# Savannah Court of Bastrop

# November 2017

## Locations

Activity Room, AR
Dining Room, DR
Living Room, LR
Movie Room, MR
Savannah Cottage, SCott.
Savannah Court, SC
Wellness Room, WR

## Dining Hours

**Court:**
Breakfast — 8 a.m.
Lunch — 12 p.m.
Supper — 5 p.m.

**Cottage:**
Breakfast — 7:30 a.m.
Lunch — 11:30 a.m.
Supper — 4:30 p.m.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| | | | 1<br>9:00 Power Walk, AR<br>11:00 Yoga w/Cheryl of Stat, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge, SCott.<br>2:00 Memory Challenge Games, AR<br>2:00 Canasta Card Game, AR | 2<br>9:00 Power Walk, AR<br>11:00 Devotional Words, SCott.<br>11:00 Games w/Brenda, AR<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR | 3<br>9:00 Power Walk, SC<br>10:00 Shopping Day, AR<br>11:00 Devotional Reading, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR | 4<br>9:00 Power Walk, AR<br>12:00 Devotional Words, DR<br>12:00 Inspired Words, DR<br>1:30 Chess and Checker Games, AR<br>2:00 Memory Challenge Games, AR |
| 5<br>DAYLIGHT SAVING TIME ENDS<br>9:00 Power Walk<br>11:00 Inspired Words, AR<br>12:00 Devotional Words, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR<br>4:30 Saint John Baptist Church, LR | 6<br>9:00 Power Walk, AR<br>10:00 Sit and Chat w/Residents, SC<br>11:00 Devotional Words, SCott.<br>12:00 Inspired Words, DR<br>2:00 Clara and Friends, AR<br>2:00 Memory Challenge Games, SCott.<br>2:00 Memory Challenge Games, AR | 7<br>ELECTION DAY<br>9:00 Power Walk, AR<br>11:00 Devotional Words, SCott.<br>11:00 Games w/Judy & United Home Care, AR<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR<br>3:00 Music Yoga, AR | 8<br>9:00 Power Walk, AR<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge, SCott.<br>2:00 Memory Challenge Games, AR<br>2:00 Canasta Card Game, AR<br>4:30 Bro. Dennis of Cherry Ridge BC, DR | 9<br>9:00 Power Walk, AR<br>11:00 Devotional Words, SCott.<br>11:00 Games w/Brenda, AR<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR | 10<br>9:00 Power Walk, SC<br>10:00 Shopping Day, AR<br>11:00 Devotional Reading, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR | 11<br>VETERANS DAY<br>9:00 Power Walk, AR<br>12:00 Devotional Words, DR<br>12:00 Inspired Words, DR<br>1:30 Chess and Checker Games, AR<br>2:00 Memory Challenge Games, AR |
| 12<br>9:00 Power Walk<br>11:00 Inspired Words, AR<br>12:00 Devotional Words, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR | 13<br>9:00 Power Walk, AR<br>11:00 Devotional Words, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, SCott.<br>2:00 Memory Challenge Games, AR | 14<br>9:00 Power Walk, AR<br>10:00 Workout w/ Hanna, SCott.<br>11:00 Devotional Words, SCott.<br>12:00 Inspired Words, DR<br>1:30 Uno Card Games, AR<br>2:00 Memory Challenge Games, AR<br>3:00 Music Yoga, AR | 15<br>9:00 Power Walk, AR<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge, SCott.<br>2:00 Memory Challenge Games, AR<br>2:00 Canasta Card Game, AR | 16<br>9:00 Power Walk, AR<br>11:00 Devotional Words, SCott.<br>11:00 Games w/Brenda, AR<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR<br>2:30 Clara and Friends, MR | 17<br>9:00 Power Walk, SC<br>10:00 Shopping Day, AR<br>11:00 Devotional Reading, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR | 18<br>9:00 Power Walk, AR<br>10:30 Devotional Words, SCott.<br>12:00 Devotional Words, DR<br>12:00 Inspired Words, DR<br>1:30 Chess and Checker Games, AR<br>2:00 Memory Challenge Games, AR |
| 19<br>9:00 Power Walk<br>11:00 Inspired Words, AR<br>12:00 Devotional Words, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR | 20<br>9:00 Power Walk, AR<br>11:00 Devotional Words, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, SCott.<br>2:00 Memory Challenge Games, AR | 21<br>9:00 Power Walk, AR<br>10:00 Workout w/Hanna, SCott.<br>11:00 Devotional Words, SCott.<br>12:00 Inspired Words, DR<br>1:30 Uno Card Games, AR<br>2:00 Bingo w/Brenda, AR<br>2:00 Memory Challenge Games, AR<br>3:00 Music Yoga, AR | 22<br>9:00 Power Walk, AR<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge, SCott.<br>2:00 Memory Challenge Games, AR<br>2:00 Canasta Card Game, AR<br>4:30 Bro. Dennis of Cherry Ridge BC, DR | 23<br>THANKSGIVING DAY<br>9:00 Power Walk, AR<br>11:00 Devotional Words, SCott.<br>11:00 Games w/Brenda, AR<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR | 24<br>9:00 Power Walk, SC<br>10:00 Shopping Day, AR<br>11:00 Devotional Reading, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR | 25<br>9:00 Power Walk, AR<br>12:00 Devotional Words, DR<br>12:00 Inspired Words, DR<br>1:30 Chess and Checker Games, AR<br>2:00 Memory Challenge Games, AR |
| 26<br>9:00 Power Walk<br>11:00 Inspired Words, AR<br>12:00 Devotional Words, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR<br>4:30 Pastor Robert Jones, DR | 27<br>9:00 Power Walk, AR<br>11:00 Devotional Words, SCott.<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, SCott.<br>2:00 Memory Challenge Games, AR | 28<br>9:00 Power Walk, AR<br>11:00 Devotional Words, SCott.<br>12:00 Inspired Words, DR<br>1:30 Uno Card Games, AR<br>2:00 Memory Challenge Games, AR<br>3:00 Skills Challenge Workout, SCott.<br>3:00 Music Yoga, AR | 29<br>9:00 Power Walk, AR<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge, SCott.<br>2:00 Memory Challenge Games, AR<br>2:00 Canasta Card Game, AR | 30<br>9:00 Power Walk, AR<br>11:00 Devotional Words, SCott.<br>11:00 Games w/Brenda, AR<br>12:00 Inspired Words, DR<br>2:00 Memory Challenge Games, AR | | |

**Events are subject to change daily.**

- Salon days for the Court are Mondays.
- Salon days for the Cottage are Tuesdays.
- Days for transportation are Tuesday and Thursday only (refer to handbook).
- Saturdays are resident shopping days. Please get with Marilyn on Friday if you need to take a trip.