

SUN	MON	TUE	WED	THUR	FRI	SAT
ROOM KEY C - Cafe DR - Dining Room FR - Fitness Room HR - Hobby Room L - Library LR - Living Room LB - Lobby T - Theatre			9:00 Early Bird Fitness 9:30 The Daily Grind (LB) 10:00 Forever Fit (FR) 10:30 Whose Stache'? (C) 2:00 Mustache Scavenger Hunt (C) 3:00 Dia De Muertos Discussion (C) 3:00 Machine Circuit (FR) 4:00 All Saints Day Trivia (C)	9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 All Souls Day Discussion (HR) 1:30 Devotions with Don (T) 2:30 David Jennings Performs! (DR) 3:00 Pump it Up! (FR) 4:00 Joe Name It (LB)	9:00 Early Bird Fitness 9:30 The Daily Grind (LB) 10:00 Forever Fit (FR) 10:30 Shopping at Walmart 2:00 Bingo! (HR) 2:45 Making Healthy Choices (HR) 3:30 Happy Hour (C) 6:30 Movie Night (T)	9:30 Pet Therapy with Callie! 10:00 Forever Fit (FR) 10:30 Did you say "Full Moon"? (HR) 2:00 Keep Dreaming - The Dream Analysis (LR) 3:00 Joy Ride 4:00 M.A.S.H. Word Puzzle (HR) 6:30 Movie Night (T)
Daylight Saving Time ends 10:00 Forever Fit (FR) 10:00 Catholic Service with Saint Gabriels (T) 10:30 A Walk Through Time (HR) 1:00 Panthers Vs. Falcons (LR) 2:00 Providence Baptist Worship Service (T) 3:00 BINGO (HR) 4:00 Famous Pairs (C)	9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 Mythical Monday (HR) 11:30 Lunch at Café Monte Marin (C) 3:00 H.H. Snack Prep - Baked Pumpkin Seeds (HR) 3:30 Happy Hour (C)	Election Day 9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 Central Church Bible Study (HR) 2:00 Asia's Greek Mythology Lecture - (T) 3:00 Bridge Group (L) 3:00 Toss & Talk (FR) 4:00 Pet Therapy with Sadie!	9:00 Early Bird Fitness 9:30 The Daily Grind (LB) 10:00 Forever Fit (FR) 10:30 Cards Club (HR) 11:30 Lunch & History of 1st Presbyterian Church 2:00 Must See Montana Views (T) 3:00 Machine Circuit (FR) 4:00 November IQ (C) 5:30 Evening at the Mint Museum	9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 Calories or Delicious Points? (HR) 1:30 Devotions with Don (T) 2:15 Peanut Butter Bird Feeders (HR) 3:00 Glow Party! (FR) 4:00 Dominoes (L)	9:00 Early Bird Fitness 9:30 The Daily Grind (LB) 10:00 Forever Fit (FR) 10:30 Shopping at The Book Rack 1:00 Veteran's Recognition Program (C) 2:00 Bingo! (HR) 2:45 Walking Club (FR) 3:30 Happy Hour (C) 6:30 Movie Night (T)	Veterans Day 10:00 Forever Fit (FR) 10:30 Name That President (HR) 2:00 Veterans Day Discussion (C) 3:00 Joy Ride 4:00 Watercolor Art (HR) 6:30 Movie Night (T)
10:00 Forever Fit (FR) 10:00 Catholic Service with Saint Gabriels (T) 10:30 Brain Teasers (HR) 2:30 Central Church Worship Service (T) 3:00 BINGO (HR) 4:00 Intro to Origami (HR)	9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 All the People Named Ann/e (HR) 11:30 Lunch at Cracker Barrel 2:30 Scrabble Competition (L) 3:00 H.H. Snack Prep- Parfaits (HR) 3:30 Happy Hour (C) 8:30 Panthers Vs. Dolphins (LR)	9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 Jewish Day School Visits! (HR) 2:00 Asia's Mythology - Lecture Pt2 (T) 3:00 Bridge Group (L) 3:00 Health Chat with Katie (FR) 3:30 Resident Council (HR)	9:00 Early Bird Fitness 9:30 The Daily Grind (LB) 10:00 Forever Fit (FR) 10:30 Can your Recycle This Trivia? (HR) 2:00 