

Regular Menu

Westmont of Morgan Hill



	Sun 11-05-2017	Mon 11-06-2017	Tue 11-07-2017	Wed 11-08-2017	Thu 11-09-2017	Fri 11-10-2017	Sat 11-11-2017
B R K	Perfect Pancakes Sausage Link Fresh Fruit 100% Juice	Hot Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Fried Egg Hash Browns Fresh Fruit 100% Juice Biscuits	Apple Raisin Toast Dish Bacon Fresh Fruit 100% Juice	Blueberry Pancakes Scrambled Egg Fresh Fruit 100% Juice	Oatmeal Raisin Muffins Egg of Choice Fresh Fruit 100% Juice	Homemade Waffle Breakfast Ham Fresh Fruit 100% Juice
L U N	Garden Veggie Soup Turkey A La King Sweet Pork Sandwich Lettuce Tomato Salad Toast Points Baked Custard	Vegetable Cheese Soup Egg Salad Sandwich Beef Pot Pie Mediterranean Tomato Salad Brownies	Green Pea Soup Honey Mustard Chicken Salad Ham and Cheese Sandwich Baked Roll Homemade Ranger Cookie	Creamed Spinach Soup Beef and Noodles Crab Salad Croissant Zucchini Corn Saute Pudding	Mexican Pork and Bean Soup Turkey Salad Sandwich Smoked Sausage Vegetable Medley Salad Chocolate Chip Cookie	Vegetable Barley Soup Hot Meatloaf Sandwich Clubhouse Wrap Mixed Vegetables Zucchini Bread	Cream of Zucchini Soup Chicken Melt Broccoli and Ricotta Calzone Vegetable Pasta Salad Orange Thumbprint Cookie
D I N	Kale and Feta Salad Roasted Ham <i>or</i> New England Pot Roast Roasted Yams Capri Blend Baked Roll Cherry Pie	Creamy Coleslaw Seasoned Baked Chicken <i>or</i> Shrimp Creole Ranch Potato Bake Roasted Squash Baked Roll Pumpkin Cheesecake	Fresh Fruit Salad Sauteed Meatballs Homestyle Turkey/Gravy Best Noodles Skillet Cabbage Baked Roll Chocolate Love Cake	Green Salad Balsamic Roasted Pork Glazed Cornish Game Hens Delmonico Potatoes Broccoli Baked Roll Cranberry Apple Crisp	Green Salad Oven Baked Chicken Flat Iron Steak Garlic Herb Mashed Potatoes Baby Carrots Baked Roll Fruit Pie	Beet Salad Lemon Parsley Catfish Tangy Country-Style Ribs Delicious Rice Cheesy Spinach Bake Baked Roll Lemon Cheese Bar	Apple Cranberry Green Salad Turkey Roast/Zesty Rub Sirloin Steak Bread Stuffing Green Beans Baked Roll White Poke Cake

Dietitian's Signature: *Deani Jager, 5-1-2017*
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	Sun 11-12-2017	Mon 11-13-2017	Tue 11-14-2017	Wed 11-15-2017	Thu 11-16-2017	Fri 11-17-2017	Sat 11-18-2017
B R K	Scrambled Egg Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	French Toast Sticks Bacon Fresh Fruit 100% Juice	Hot Cereal Egg of Choice Fresh Fruit 100% Juice English Muffin	Raspberry Muffins Egg of Choice Fresh Fruit 100% Juice	Buttermilk Pancakes Sausage Link Fresh Fruit 100% Juice	Bacon Egg Breakfast Casserole Fresh Fruit 100% Juice Whole Grain Toast	Fried Egg Breakfast Ham Fresh Fruit 100% Juice Whole Grain Toast
L U N	Cream of Cauliflower Soup Tuscan Bean Casserole Chicken Stew/Biscuits Coleslaw Fudge Squares	Black Bean Cuban Style Soup Manicotti/Cheese Sauce Hot Roast Beef Sandwich Marinated Tomatoes Gingerbread Bar	Vegetable Macaroni Soup Open Face Sandwich Chicken Adobo Roasted Red Peppers Brownie Butter Bread	Garden Tomato Soup Tuna Melt on Rye Deli Swiss Sandwich Pickle Spear Sherbet	Butternut Squash Soup Pesto and Pepper Burger Classic Turkey Sandwich Romaine Salad/Dressing Carrot Cake Cookie	Creamy Vegetable Soup Chicken Salad on Croissants Sour Cream Burrito/Sauce Green Pepper Tomato Salad Bread Pudding/Vanilla Sauce	Chicken Vegetable Soup Shredded Pork Sandwich Pastrami Sandwich Tropical Pineapple Salad Spring Eggroll Sugar Drop Cookie
D I N	Citrus Salad Pot Roast/Cider Gravy <i>or</i> Baked Salmon/Basil Cream Sauce Garlic Mashed Potatoes Roasted Carrots Baked Roll Fresh Banana Cream Pie	Green Salad Honey Roasted Chicken Thigh <i>or</i> Veal Marsala White and Wild Rice Pilaf Lemon Buttered Broccoli Baked Roll Mixed Berry Crisp	Green Salad Grilled Pork Cutlet Beef Burgundy Baked Yams Baked Seasoned Squash Baked Roll Spiced Pear Cake	Cottage Cheese/Fruit Hamburger Steak/Onions Slow Roasted Turkey Breast Fresh Mashed Potatoes Oven Roasted Cauliflower Baked Roll Autumn Apple Tart	Green Salad Chicken/Dijon Sauce Maple Marinated Pork Roast Roasted Potato Medley Mixed Vegetables Baked Roll Pudding Tart	Creamy Coleslaw Filet of Fish Meuniere Baked Ham Seasoned Potatoes Garlic Parmesan Green Beans Baked Roll Pecan Pie	Apple Cranberry Walnut Salad Meatloaf/Gravy Turkey Cutlet/Garlic Tomato Sauce Fresh Mashed Potatoes Seasoned Peas Baked Roll Peach Crisp
	Week 1						

Dietitian's Signature: *Quani Jager*, 5-1-2017
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