

Hilltop Commons Phone Numbers**Office: (530) 272-5274****Kitchen: (530) 272-2854**

Maintenance: (530) 272-5274

Activities: (530) 272-5274

Fax: (530) 272-5275

Laundry Room Hours:

Daily: 7:00am-9:00pm

Please remove all items from washers
and dryers by 9:00pm**Van Schedule**

Van leaves at 10:00 am

Tuesday: Brunswick Area

Wednesday: Medical Appointments

Thursday: Pine Creek Area

Beauty Salon Hours:

Wednesday/Thursday/Friday

By appointment only

Please call (530) 271-5958

Important Phone Numbers

Gold Country Lift: 271- 7433 (271-RIDE)

Post Office: 273-3429

The Union: 273-9565

Comcast Cable: 1-800-266-2278

AT&T: 1-800-750-2355

Sacramento Bee: 1-800-284-3233

Grass Valley Police**477-4600 (non-emergency)****November Birthdays**

Dorothy Barrick.....Nov. 10

Anita Resta.....Nov. 18

Dee Sutton.....Nov. 27

Darlys Jacoby.....Nov. 28

November Anniversaries

Joann Wolfe-Fishman.....1 year

Claire Magliano.....1 year

Roland Francis.....3 years

Stan & Jeanne Spring.....3 years

Connie Yates.....3 years

Helen Kelley.....6 years

Welcome New Residents

Della Klinger

Merle Rasmus

Joan Elmore

Julie Reaney

**"Golden Rules for Living"**

By Miriam Hamilton Keare (submitted by a resident)

*If you open it, close it.**If you turn it on, turn it off.**If you unlock it, lock it up.**If you break it, admit it.**If you can't fix it, call in someone who can.**If you borrow it, return it.**If you value it, take care of it.**If you make a mess, clean it up.**If you move it, put it back.**If it belongs to someone else,
get permission to use it.**If you don't know how to operate it, leave it alone.**If it's none of your business, don't ask questions.***And one of my favorite sayings:*****"If someone has lost their smile,
give them yours..."***

November Newsletter

Hilltop Commons 131 Eureka St. Grass Valley CA 95945 (530) 272-5274

**From the Desk of Terri Howell
Community Administrator**

Happy November!

This month we have the opportunity to celebrate two special holidays.

The first is Veterans Day on Saturday, November 11th, when we honor military veterans who have served in the United States Armed Forces. I hope we each take a moment to thank our brave men and women for their service and sacrifice. It goes without saying that our lives are greatly enhanced because of them.

The second holiday, Thanksgiving, is traditionally the day to count one's blessings, reconnect with friends and relatives, and to gorge on traditional turkey day fare while trying to avoid popping any seams. In my family, Thanksgiving is also a time to celebrate the end of walnut harvest and to take time to reflect on a successful growing season. I would like to share a poem that I found years ago that I think best reflects the day.

Giving Thanks

For the hay and the corn and the wheat that is reaped,
For the labor well done, and the barns that are heaped,
For the sun and the dew and the sweet honeycomb,
For the rose and the song and the harvest brought home --
Thanksgiving! Thanksgiving!

For the trade and the skill and the wealth in our land,
For the cunning and strength of the workingman's hand,
For the good that our artists and poets have taught,
For the friendship that hope and affection have brought --
Thanksgiving! Thanksgiving!

For the homes that with purest affection are blest,
For the season of plenty and well-deserved rest,
For our country extending from sea unto sea;
The land that is known as the 'Land of the Free' --
Thanksgiving! Thanksgiving!

- Anonymous

I feel especially blessed this Thanksgiving for the opportunity to work in such a beautiful place, with the best co-workers and to have made so many friends over the last six months. Thanks to each of you for enriching my life.

Celebrating November**Thursday November 2nd*****Music / Happy Hour
"Jack Scott Big Band"*****Tuesday November 7th*****Presentation
"Martial Arts for Seniors"*****Thursday November 9th*****Music / Happy Hour
"Chris Crockett"*****Thursday, November 23^d*****Thanksgiving Day*****Thursday November 30th*****Music
"Lake Wildwood
Women's Choir"*****Sundays*****Hot Beverage Social***



Marketing Minutes
By Sue Hudson
Marketing Director

The Hilltop Holiday Craft Fair is coming
Saturday, November 4th from 10am-2pm.