Vendor Visits (DR) 3:00 Machine Circuit (FR) 4:00 Afternoon Tea (C)	9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 Trademark Thursday (HR) 1:00 Catholic Service with St. Gabriels (T) 1:30 Devotions with Don (T) 2:00 Ethan Uslan on the Piano! (DR) 3:00 Pump it Up! (FR) 4:00 Afternoon Documentary (T)	9:00 Early Bird Fitness 9:30 The Daily Grind (LB) 10:00 Forever Fit (FR) 10:30 Shopping at Harris Teeter 2:00 Bingo! (HR) 2:45 Learn to Shuffleboard (FR) 3:30 Happy Hour (C) 6:30 Movie Night (T)	9:30 Pet Therapy with Callie! 10:00 Forever Fit (FR) 2:00 Baking Bunch (HR) 3:00 Joy Ride 4:00 Men's group (L) 6:30 Movie Night (T)
10:00 Forever Fit (FR) 10:00 Catholic Service with Saint Gabriels (T) 10:30 Post Workout Smoothies (HR) 2:00 Providence Baptist Worship Service (T) 3:00 BINGO (HR) 4:00 Name That Tune (C)	9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 Finish the Line (HR) 11:30 Lunch at Shun Lee Palace 2:30 Gettin' Crafty! (HR) 3:00 HH Snack Prep - Cranberry Energy Bites (HR) 3:30 Happy Hour (C)	9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 Trivia Tuesday (HR) 2:00 Asia's Mythology Lecture Pt.3 (T) 3:00 Bridge Group (L) 3:00 Sit & Get Fit (FR) 4:00 Pet Therapy with Sadie!	9:00 Early Bird Fitness 9:30 The Daily Grind (LB) 10:00 Forever Fit (FR) 10:30 Wacky Word Wednesday (HR) 2:00 Music with Brian McCarn! (C) 3:00 Machine Circuit (FR) 4:00 Pokeno (L)	Thanksgiving Day 9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 Thanksgiving Trivia (HR) 11:00 Thanksgiving Buffet (11:00am-2:00pm) (DR) 1:30 Devotions with Don (T) 2:30 Let's Get Board (L) 3:00 Turkey Trotting (FR)	9:00 Early Bird Fitness 9:30 The Daily Grind (LB) 10:00 Forever Fit (FR) 10:30 Shopping at Resident's Choice 2:00 Bingo! (HR) 3:00 Balloon Volleyball (FR) 3:30 Happy Hour (C) 6:30 Movie Night (T)	10:00 Forever Fit (FR) 10:30 Shut the Box! (HR) 2:00 WHERE in the World? (L) 3:00 Joy Ride 4:00 Memory Magic (C) 6:30 Movie Night (T)
10:00 Forever Fit (FR) 10:00 Catholic Service with Saint Gabriels (T) 10:30 Paint By Number (HR) 1:00 Panthers Vs. Jets (LR) 2:00 Alice Through the Looking Glass (T) 3:00 BINGO (HR) 4:00 Tea Time (C)	9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 Cranium Crunches (HR) 11:30 Lunch at Amelie's Bakery 2:30 Book Club Meeting (L) 3:00 HH Snack Prep - Taziki Dip (HR) 3:30 Happy Hour (C)	9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 Matching Cameras (HR) 2:00 John Lewis in Concert! (C) 2:00 Asia's Mythology Lecture Pt. 4 (T) 3:00 Bridge Group (L) 3:00 Meditation & Stretch (FR) 4:00 November Scrapbooking (HR)	9:00 Early Bird Fitness 9:30 The Daily Grind (LB) 10:00 Forever Fit (FR) 10:30 Who, What, When, Where, Why? (HR) 2:00 Waltonwood Welcome Social (C) 3:00 Metropolitan Music Ministries (DR) 3:00 Machine Circuit (FR) 4:00 What's in a Name? (C)	9:00 Early Bird Fitness 10:00 Forever Fit (FR) 10:30 Fill in the Blank (HR) 10:30 LCR (HR) 1:30 Devotions with Don (T) 3:00 Pump it Up! (FR) 3:30 Resident Monthly Birthday Party! (C)		All activities will last 30-45 minutes and are subject to change. Please refer to flyer for updates.

November 2017

Calendar

Life Enrichment Director: Kensey Rash

