9:30 Morning Walking Club 11:00 Forever Fit 1:00 November Craft 2:00 John Lewis in Concert! 3:30 Memory Magic 6:00 Let's Get Board!	28 8:00 Crosswords and Cider 9:30 Morning Meditations 10:15 Resident Council 11:00 Forever Fit 1:00 Afternoon Choice 2:00 Batter Up! 3:00 Metropolitan Music Ministries 6:00 Evening Choice	29 9:30 Morning Walking Club 10:15 November Recap 11:00 Forever Fit 1:00 Humor Me 2:00 Music Therapy w/ Queens University 3:30 Resident Monthly Birthday Party! 6:00 Evening Stroll	30	25 As a Memory Care Community, we strive to have a person centered approach. We design each day around our resident's interest and needs. Activities are subject to change. All activities are planned for a minimum of thirty minutes.

November 2017

Memory Care Life Enrichment Manager: Quanesha Isaac