Many local artisans (including some Hilltop residents) will be displaying their new gifts for this year's holiday gift giving, or treat yourself to a gift! Please plan on strolling through the booths and perhaps find those perfect holiday gifts!

Remember, we will have a lot of guests here that day, so please have your patience with you. There may be parking challenges and lots of activity in the common area with many visitors. It's a perfect time to show our Hilltop hospitality and show off your wonderful smiles!

November is a perfect month to give thanks and to take the time to appreciate our blessings. I have been VERY blessed this year, and I have a LOT to be thankful for. Near the top of my list is my Hilltop family. I truly appreciate each and every one of you. You fill my heart with joy and I am very grateful to be here among the best residents in the world!!

Happy Thanksgiving to all.

Sue

Letter from the Editor
Traci Gelgood
Associate Marketing Director

Fall...
Chilly air, beautiful trees.
Thanksgiving...
Family, friends, gratitude, thankfulness, love.
And turkey.

I'm grateful to be a part of the Hilltop family, and a part of your lives. Thank you for being a part of mine! Stay happy, healthy, and safe.

With love and gratitude,
Traci



Activity Corner
By Sabrina Busher
Activity Director

While the big turkey dinner usually takes center stage, Thanksgiving is ultimately a holiday centered on gratitude. Going around the table asking family and friends what they are thankful for and hearing their responses can make you feel so grateful. We all have a lot to be thankful for, and at times can forget that, as life can be hard. I feel that the most important thing to remember is to keep the feelings of gratitude that occur during Thanksgiving throughout the year.

I want to thank all of you for making me feel loved and appreciated. You are all so special to me.

May this Thanksgiving bring you joy and love. Let's all try and remember the words I wrote and help each other apply it to our everyday lives.

Happy Thanksgiving



Culinary Corner



It's the holiday season again and Thanksgiving is just right around the corner. I know a lot of you go to see your family and enjoy Thanksgiving dinner with them. You are more than welcome to invite your family to come to your home here at Hilltop to our Thanksgiving feast. As you may know, **we have our feast at brunch between 10:30am and 12:30pm.** If you would like your family to join you **please make reservations in advance** so we can accommodate you and your guests. Please **let us know by Saturday, November 18th if you will be joining us AND if you will be having guests** so we can get an accurate count of how many people we will be serving that day and have your table ready for you. This is considered a special event and each guest will be **\$12.00.** I will have a sign-up list for you at the entrance of the dining room. I will need to know if you will be here for the Thanksgiving feast between 10:30am and 12:30pm, and if you will be having guests. Also, we will need to know if you would like to have a box dinner for that evening. It is a half day for the kitchen staff. We will all be leaving at 2:00pm on Thanksgiving. You can pick up your box dinner in the dining room before 2:00pm, or you can ask the office staff after 2:00pm and they will be able to get a box dinner for you. **Please sign up!** If you have any questions, please ask any of the staff, or give the kitchen a call.

Anytime you have any questions, or would like to make reservations, please give us a call in the kitchen.

Happy Thanksgiving my dear residents.



Sincerely,
Jammie Barquilla (Chef)

Kitchen # 272-2854

Hilltop Testimonial:
Meet the Hairdresser
Nancy Stadel



What is your favorite thing about Hilltop Commons?

I have been at Hilltop doing hair and nails for 17 years. My favorite thing about Hilltop is meeting all the new people and learning so much about their lives. I have enjoyed building new relationships.

What is the reason you have stayed at Hilltop for 17 years?

I love the residents at Hilltop! And no matter what age we are, we all love to look our best. I enjoy making everyone feel special.

What would you tell someone who is thinking about moving to Hilltop?

Come in and enjoy the experience of a warm and inviting community. The residents are great and they have a lot of fun! And the staff really cares about everyone who lives here.

